2020 SUMMER CAMP GUIDE/REGISTRATION
YMCA CAPE COD – www.ymcaCAPECOD.ORG
508-362-6500

CAMP LYNDON  CAMP WEST BARNSTABLE  CAMP FALMOUTH  CAMP HARWICH
MULTIPLE SUMMER CAMP LOCATIONS, CONVENIENT FOR YOU!

**CAMP LYNDON**
117 Stowe Road
Sandwich, MA 02563

**HOURS:** 9:00AM–4:00PM
Camp Lyndon, located on 79 acres on Lawerence Pond, provides quality traditional day camping experiences.

**TRANSPORTATION INCLUDED!**
We offer extended care from 7:30–9:00AM and 4:00–5:30PM for an additional fee.

**CAMP WEST BARNSTABLE**
2245 Iyannough Road
W. Barnstable, MA 02668

**HOURS:** 9:00AM–4:00PM
Camp West Barnstable, the YMCA Cape Cod’s on-site camp, provides week long themed camps.

**LUNCH INCLUDED!**
We offer extended care from 7:30–9:00AM and 4:00–5:30PM for an additional fee.

**Extend Your Summer!**
Sign up for Camp Lyndon today, bus stop available right at camp West Barnstable!

**CAMP FALMOUTH**
62 Old Main Road
N. Falmouth, MA 02556

**HOURS:** 7:00AM–5:30PM
Falmouth Summer Camp you choose from a quality traditional “on-site” day camping experience or choose to go on one or several exciting day trips scheduled.

**FIELD TRIPS INCLUDED!**
Extend Your Summer! Sign up for Camp Lyndon today! See our bus schedule on page 7 for convenient locations.

**CAMP HARWICH**
263 South St,
Harwich, MA 02645

**HOURS:** 9:00AM–4:00PM
Located at Harwich Elementary, is an on-site camp that provides week long theme camps which include daily snacks and weekly trips off campus.

**NEW THIS YEAR!**
We offer extended care from 7:30–9:00AM and 4:00–5:30PM for an additional fee.

**Extend Your Summer!**
Sign up for Camp Lyndon today! See our bus schedule on page 7 for convenient locations.

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>WEEK 2</th>
<th>WEEK 3</th>
<th>WEEK 4</th>
<th>WEEK 5</th>
<th>WEEK 6</th>
<th>WEEK 7</th>
<th>WEEK 8</th>
<th>WEEK 9</th>
<th>WEEK 10</th>
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</table>

Please note, the brochure is color coded based on the camp. Below indicates which camps run which weeks.

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<tr>
<th>CL</th>
<th>WB</th>
<th>CF</th>
<th>CH</th>
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</thead>
<tbody>
<tr>
<td>Superhero</td>
<td>Explore camp and find your superhero power</td>
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<tr>
<td>Prehistoric</td>
<td>Discover your inner cave dweller</td>
<td></td>
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<tr>
<td>World Cup &amp; Olympics</td>
<td>Complete in various sports and reach for GOLD</td>
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<tr>
<td>Disney</td>
<td>Tarzan! Swinging from a rubber band</td>
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<tr>
<td>Spirit</td>
<td>All units compete to show off their best camp spirit</td>
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<tr>
<td>Harry Potter</td>
<td>Compete for the YMCA House Cup</td>
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<tr>
<td>Woodstock</td>
<td>Sports, Drama, and Rock &amp; Roll</td>
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<tr>
<td>Star Wars</td>
<td>Let the force be with you</td>
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<tr>
<td>Holiday</td>
<td>Celebrating holidays around the world</td>
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<tr>
<td>Pirate</td>
<td>Be the very best Captain Hook there ever was</td>
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</tbody>
</table>

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.
CAMP ACTIVITIES
Every day will be broken into activity categories where the campers will experience new ways to expand their comfort zones.

ROPES | Campers will get the opportunity to participate in a number of high/low elements as well as group activities to promote team work and leadership skills.

OUTDOOR ADVENTURE | Campers will have the opportunity to learn outdoor living skills such as fire safety, shelter building, as well as age appropriate environmental education.

BOATING | Campers can safely learn kayaking and other boating skills.

SWIMMING / SWIM LESSONS | Campers will get the opportunity each day to cool down with a combination lesson and free swim period under the supervision of our certified lifeguards.

ARCHERY | Take aim in this traditional camp activity in a safe environment.

SPORTS | Camp Lyndon has many places to play and the sky is the limit. From traditional ball sports, field games, court games, and more.

CREATIVE ARTS | Campers can express their creative side through arts and crafts, music, drama, and literacy.

FAMILY FUN NIGHTS | Come join fellow campers, their families and our amazing staff for a BBQ dinner, boating, archery, swimming and camp songs around a fire! S’mores anyone? Offered FREE of charge!

CAMPER OVERNIGHTS | Offered to campers ages 9 and up, kids get the chance to spend the night at camp in our cabin bunk houses. Extended program activities, dinner and breakfast and lunch the next day are included. There is an extra charge for each overnight and sign up forms are required.

WAY IN THE WOODS | 5-6 YEARS*
Camp Lyndon fosters a fun and safe summer learning environment for campers of all ages. “Woodsies” will participate in camp activities such as sports, archery, boating, and ropes, that emphasize participation, teamwork, sportsmanship, and FUN!

*All campers must have completed kindergarten, ask about enrolling your child in Early Education!

UNIT 1 – EXPLORERS | 7-8 YEARS
Explore the YMCA’s Core Values of Honesty, Caring, Respect, and Responsibility. Each week campers will set and achieve new goals, develop confidence, and make friends along the way!

UNIT 2 – PIONEERS | 9-10 YEARS
Campers will step outside the box and expand their comfort zones through camp activities that foster creativity and imagination! Campers will join in activities that build community and create positive, life-long memories.

UNIT 3 – VOYAGERS | 11-12 YEARS
Campers develop a sense of community through team building, as well as personal and team challenges. Campers have the opportunity to select special interest activities, enhancing their day at camp!

CHALLENGE CAMP | 13-14 YEARS
Campers will have the opportunity to “disconnect” and appreciate an active outdoor lifestyle. While enjoying traditional camp activities, campers will also learn what it takes to become role models at camp, at school, and in their community.

COUNSELOR ACADEMY | 15-16 YEARS
This counselor in training program will prepare teens for employment and beyond. Campers will also learn what it takes to become role models at camp, school, and in their community. Upon successful completion of the four week Academy, teens will earn the following certifications: CPR, First Aid, Food Safety, Life Guarding, and Oxygen AED.
SPECIALTY CAMPS
(OFFERED WEEKS 3-8)

Our specialty camps give campers fun and interactive experiences in a chosen area. These camps are designed for campers who are looking for a more in depth focus on a certain area, whether they are looking to try an activity for the first time or build upon a current passion. Led by specialized staff and area experts, campers work on their specialty for half the day, then participate in traditional camp activities. LIMITED SPACES AVAILABLE IN ALL SPECIALTY CAMPS.

*Horseback Riding is not a half day; program will be 1 hour and 15 minutes.

STEM
(AGES 5-6 & 7-12)
The STEM program fosters skills such as creativity, collaboration, and problem solving. Through STEM activities, students use teamwork to be inventive and think logically in order to persist through challenging tasks, just as a scientist or engineer would!

Ages 5-6 | Member $310  Non-Member $415
Ages 7-12 | Member $275  Non-Member $380

SAILING
(AGES 7-14)
Come sail away! This program is designed to teach the basics of sailing. No experience necessary.

Member $295
Non-Member $400

HORSEBACK RIDING*
(AGES 5-6 & 7-10 & 11-14)
OFFERED ALL 10 WEEKS!
Come learn the skills you need to safely handle and ride horses. We have horses and trainers for all skill levels, from those who want to try it for the first time to equestrians who are looking to advance their skills. We teach both hunt and stock seat.

Ages 5-6 | Member $355  Non-Member $460
Ages 7-10 | Member $320  Non-Member $425
Ages 11-14 | Member $320  Non-Member $425

YOUNG CHEFS - FARM TO TABLE
(AGES 7-14)
Do you like to cook? Learn how to make some of your favorite foods from scratch such as pizza and ice cream using fresh fruits, vegetables, and herbs from the Camp Garden. You’ll learn cooking skills, kitchen safety, and cleanliness as well as helping in the garden while creating delicious meals that will impress. Take home recipes to make them again and again.

Member $275
Non-Member $380

PADDLE BOARDING
(AGES 7-14)
Learn the basics of stand-up paddle boarding, or improve upon your skills. All equipment included. No experience necessary.

Member $275
Non-Member $380
LUNCH PROGRAM ($20 A WEEK)

Camp Lyndon proudly offers a lunch program for your camper for the additional cost of $20 a week. The menu is created by a nutritionist who ensures that each lunch comes with a serving of fruit and vegetables, a lean protein, a serving of whole grains and milk. By enrolling your camper in the lunch program, you can be sure that your camper is getting the nutrients they need to fuel their fun filled day!

We are also able to make dietary accommodations for food allergies. Although all our meals are prepared in the same kitchen we take special precautions while preparing to reduce the risk of cross contamination. If there is a need for dietary accommodations or if you need financial assistance for the lunch program, contact the Food Service Coordinator at 508-362-6500 X142.

SAMPLE MENU

<table>
<thead>
<tr>
<th>Barbeque Chicken Sandwich on a Whole Grain Bun with Sliced Cucumbers, Apple and Milk</th>
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</thead>
<tbody>
<tr>
<td>Turkey and Cheese Sandwich with Lettuce on Whole Grain Bread, Orange and Milk</td>
</tr>
<tr>
<td>Meatball Sub on a Whole Grain Roll with Baby Carrots, Peaches, and Milk</td>
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<tr>
<td>Hummus and Crackers with String Cheese, Sliced Cucumber, Banana, and Milk</td>
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<tr>
<td>Chicken Caesar Wrap with Lettuce on a Whole Grain Wrap, Pineapple, and Milk</td>
</tr>
</tbody>
</table>

COUNSELOR ACADEMY (AGES 15-16)

Counselor Academy prepares students to become positive agents in life threatening situations. Campers will become knowledgeable and practiced in the important life savings skills of CPR, First Aid, Food Safety, Life Guarding, and Oxygen AED. They will earn certifications upon successful completion of the four week academy. Campers will spend this four week intensive learning from professionals while also participating traditional camp activities. The Academy prepares teens for employment at camps and elsewhere, and will be better prepared to be role models at camp, school and in their community.
## Registration - Camp Lyndon

**Financial Assistance Available** - Contact Finance Associate at 508-362-6500 x113

Please check off desired weeks of camp

<table>
<thead>
<tr>
<th>2020</th>
<th>Fees</th>
<th>Dates</th>
<th>WK 1</th>
<th>WK 2</th>
<th>WK 3</th>
<th>WK 4</th>
<th>WK 5</th>
<th>WK 6</th>
<th>WK 7</th>
<th>WK 8</th>
<th>WK 9</th>
<th>WK 10</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td>CAMPS</td>
<td>AGE</td>
<td>M= Member</td>
<td>N= Non-Member</td>
<td>6/22-6/26</td>
<td>6/29-7/3</td>
<td>7/6-7/10</td>
<td>7/13-7/17</td>
<td>7/20-7/24</td>
<td>7/27-7/31</td>
<td>8/3-8/7</td>
<td>8/10-8/14</td>
<td>8/17-8/21</td>
<td>8/24-8/28</td>
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<td>Way in the Woods</td>
<td>5-6</td>
<td>M $280</td>
<td>N $385</td>
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<tr>
<td>Unit I-Explorers</td>
<td>7-8</td>
<td>M $245</td>
<td>N $350</td>
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<td>Unit II- Pioneers</td>
<td>9-10</td>
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<td>Unit III-Voyagers</td>
<td>11-12</td>
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<td>Challenge Camp</td>
<td>13-14</td>
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<td>Counselor Academy</td>
<td>15-16</td>
<td>M $600</td>
<td>N $1020</td>
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<td>STEM</td>
<td>5-6</td>
<td>M $310</td>
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<td>M $275</td>
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<td>Young Chefs - Farm to Table</td>
<td>7-10</td>
<td>M $275</td>
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<td>Paddle Boarding</td>
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<td>M $275</td>
<td>N $380</td>
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<td>Horseback Riding</td>
<td>5-6</td>
<td>M $355</td>
<td>N $460</td>
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<td>Horseback Riding</td>
<td>7-10</td>
<td>M $320</td>
<td>N $425</td>
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### Extended Care

<table>
<thead>
<tr>
<th>FEES</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td>AM</td>
<td>7:30 - 9:00</td>
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<tr>
<td>PM</td>
<td>4:00 - 5:30</td>
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<tr>
<td>AM &amp; PM Care</td>
<td>$52/week</td>
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### Lunch Program

<table>
<thead>
<tr>
<th>FEES</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td>Lunch Program</td>
<td>$20/week</td>
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### Bus Transportation (see page 7)

| Bus Name: |
| Stop Number: |
| Child is 11 years old and has permission to walk home alone from bus stop. |

### Registration Fee

| $25 (one time fee) |

### Additional Children

Each additional child will receive a $10 off per week off total tuition

### Payment Information

Financial aid available for families who need tuition assistance.

Contact Finance Associate at 508-362-6500 x113 or visit us online to download our form.

**Balance Due at Time of Registration** (One time $25 registration fee + $25 per week attending required): $__________

The $25 weekly deposit will be applied towards weekly tuition.

**Weekly Tuition Fees Must Be Paid In Full By 5PM the Wednesday Prior To The Week Of Your Camper’s Scheduled Attendance.**

Make checks payable to: YMCA Cape Cod

Charge $______ to the following credit card: ____ Mastercard _____ Visa

Card number: ____________________________________________ Exp: __________

Print name of card holder: __________________________________________

Signature of card holder: __________________________________________

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# BUS SCHEDULE - CAMP LYNDON

## Cape Traffic

Cape traffic can be unpredictable, please understand weekend and event traffic can delay buses up to 15 minutes.

Riders not registered for Bus Transportation may not board the bus. All riders must be registered by Friday 12pm in order to ride the bus on Monday mornings.

### GOAT

<table>
<thead>
<tr>
<th>Bourne, Falmouth, Mashpee, Sandwich</th>
<th>AM</th>
<th>PM</th>
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</thead>
<tbody>
<tr>
<td>1. Swift Activity Center, Sagamore Beach</td>
<td>7:40am</td>
<td>5:21pm</td>
</tr>
<tr>
<td>2. Sandwich Rd and Adams St. Ball Park (by Gas Station,) Sagamore</td>
<td>7:50am</td>
<td>5:11pm</td>
</tr>
<tr>
<td>3. Trowbridge Road at Cape Side Convenience, Bourne</td>
<td>7:57am</td>
<td>5:04pm</td>
</tr>
<tr>
<td>4. Pizza by Evan, Clay Pond Rd., Bourne</td>
<td>8:03am</td>
<td>5:04pm</td>
</tr>
<tr>
<td>5. Aubuchon’s at Barlow’s Land Rd., Bourne</td>
<td>8:17am</td>
<td>4:39pm</td>
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<tr>
<td>6. Bucatino, 2B &amp; 151, North Falmouth</td>
<td>8:22am</td>
<td>4:33pm</td>
</tr>
<tr>
<td>7. Dino’s Pizza, Mashpee</td>
<td>8:33am</td>
<td>4:28pm</td>
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<tr>
<td>8. Mashpee Town Hall, Mashpee</td>
<td>8:38pm</td>
<td>4:23pm</td>
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<tr>
<td>9. Forestdale School, Sandwich</td>
<td>8:55am</td>
<td>4:10pm</td>
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### GARFIELD

<table>
<thead>
<tr>
<th>Hyannis, Centerville, Marstons Mills AM</th>
<th>PM</th>
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</thead>
<tbody>
<tr>
<td>1. YMCA Cape Cod, Route 132, Barnstable</td>
<td>8:15am</td>
</tr>
<tr>
<td>2. Horace Mann Charter School, Hyannis</td>
<td>8:25am</td>
</tr>
<tr>
<td>3. Star Market Parking Lot, West Main St., Hyannis</td>
<td>8:33am</td>
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<tr>
<td>4. Strawberry Hill Rd and Pine Street</td>
<td>8:37am</td>
</tr>
<tr>
<td>5. Four Seas Ice Cream, Centerville</td>
<td>8:44am</td>
</tr>
<tr>
<td>6. AM Centerville Plaza, 7-Eleven</td>
<td>8:47pm</td>
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<tr>
<td>7. Old Stage Road and Thoreau Drive</td>
<td>8:48am</td>
</tr>
<tr>
<td>8. Race Lane and Walnut Street</td>
<td>8:51am</td>
</tr>
<tr>
<td>9. Race Lane and Willimantic Drive</td>
<td>8:53am</td>
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### RABBIT

<table>
<thead>
<tr>
<th>Yarmouth, Barnstable, Sandwich AM</th>
<th>PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Route 6A at Union Street, Yarmouthport</td>
<td>8:00am</td>
</tr>
<tr>
<td>2. Route 6A at Cummaquid P.O.</td>
<td>8:08am</td>
</tr>
<tr>
<td>3. Route 6A at Barnstable Village P.O.</td>
<td>8:12am</td>
</tr>
<tr>
<td>4. Route 149 and Route 6A</td>
<td>8:21am</td>
</tr>
<tr>
<td>5. Route 6A and Sandy Neck Rd</td>
<td>8:25am</td>
</tr>
<tr>
<td>6. AM Route 6A and Ploughed Neck Rd</td>
<td>8:28am</td>
</tr>
<tr>
<td>7. PM Route 6A at 6A Convenience</td>
<td>8:43pm</td>
</tr>
<tr>
<td>8. Henry T Wing School (Parking lot off of Beale Ave.)</td>
<td>8:35am</td>
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<tr>
<td>9. Cotuit Road at Canterbury Plaza</td>
<td>8:40am</td>
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<tr>
<td>10. Farmersville Road and Boardley Road</td>
<td>8:50am</td>
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### SHARK

<table>
<thead>
<tr>
<th>Chatham, Harwich, Dennis, Brewster AM</th>
<th>PM</th>
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</thead>
<tbody>
<tr>
<td>1. Harwich Park &amp; Ride, Exit 10, Harwich</td>
<td>7:40am</td>
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<tr>
<td>2. Eddy Elementary School, Brewster</td>
<td>7:48am</td>
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<tr>
<td>3. Long Pond Drive and Route 137, Harwich</td>
<td>7:56am</td>
</tr>
<tr>
<td>4. Queen Anne Rd Rte 137 (by Methodist Church)</td>
<td>8:00am</td>
</tr>
<tr>
<td>5. Ocean State Job Lot at George Ryder Rd, Chatham</td>
<td>8:04am</td>
</tr>
<tr>
<td>6. Route 28 South Chatham P.O., Chatham</td>
<td>8:07am</td>
</tr>
<tr>
<td>7. Route 28 and South Harwich P.O., Harwich</td>
<td>8:12am</td>
</tr>
<tr>
<td>8. Route 39 and Oak Street, Harwich</td>
<td>8:16am</td>
</tr>
<tr>
<td>9. Barbos Furniture - Depot St and Route 28, Dennis</td>
<td>8:25am</td>
</tr>
<tr>
<td>10. Ezra Baker Elementary School, Dennis</td>
<td>8:30am</td>
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</table>

### FOR ALL QUESTIONS REGARDING BUSSING, PLEASE CALL 508-362-6500 X350

## Buses

### OWL

**Dennis, Yarmouth, Hyannis**

<table>
<thead>
<tr>
<th>AM</th>
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<tbody>
<tr>
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<tr>
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<tr>
<td>7:57am</td>
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<td>8:02am</td>
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<td>8:35am</td>
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### SKUNK

**Hyannis, Centerville, Osterville, Marstons Mills**

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### TURTLE

**Falmouth, Mashpee, Cotuit**

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<td>4:08pm</td>
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<tr>
<td>8:54am</td>
<td>4:05pm</td>
</tr>
</tbody>
</table>

For all questions regarding bussing, please call 508-362-6500 X350.
CAMP ACTIVITIES

We offer a taste of everything at West Barnstable Day Camp. Our summer is built of camps offering a new experience each week, with focuses on STEM, cultural appreciation, and the arts.

Today, day camp is more vital than ever. To deliver on the Y’s commitment to nurture the potential of every child and teen, day camp programs now more intentionally foster achievement, relationships, and belonging. Achievement, relationships, and belonging are essential dimensions of well-being that the Y can cultivate through day camp:

- **ACHIEVEMENT | Discovering skills.** Campers experience achievement when they try different activities, learn what they like, and discover what they are good at.
- **RELATIONSHIPS | Building friendships.** Campers have the opportunity to form healthy relationships with other children, caring adults, and role models, which helps them feel good about themselves and learn to get along with others.
- **BELONGING | Finding a place to belong.** Campers connect through significant camp traditions and rituals that create a sense of belonging, so they feel included, accepted, and part of a community.

SWIMMING

All campers have daily swim lessons Monday through Thursday, and free-swim on Fridays.

DAILY ACTIVITIES

Each week campers will have different activities based on that week’s camp theme. However, all camps will include art, STEM, nature, and high energy games throughout the week.

FIELD TRIPS

Campers will have trips to different places in order to enrich their experience.
<table>
<thead>
<tr>
<th></th>
<th>Weekly Fees</th>
<th></th>
<th></th>
<th></th>
<th></th>
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<tr>
<td></td>
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<td><strong>CAMPS</strong></td>
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<td>6/22-6/26</td>
<td>6/29-7/3</td>
<td>7/6-7/10</td>
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<td>Unit 1 - Chipmunks</td>
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<td>N $385</td>
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<tr>
<td>Unit 2 - Cubs</td>
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<td>N $350</td>
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<td>Unit 3 - Falcons</td>
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<td>PM 4:00 - 5:30</td>
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<td>AM &amp; PM Care</td>
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<td>FEES</td>
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<td>EACH ADDITIONAL CHILD WILL RECEIVE A $15 OFF PER WEEK OFF TOTAL TUITION</td>
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</table>

Financial aid available for families who need tuition assistance.
Contact Finance Associate at 508-362-6500 x113 or visit us online to download our form.

**BALANCE DUE AT TIME OF REGISTRATION** (One time $25 registration fee + $25 per week attending required): $________
The $25 weekly deposit will be applied towards weekly tuition.
**WEEKLY TUITION FEES MUST BE PAID IN FULL BY 5PM THE WEDNESDAY PRIOR TO THE WEEK OF YOUR CAMPER’S SCHEDULED ATTENDANCE.**

Make checks payable to: YMCA Cape Cod
Charge $______ to the following credit card: ____ Mastercard _____ Visa
Card number: ____________________________ Exp: __________
Print name of card holder: ____________________________
Signature of card holder: ____________________________

CONTINUE TO PAGE 15
CAMP ACTIVITIES

Program will be held at North Falmouth Elementary School and will include daily options of either our Trip Camp or Traditional “on-site” Camp option.

TRADITIONAL “ON-SITE” CAMP
Summer camp experience enriched in STEM projects, art, music, and crafts inspired by the theme of the week. Surprise specialty camps of vendors on Mondays or Fridays! A great place to make friends and lifelong memories.

FIELD TRIP CAMP
There will be several field trips per week, see schedule. Trips which may include recreation/water parks, museums, sporting events, zoos, local beaches and Camp Lyndon to name a few!

THEME WEEKS
Theme weeks and special events will be planned throughout the Summer as well!

UNIT 1 – HERRING | 5-6 YEARS
Camper to Counselor Ratio 5:1
Fun activities to develop skills and boost self-esteem through outdoor games, water play, team games, song, and crafts. Develop new skills, explore new activities and form new friendships in a fun positive environment.

*All campers must have completed kindergarten, ask about enrolling your child in Early Education!

UNIT 2 – STRIPERS | 7-9 YEARS
Camper to Counselor Ratio 10:1
Develop confidence through both personal and team challenge. Explore new abilities and achieve goals through an exciting combination of arts, crafts, STEM, outdoor education and sports. Build friendships in a caring community.

UNIT 3 – SHARKS | 10-13 YEARS
Camper to Counselor Ratio 10:1
Fun team building activities and challenges, STEM projects, sports, and outdoor exploration. Fostering friendship, creativity, leadership, and community. Through these efforts we hope to provide a solid footing for the pre-teen years ahead.

SAMPLE “ON-SITE” DAILY SCHEDULE (SUBJECT TO CHANGE)

<table>
<thead>
<tr>
<th>Time</th>
<th>Ages 5-6</th>
<th>Ages 7-9</th>
<th>Ages 10-12</th>
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<tr>
<td>7:00-9:00</td>
<td>Arrival/Free Play</td>
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<tr>
<td>7:30-9:00</td>
<td>Breakfast Offered</td>
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<tr>
<td>9:00</td>
<td>Morning Meeting</td>
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<td></td>
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<tr>
<td>9:15</td>
<td>Sports</td>
<td>Music/Drama</td>
<td>STEM</td>
</tr>
<tr>
<td>10:00</td>
<td>STEM</td>
<td>Sports</td>
<td>Music/Drama</td>
</tr>
<tr>
<td>10:45</td>
<td>Music/Drama</td>
<td>STEM</td>
<td>Sports</td>
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<tr>
<td>11:30</td>
<td>Lunch</td>
<td></td>
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<tr>
<td>12:15</td>
<td>Special Event</td>
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<tr>
<td>1:00</td>
<td>Water Play</td>
<td>Team Building Games</td>
<td>Crafts</td>
</tr>
<tr>
<td>1:45</td>
<td>Crafts</td>
<td>Water Play</td>
<td>Team Building Games</td>
</tr>
<tr>
<td>2:30</td>
<td>Snack Time</td>
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<td>3:15</td>
<td>Team Building Games</td>
<td>Crafts</td>
<td>Water Play</td>
</tr>
<tr>
<td>4:00-5:30</td>
<td>Dismissal/Free Play</td>
<td></td>
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</tbody>
</table>
### REGISTRATION - CAMP FALMOUTH

**FINANCIAL ASSISTANCE AVAILABLE** - Contact Finance Associate at 508-362-6500 x148

**Campers Full Name (First/Last):** ____________________________________________________________________________________________________________________________________________

**Phone:** _________________________________________  **Date of Birth**: _______/_____/______________

*All campers must have completed kindergarten, ask about enrolling your child in Early Education!*

---

**REGISTRATION - CAMP FALMOUTH**

**FINANCIAL ASSISTANCE AVAILABLE** - Contact Finance Associate at 508-362-6500 x148

**Week Theme** | **Date** | **On-Site** | **Travel** | **Destination** | **Trip Times**
--- | --- | --- | --- | --- | ---

### Week #1

- **Super Hero**
- **On-Site**
  - 22-Jun
- **Travel**
  - TBD
  - Check-In 9:00
- **Destination**
  - TBD

### Week #2

- **Prehistoric**
- **On-Site**
  - 29-Jun
  - 30-Jun
  - 1-Jul
- **Travel**
  - Roger Williams Park & Zoo
  - Beach Day
  - Camp Lyndon*
  - Check-In 8:30
  - Check-In 9:00
  - Check-In 8:00

### Week #3

- **World Cup & Olympics**
- **On-Site**
  - 6-Jul
  - 7-Jul
  - 8-Jul
  - 9-Jul
  - 10-Jul
- **Travel**
  - Water Wiz*
  - Beach Day
  - Camp Lyndon*
  - Check-In 8:30
  - Check-In 9:00
  - Check-In 8:00

### Week #4

- **Disney**
- **On-Site**
  - 13-Jul
  - 14-Jul
  - 15-Jul
  - 16-Jul
  - 17-Jul
- **Travel**
  - Deep Sea Fishing Patriot Party Boats
  - Beach Day
  - 10 Pin Eatery Lazer Tag & Bowling*
  - Check-In 9:00
  - Check-In 9:00
  - Check-In 8:00

### Week #5

- **Spirit**
- **On-Site**
  - 20-Jul
  - 21-Jul
  - 22-Jul
  - 23-Jul
  - 24-Jul
- **Travel**
  - New England Aquarium
  - Beach Day
  - Pirate Cruise
  - Check-In 8:00
  - Check-In 9:00
  - Check-In 9:00

### Week #6

- **Harry Potter**
- **On-Site**
  - 27-Jul
  - 28-Jul
  - 29-Jul
  - 30-Jul
  - 31-Jul
- **Travel**
  - Camp Lyndon*
  - Beach Day
  - Pawtucket Red Sox
  - Check-In 8:00
  - Check-In 9:00
  - Check-In 8:00

### Week #7

- **Woodstock**
- **On-Site**
  - 3-Aug
  - 4-Aug
  - 5-Aug
  - 6-Aug
  - 7-Aug
- **Travel**
  - Water Wiz*
  - Beach Day
  - Cape Cod Museum of Natural History
  - Check-In 8:30
  - Check-In 9:00
  - Check-In 8:00

---

**Please mark an "X" for on-site camp OR travel camp you would like to attend**

<table>
<thead>
<tr>
<th>Week</th>
<th>Theme</th>
<th>Date</th>
<th>On-Site</th>
<th>Travel</th>
<th>Destination</th>
<th>Trip Times</th>
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</thead>
<tbody>
<tr>
<td>Week #1</td>
<td>Super Hero</td>
<td>22-Jun</td>
<td>On-Site</td>
<td>TBD</td>
<td>Check-In 9:00</td>
<td></td>
</tr>
<tr>
<td>Week #2</td>
<td>Prehistoric</td>
<td>29-Jun</td>
<td>On-Site</td>
<td>TBD</td>
<td>Check-In 8:30</td>
<td></td>
</tr>
<tr>
<td>Week #3</td>
<td>World Cup &amp; Olympics</td>
<td>6-Jul</td>
<td>On-Site</td>
<td>TBD</td>
<td>Check-In 9:00</td>
<td></td>
</tr>
<tr>
<td>Week #4</td>
<td>Disney</td>
<td>13-Jul</td>
<td>On-Site</td>
<td>TBD</td>
<td>Check-In 9:00</td>
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</tr>
<tr>
<td>Week #5</td>
<td>Spirit</td>
<td>20-Jul</td>
<td>On-Site</td>
<td>TBD</td>
<td>Check-In 8:00</td>
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<tr>
<td>Week #6</td>
<td>Harry Potter</td>
<td>27-Jul</td>
<td>On-Site</td>
<td>TBD</td>
<td>Check-In 8:00</td>
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</tr>
<tr>
<td>Week #7</td>
<td>Woodstock</td>
<td>3-Aug</td>
<td>On-Site</td>
<td>TBD</td>
<td>Check-In 8:30</td>
<td></td>
</tr>
</tbody>
</table>

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**Total Number of On-Site Days** | **Total Number of Travel Days**
--- | ---

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**BALANCE DUE AT TIME OF REGISTRATION** (One time $25 registration fee + $25 per week attending required): $__________

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---

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Charge $_____ to the following credit card: ____ Mastercard   ____ Visa

Card number:___________________________________________ Exp:_________

Print name of card holder:___________________________________________________________________________

Signature of card holder:___________________________________________________________________________

---

**PRICING INFORMATION**

**1st Child**

- Ages 5-6.... $53/day
- Ages 7-13.. $50/day

**Additional Children**

- Ages 5-6.... $50/day
- Ages 7-13.. $47/day

Complimentary camper t-shirts for travelers which must be worn on all trips.

Daily breakfast option and afternoon snacks are included!

Financial aid available for families who need tuition assistance.

Contact Finance Associate at 508-362-6500 x148 or visit us online to download our form.

All trips are subject to change. Any trips marked with * are planned but tentative.

Join us at Camp Lyndon to extend your 2020 summer experience! See page 6 for more information.
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Each week campers will have different activities based on that week’s camp theme. However, all camps will include art, STEM, nature, and high energy games throughout the week.

FIELD TRIPS

Campers will have trips to different places in order to enrich their experience.

UNIT 1 – CHIPMUNKS | 5–6 YEARS*

CAMPER TO COUNSELOR RATIO 5:1

Through daily experiences and activities, Unit 1 encourages campers to accept and demonstrate caring, honesty, respect, and responsibility in everything they do. These experiences will include songs, skits, arts and crafts, recreational swims, and nature skills, just to name a few.

*All campers must have completed kindergarten, ask about enrolling your child in Early Education!

UNIT 2 – CUBS | 7–10 YEARS

CAMPER TO COUNSELOR RATIO 10:1

Unit 2 takes our camp program a step further by spending more time in a wider range of camp activities. Campers are encouraged to set new physical and learning goals and to explore new abilities and qualities in themselves.

UNIT 3 – FALCONS | 11–13 YEARS

CAMPER TO COUNSELOR RATIO 10:1

Unit 3 develops a sense of community, teamwork, and ownership through individual and team challenges. Through these efforts we hope to provide a solid footing for the pre-teen years ahead. We give campers the opportunity to select special interest activities and encourage them to learn and demonstrate specific program-related skills.
### PLEASE CHECK OFF DESIRED WEEKS OF CAMP

<table>
<thead>
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<th>2020</th>
<th>All fees listed are per week</th>
<th>WK 1</th>
<th>WK 2</th>
<th>WK 3</th>
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<th>WK 5</th>
<th>WK 6</th>
<th>WK 7</th>
<th>WK 8</th>
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<td>CAMPS</td>
<td>Fees</td>
<td>M= Member</td>
<td>N= Non-Member</td>
<td>6/22-6/26</td>
<td>6/29-7/3</td>
<td>7/6-7/10</td>
<td>7/13-7/17</td>
<td>7/20-7/24</td>
<td>7/27-8/3</td>
<td>8/3-8/7</td>
<td></td>
</tr>
<tr>
<td>Unit 1 - Chipmunks 5-6yrs</td>
<td>M $280</td>
<td>N $385</td>
<td></td>
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<td></td>
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</tr>
<tr>
<td>Unit 2 - Cubs 7-10yrs</td>
<td>M $245</td>
<td>N $350</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Unit 3 - Falcons 11-13yrs</td>
<td>M $245</td>
<td>N $350</td>
<td></td>
<td></td>
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<td></td>
<td></td>
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</tbody>
</table>

### EXTENDED CARE

<table>
<thead>
<tr>
<th>FEES</th>
<th>AM</th>
<th>7:30 - 9:00</th>
<th>$31/week</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM</td>
<td>4:00 - 5:30</td>
<td>$31/week</td>
<td></td>
</tr>
<tr>
<td>AM &amp; PM Care</td>
<td>$52/week</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### PAYMENT INFORMATION

**REGISTRATION FEE** | $25 (one time fee) |

**ADDITIONAL CHILDREN** | EACH ADDITIONAL CHILD WILL RECEIVE A $15 OFF PER WEEK OFF TOTAL TUITION |

**TOTAL AMOUNT DUE:**

---

Financial aid available for families who need tuition assistance. Contact Finance Associate at 508-362-6500 x113 or visit us online to download our form.

**BALANCE DUE AT TIME OF REGISTRATION** (One time $25 registration fee + $25 per week attending required): $________

The $25 weekly deposit will be applied towards weekly tuition. Payment in full is due the Wednesday prior to the camper attending.

**WEEKLY TUITION FEES MUST BE PAID IN FULL BY 5PM THE WEDNESDAY PRIOR TO THE WEEK OF YOUR CAMPER’S SCHEDULED ATTENDANCE.**

---

Make checks payable to: YMCA Cape Cod

Charge $_______ to the following credit card: ____ Mastercard ____ Visa

Card number: __________________________ Exp: ________

Print name of card holder: __________________________

Signature of card holder: __________________________

---

CONTINUE TO PAGE 15
YOUR MEMBERSHIP BENEFITS

GROUP FITNESS
People who participate in a group are more likely to achieve their fitness goals and stay active. Join in more than 50 free classes offered on a weekly basis. Schedules are updated monthly, visit the Welcome Center for details.

PROGRAM REWARDS
Members receive priority registration and special pricing on programs, child care, and camp. Some restrictions may apply.

SPECIAL EVENTS
Family members receive free admission to one family-focused special event per year.

CHILD WATCH
Family members have access to the Y’s Child Watch facilities. Hours: Monday – Saturday | 9:00am-12:00pm & 4:00pm-7:30pm
1. Before completing the registration form, please discuss the choices available with your child. This will ensure your child has a positive camp experience.


3. Fill out camp registration forms completely.

4. Make sure your child’s age corresponds to the required age of each camp. Please use your child’s age as of the Monday of the week you are registering for.

5. Take your completed registration forms with your payment to the Welcome Center at the YMCA Cape Cod. Mail to YMCA Cape Cod, 2245 Iyannough Road, West Barnstable, MA 02668. Remember, these forms must be accompanied by $25 one time registration fee and $25 per week deposit. If you misplace a form or need extra copies, additional forms may be downloaded at www.ymcacapecod.org. Please note, any incomplete registrations without required deposits will not be processed.

6. **Financial aid available for families who need tuition assistance. Applications are due 30 days prior to your child starting camp. Contact Finance Associate at 508-362-6500 x113 or download our form.**

7. For registration fee, deposit, payment, cancellation and refund policies please refer to your handbook.

8. Your child will not be allowed to attend camp until all necessary forms and info have been turned into our business office, and weekly tuition is paid in full. All paperwork and payments are due by 5pm the Wednesday prior to attend camp.

**REGISTRATION FORM**

Camper’s Full Name (First/Last): ______________________________________________________________________________________________________________________

M/F_______ Age_______ Birth Date _____________ Do you have a YMCA Cape Cod Membership?  Yes____   No_____

Permanent Mailing Address______________________________________________________ City_______________________________State___________ Zip_________

Home Phone #________________________________________________________________Work Phone #___________________________________________________________

Summer Mailing Address ________________________________________________________  City______________________________State___________ Zip___________

Home/Cell #___________________________________________________________________Work Phone #___________________________________________________________

Parent/Guardian’s Name__________________________________________________________  Work Phone #_________________________________________________

Home Phone #_______________________________________________________________Cell Phone #______________________________________________________________

Email Address______________________________________________________________________________________________________________________________________________

How did you hear about us? ____________________________________________________________________________________________________________________________________________

---

**CAMP LYNDON**  SEE PAGE 3  **CAMP WEST BARNSTABLE**  SEE PAGE 8  **CAMP FALMOUTH**  SEE PAGE 10  **CAMP HARWICH**  SEE PAGE 12
REGISTRATION – MEDICAL HISTORY

HIPAA – All health records are securely stored and kept confidential according to all HIPAA laws. Please write legibly and print all information for ease of registration.

MUST BE FILLED OUT EACH YEAR

Child’s Name ___________________________ Date of Birth ___________________________

Child’s Physician ________________________ Physician’s Phone Number ________________________

Address of Physician ____________________________

Name of Dentist ___________________________ Dentist’s Phone Number ___________________________

Name of Orthodontist ______________________ Orthodontist’s Phone Number ______________________

Do you carry medical/hospital insurance? Yes ___ No ___ Insurance Carrier ___________________________

*Make sure forms are filled out completely. If not applicable, please write N/A.

Chronic or recurring illness/medical condition

Dietary restrictions

Allergies

Current Medications

Behavior concerns we should be aware of:

CHILD CAN NOT ATTEND CAMP WITHOUT FOLLOWING DOCUMENTATION

Please submit new documents regardless of other programs currently enrolled per the Department of Public Health.

PHYSICAL FORM TO BE ATTACHED

I ________________ understand that I must request a current (within the last two years) copy of my child’s physical from his/her physician and submit that form for this registration to be complete.

Parent/Guardian’s Initials: ____________

IMMUNIZATION FORM TO BE ATTACHED

I ________________ understand that I must request a copy of my child’s immunization record from his/her physician and submit that form for this registration to be complete.

Parent/Guardian’s Initials: ____________
Your child will not be released to any person other than those indicated on the sheet below. Photo I.D. is required by anyone when picking up a child.

In case of an emergency/illness, we will call the following contacts in the order listed unless otherwise noted.

**EMERGENCY CONTACTS / AUTHORIZATION FOR PICK-UP**

For your child’s protection and safety it is mandatory that the Camp Director have your current phone number and at least one emergency contact at all times. All changes to this information must be given directly to the Camp Director.

If early pick-up is deemed necessary by director due to illness or discipline issues, a call will be made to you the parent or your emergency contact. **It is our policy that pick-up take place within the hour.**

**Parent/Guardian/Relationship** ___________________________ **Best Phone #** ___________________________

Address ____________________________________________________________________________________________

Email Address ________________________________________________________________________________________

**Parent/Guardian/Relationship** ___________________________ **Best Phone #** ___________________________

Address ____________________________________________________________________________________________

Email Address ________________________________________________________________________________________

**Emergency Contact** ___________________________ **Day Phone #** ___________________________

Relationship ___________________________ **Other Phone #** ___________________________

**Emergency Contact** ___________________________ **Day Phone #** ___________________________

Relationship ___________________________ **Other Phone #** ___________________________

**IS THERE A CURRENT RESTRAINING ORDER REGARDING WHO MAY HAVE CONTACT WITH THIS CHILD?**

**IS THERE A COURT ORDER IN REGARD TO THE CHILD’S CUSTODY?**

**IF YES TO EITHER QUESTIONS ABOVE, A COPY OF ORDER IS NEEDED FOR THE CHILD’S FILE. PLEASE ATTACH TO REGISTRATION INFORMATION.**

Signature of parent/guardian ________________________________________________________________

Relationship to child ___________________________ Date ___________________________
REGISTRATION - AUTOMATIC WITHDRAWALS

WEEKLY CAMP TUITION PAYMENTS

EFT - Electronic Funds Transfer Agreement

Child’s name (a separate form is required for each child):
________________________________________________________________________

I, ____________________________, authorize my bank to make payment electronically on a weekly basis to
the YMCA Cape Cod, to be posted to my child care account. I (we) acknowledge that the origination of ACH
transactions to my (our) account must comply with the provisions of US. law.

BANK INFORMATION

Bank Transit Routing # ____________________________     Checking Account # ____________________________
(Please attach voided check)
Full Name of Bank:____________________________________________________________________________________

PAYMENT DATES AND AMOUNTS

Weekly Amount of EFT= $ Total account balance First Payment Date: ____________________________

1. I understand that child care and other fees change periodically. 30 days advance notice is always given. By
signing below, I authorize YMCA Cape Cod to charge my account for my total outstanding balance each
week including any rate increases.

2. I understand that if I wish to terminate this authorization, I must notify the YMCA Cape Cod in writing
at least ten (10) days prior to the next scheduled bank craft transaction.

3. Should any draft not be honored by my bank for any reason, I understand that I am still responsible for
that payment plus a service charge (currently $25) applied by the YMCA Cape Cod This is in addition to any
service fee my bank may charge me.

4. I understand that after three unpaid drafts within a year, EFT payments will stop. For the following year, I
will be required to pay the amount due each week by check or money order or cash. Cash payments are only
accepted at the main reception desk at the West Barnstable YMCA.

5. I understand that if my payments fall behind more than 2 weeks, the YMCA Cape Cod will begin the
termination process, as stated in the parent handbook.

6. I understand that the YMCA will process an EFT file weekly. Ordinarily it will be on Thursday, one week in
advance, but if the agency is closed or if there are unforeseen circumstances, the YMCA reserves the right
to process the EFT on any other day that week. Past due amounts CAN NOT BE PAID VIA EFT. Any past due
amount must be paid by check, money order, or cash.

7. I understand that clerical errors can be made and agree to hold the YMCA Cape Cod harmless for any errors
made in processing my weekly EFT payments.

Signed: ____________________________     Date: __________     Print Name: ____________________________

Note: Written debit authorization must provide that the receiver may revoke only by notifying originator as specified in authorization.
WAIVERS: Please carefully read, initial, complete the following 7 waivers/authorizations

1) FIELD TRIP WAIVER:
I hereby give my child permission to leave YMCA property on a bus to participate in off-site activities. Advance notice will always be given.
Parent/Guardian’s Initials: ______________

2) PHOTO/MEDIA WAIVER:
I, ____________________________, the parent/guardian shown on this form, wish my child to be enrolled in camping programs with the YMCA Cape Cod at one of its sites. I hereby give permission for photographs and other media materials to be used for promotional display purposes and local media and news coverage.
Parent/Guardian’s Initials: ______________

3) CAPE COD YMCA, INC. RELEASE AND DISCLOSURE WAIVER:
I am aware in signing this document for my child’s participation in various or certain programs and activities offered by Cape Cod YMCA, Inc., that certain elements of such programs or activities can be physically or emotionally demanding. The Cape Cod YMCA staff will use reasonable efforts to minimize my child’s exposure to known risks, but I recognize that not all dangers and hazards can be foreseen. Further, I am aware that certain inherent risks exist in some programs and activities that are beyond the control of the Cape Cod YMCA. I acknowledge the absolute responsibility of my child to follow safety rules, standards, guidelines and procedures established for each activity and program. Failure to follow such rules and regulations may result in my child’s dismissal from the program. I will encourage my child to ask for clarification or assistance if he/she doesn’t understand any safety instructions.

I knowingly release and hold Cape Cod YMCA, Inc., and its employees, agents, volunteers, officers and directors, harmless from and against all liability for loss or injury to my child resulting from his/her participation in any activity or program. I agree to indemnify Cape Cod YMCA, Inc., and its employees, agents, volunteers, officers and directors, for all costs and expense which it or they may incur due to claims or demands alleging such an injury, including settlement payments, court judgments, and legal defense fees. I agree that Cape Cod YMCA shall have final authority regarding the defense and settlement of claims or suits brought against it or any of its employees, agents, volunteers, officers or directors, claiming any such injury.
Parent/Guardian’s Initials: ______________

4) AUTHORIZATION TO ADMINISTER MEDICATION FORM REQUIREMENT:
I _______________________________ understand that the Authorization To Administer Medication Form must be completed prior to camp. Contact the Camp Director with any questions. This form will be available prior to and on the first day of each session of camp. Medications MUST be brought to camp by a parent/guardian. Medications MUST be in the original container with a correct and current prescription label (pharmacy will provide a separate container upon request).
Parent/Guardian’s Initials: ______________

5) AUTHORIZATION TO PROVIDE CARE:
In the event of illness or accident to my child while attending YMCA Summer Camp, I hereby authorize the Director, Nurse of the Camp or the medical personnel selected by the Camp Director to administer and/or secure prompt medical treatment for my child. I also give permission to release any records necessary for insurance purposes and to provide or arrange related transportation for my child to the nearest medical facility as necessary. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the Camp Director to secure and administer treatment, including hospitalization for my child. I also state this health history is correct to the best of my knowledge, and the person herein described has permission to engage in all camp activities except as noted.
Parent/Guardian’s Initials: ______________

6) TRANSPORTATION WAIVER:
I ____________________________ will have a responsible adult pick up my child at the Camp or Bus Stop as specified on page 11 at the designated time. I have read and agree to the transportation procedure and bus stop release policy for YMCA Cape Cod Camp Lyndon as stated in the parent handbook.
Parent/Guardian’s Initials: ______________
REGISTRATION – WAIVER & AUTHORIZATION FORM

WAIVERS: Please carefully read, initial, complete the following 7 waivers/authorizations

7) HIGH ROPE WAIVER:
Minor Participant Waiver, Release, Indemnification of All Claims & Covenant Not to Sue
NOTICE: This is a legally, binding agreement. Read this document carefully and in entirety. By signing this agreement, you give up your right and the named minor’s right to bring a court action to recover compensation or obtain any other remedy for any personal injury or property damage however caused arising out of the named minor’s participation in Cape Cod YMCA, Inc. Programs, now or any time in the future.

Acknowledgment of Risk
I, in my legal capacity as the parent/guardian of the minor named below, do hereby acknowledge and agree that participation in Challenge Course/Ropes activities comes with inherent risks. I have full knowledge and understanding of the inherent risks associated with Challenge Course/Ropes participation, including but in no way limited to: (1) slips, trips, and falls, (2) encounters with nature including toxic plants and animals, (3) aquatic injuries, and (4) athletic injuries. I further acknowledge that the preceding list is not inclusive of all possible risks associated with Challenge Course/Ropes participation and that said list in no way limits the operation of this Agreement.

Waiver, Release, Indemnification & Covenant Not to Sue
In consideration of ___________________________’s participation in YMCA Cape Cod, Inc’s Challenge Course/Ropes program, ___________________________ the parent/guardian of the minor named above, agree to release and on behalf of myself and the minor named above, my heirs, representatives, executors, administrators, and assigns, HEREBY DO RELEASE Cape Cod YMCA, Inc., it’s officers, agents, and employees from any causes of action, claims, or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I, the named minor, my heirs, representatives, executors, administrators and assigns may have, now or in the future, against Cape Cod YMCA, Inc. on account of personal injury, property damage, death or accident of any kind, arising out of or in any way related to the use of Cape Cod YMCA, Inc. facilities/equipment or participation in Cape Cod YMCA, Inc. programs whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Cape Cod YMCA, Inc., its officers, agents, and employees.

In consideration of the named minor’s participation in Challenge Course/Ropes I, the undersigned parent/guardian of the named minor, agree to INDEMNIFY AND HOLD HARMLESS Cape Cod YMCA, Inc., its agents and employees from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way related to the named minor’s Challenge Course/Ropes participation.

I hereby certify on behalf of myself and the named minor that I have full knowledge of the nature and extent of the risks inherent in Challenge Course/Ropes participation and that I, on behalf of myself and the named minor, am voluntarily assuming said risks. I understand that I and the named minor will be solely responsible for any loss or damage, including personal injury, property damage, or death, the named minor sustains while participating in Challenge Course/Ropes and that by signing this agreement I hereby, on behalf of myself and the named minor, release Cape Cod YMCA, Inc., it’s officers, agents, and employees of all liability for such loss, damage, or death. I further certify that the named minor is in good health and has no conditions or impairments which would preclude his/her safe participation in Challenge Course/Ropes.

I, in my legal capacity as parent/guardian of the named minor, expressly agree, on behalf of myself and the named minor, that this document is intended to be as broad and inclusive as permitted by the law of Massachusetts and that if any portion of the document is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. Furthermore, I expressly agree that this document shall be governed by and interpreted in accordance with the laws of Massachusetts and that Massachusetts shall have exclusive venue to hear any and all disputes relating to or arising from this document.

I furtherer certify that my date of birth is ___/___/______ (MM/DD/YYYY), that my present age is ______, that I am therefore of lawful age (18 years or older) and otherwise legally competent to sign this agreement, and that I have legal capacity to act as the parent/guardian of the named minor. I further understand that the terms of this agreement are legally binding and certify that I am signing this agreement, after having carefully read it, of my own free will. The foregoing written agreement represents the entire understanding between the parties. No oral representations, statements or inducement apart from the foregoing written agreement have been made.

IN WITNESS WHEREOF, this instrument is duly executed this ________________ day of ________________ in the year ________________.

Participant Name (Print Clearly)  Parent/Guardian Signature  Parent/Guardian Name (Print Clearly)
THANK YOU TO THE GENEROUS ORGANIZATIONS THAT HAVE DONATED THEIR TIME, TALENT AND TREASURE TO MAKE SUMMER CAMP AT LYNDON SPECIAL!

LAWRENCE LYNCH • CAPE COD AGGREGATE • COMCAST
BLUE CROSS BLUE SHIELD • KELLER WILLIAMS

WHERE THERE’S A Y, THERE’S MAGIC

100% of your gift stays in our community.

To make a secure donation any time, log on to www.ymcacapecod.org and click “Donate”
2020 SUMMER CAMP GUIDE
YMCA CAPE COD
WWW.YMCACAPECOD.ORG
508-362-6500

BEST SUMMER EVER

YMCA CAPE COD
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