

KEY: MP-Main Pool; SP-Small Pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent & Child: Ages 6 months - 3 years (Member:\$48)							
H2O Discovery (Small Pool)	9:00-9:30		9:00-9:30		9:00-9:30	8:00-8:30	
	5:30-6:00		5:30-6:00				
H2O Exploration (Small Pool)	9:00-9:30		9:00-9:30		9:00-9:30	8:45-9:15	
	5:30-6:00		5:30-6:00				
H2O Acclimation (Small Pool)							
Preschool: Ages 3 years - 5 years (Member \$62)							
H2O Acclimation (Small Pool)	9:45-10:15		9:45-10:15			9:30-10:00	
	4:00-4:30		4:00-4:30			11:00-11:30	
H2O Movement (Small Pool)	10:30-11:00		10:30-11:00			10:15-10:45	
	4:45-5:15		4:45-5:15			11:45-12:15	
H2O Stamina (Main Pool)						10:40-11:10	
Stroke Intro (Main Pool)							
School Age: Ages 6 years - 12 years (Member \$70)							
H2O Acclimation (Main Pool)	4:00-4:45	4:00-4:45	4:00-4:45	4:00-4:45		12:30-1:15	
H2O Movement (Main Pool)	4:00-4:45	4:00-4:45	4:00-4:45	4:00-4:45		12:30-1:15	
H2O Stamina (Main Pool)	5:00-5:45	5:00-5:45				11:30-12:15	
Stroke Intro (Main Pool)			5:00-5:45	5:00-5:45		11:30-12:15	
Stroke Development (MP)						11:30-12:10	
Stroke Mechanics (Main Pool)						11:30-12:10	
Teen and Adult: Ages 12+ years and older (Member \$70)							
H2O Movement (Main Pool)							
Stroke Intro (Main Pool)							
Adaptive: Ages 3+ years (Member \$70)							
Adaptive Youth (Main Pool)					4:30-5:15		
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