



**FIND YOUR FRIENDS.  
FIND YOUR FUN.  
FIND YOUR Y.**

For a better us.®

THE BEST SUMMER  
**EVER**  
STARTS AT THE  
YMCA CAPE COD

## Dear YMCA Camp Family,

Whether this is your first summer here, or you have been with us for years, we want to welcome you to YMCA Cape Cod Summer Camps! Our staff are hard at work putting together a fun, safe program filled with new experiences.

As your child takes a break from school, they look forward to spending time with their friends and being outside. Day camp is the perfect opportunity to do both –as well as learn life skills, try new activities, and be part of a community where they can be themselves. Varying daily activities, such as archery, crafts, dance, sports, and swimming, help assure a great camp experience for everyone. With the encouragement and guidance of our trained staff, children will boost confidence, self-esteem, and social skills, all while having fun in a safe environment!

Welcome to the YMCA Cape Cod Camp Family!

Sincerely,  
YMCA Cape Cod Camp Directors

**YMCA CAMP  
BARNSTABLE** pg.13

**YMCA CAMP  
FALMOUTH** pg.14

**YMCA CAMP  
HARWICH** pg.12

**YMCA CAMP  
LYNDON** pg.8

Camp Lyndon and Camp Falmouth must comply with the regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.

Camp Harwich and Camp Barnstable are each licensed by the Massachusetts Department of Early Education and Care

**SIGN UP TODAY AT  
YMCACAPECOD.ORG/CAMPS**

# OUR CAMP PHILOSOPHY



YMCA camps offer a taste of everything! Our camps offer a new experience each week with focuses on STEM, cultural appreciation and the Arts!

Today day camp is more vital than ever. To deliver on the Y's commitment to nurture the potential of every child and teen, day camp programs now intentionally foster achievement relationships and belonging. All of which are essential dimensions of well-being.

## ACHIEVEMENT

Discovering skills. Campers experience achievement when they try different activities, learn what they like, and discover what they are good at!

## RELATIONSHIPS

Building friendships. Campers have the opportunity to form healthy relationships with other children, caring adults, and role models, which helps them feel good about themselves and learn to get along with others.

## BELONGING

Finding a place to belong. Campers connect through significant camp traditions and rituals that create a sense of belonging so they feel included, accepted, and part of a community.

**FINANCIAL ASSISTANCE AVAILABLE  
FINANCIALASSISTANCE@YMCACAPECOD.ORG**

# AGE GROUPS & CAMP UNITS

# CAMP RATES & HOURS

## WAY IN THE WOODS AGES 5-6

Daily experiences and activities help campers add caring, honesty, respect, and responsibility in everything they do!

**ALL CAMPERS MUST HAVE COMPLETED KINDERGARTEN PRIOR TO STARTING CAMP**

## UNIT 1 – EXPLORERS AGES 7-8

Campers explore the Y's core values of honesty, caring, respect, and responsibility, while setting and achieving new goals, develop confidence, and making friends!

## UNIT 2 – PIONEERS AGES 9-10

Campers foster a love for the outdoors through nature-based activities that provide knowledge and enjoyment for all who attend.

## UNIT 3 – VOYAGERS AGES 11-12

Campers develop a sense of community through team building, personal and team challenges, and can select special interest activities, enhancing their day at camp!

## CHALLENGE CAMP AGES 13-14

Campers will have the opportunity to 'disconnect' and appreciate the outdoors while learning how to be role models at camp, school, and in their communities.

## CAMP RATES

	Member Rate	Non Member Rate
<b>Week of Summer Camp</b>	<b>\$405</b>	\$450
Add a Specialty Block*	<b>+\$150*</b>	+\$150*
Add AM Care	<b>+\$40</b>	+\$40
Add PM Care	<b>+\$40</b>	+\$40
Add Both AM & PM Care	<b>+\$70</b>	+\$70

\*Specialty Blocks add-ons are not covered by vouchers.

## CAMP HOURS

EXTENDED AM CARE 7:30AM – 9:00AM

CAMP DAY 9:00AM – 4:00PM

EXTENDED PM CARE 4:00PM – 5:30PM

**Camp is for EVERYONE.**

**Financial Aid is available for qualifying families.**

**To learn more, email**

**[financialassistance@ymcacapecod.org](mailto:financialassistance@ymcacapecod.org)**

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# 2026 WEEKLY CAMP CAMP THEMES

	YMCA CAMP LYNDON	YMCA CAMP BARNSTABLE	YMCA CAMP HARWICH	YMCA CAMP FALMOUTH	
SUPER HEROES	✓	✓	✓	✓	Week 1 June 22-26
ANIMAL KINGDOM	✓	✓	✓	✓	Week 2 June 29-July 3
OLYMPICS	✓	✓	✓	✓	Week 3 July 6-10
DISNEY	✓	✓	✓	✓	Week 4 July 13-17
HOLIDAYS	✓	✓	✓	✓	Week 5 July 20-24
ANIMATION	✓	✓	✓	✓	Week 6 July 27- 31
SPIRIT	✓	✓	✓	✓	Week 7 Aug 3-7
POKÉMON	✓	✓	✓		Week 8 Aug 10-14
FANTASY	✓	✓	SUMMER DOESN'T HAVE TO END!		Week 9 Aug 17-21
OUTER SPACE	✓	✓	There's still time to try another one of our camps!		Week 10 Aug 24-28



NAME: Tom Brognano  
 ROLE: Sr. Program Dir. of Camp & After School  
 FIRST SUMMER AT CAMP: 2005  
 FAVORITE CAMP ACTIVITY: Ropes Course!  
 ADVICE FOR FIRST TIME CAMPERS: \_\_\_\_\_  
Don't be afraid to try something new!  
 EMAIL ADDRESS: tbrognano@ymcacapecod.org



NAME: SJ McNair  
 ROLE: Director, Camp Lyndon  
 FIRST SUMMER AT CAMP: 2014  
 FAVORITE CAMP ACTIVITY: WORLD CUP!!!  
 ADVICE FOR FIRST TIME CAMPERS: \_\_\_\_\_  
You should always remember to be yourself.  
 EMAIL ADDRESS: smcnair@ymcacapecod.org



NAME: Omar Vargas  
 ROLE: Director, Camp Falmouth  
 FIRST SUMMER AT CAMP: 2018  
 FAVORITE CAMP ACTIVITY: Sports!!  
 ADVICE FOR FIRST TIME CAMPERS: Be kind to everyone and try to make as many friends as you can!  
 EMAIL ADDRESS: ovargas@ymcacapecod.org

## MEET THE DIRECTORS!

SIGN UP TODAY AT  
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# YMCA CAMP LYNDON

There's nothing like a summer at Camp Lyndon! From swimming in the pond, to climbing the ropes course, there's something for everyone! Every day is broken into activity blocks where campers experience new ways to expand their comfort zones. Activities include: the challenge course (high and low ropes course), archery, sports, swimming, boating, & creative arts. See you there!



Available  
Weeks  
1-10!

**TAKE ADVANTAGE OF FREE  
BUS SERVICE TO CAMP LYNDON!**

SERVING: BARNSTABLE, BOURNE, CENTERVILLE, CHATHAM,  
COTUIT, DENNIS, FALMOUTH, HARWICH, HYANNIS, MARSTONS  
MILLS, MASHPEE, OSTERVILLE, SANDWICH, YARMOUTH.



See page 18 for  
more info!

**BUS SERVICE IS NOT  
AVAILABLE WEEK 10.**

**TAKE A RIDE ON THE  
CAMP BUS!**

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# TRY A CAMP LYNDON SPECIALTY BLOCK!

## SAILING

Come sail away! This program is designed to teach the basics of sailing. No experience necessary! Students will learn on Sunfish and Phantom boats.

Ages 7-8 | Weeks 4,8 | +\$150  
 Ages 9-10 | Weeks 3,5,7 | +\$150  
 Ages 11-14 | Weeks 2,6 | +\$150



## COOKING

Learn the basics of cooking and improve your skills in the kitchen! All equipment included. No experience necessary.

Ages 7-8 | Weeks 2,6 | +\$150  
 Ages 9-10 | Weeks 3,5,7 | +\$150  
 Ages 11-14 | Weeks 4,8 | +\$150



**READY TO ADD A NEW ADVENTURE TO YOUR CAMP EXPERIENCE?** Specialty blocks give campers fun, interactive, and immersive experiences in a chosen area. These programs are designed for campers who want to explore a new interest or dive deeper into a passion they already love. Specialty blocks are an optional paid add-on to regular day camp activities. Led by specialized staff and area experts, campers participate in all regular camp activities each day, with one activity block dedicated to their specialty focus.

## HORSEBACK RIDING\*

Ages 5-6 | Weeks 1-9 | +\$150  
 Ages 7-8 | Weeks 1-9 | +\$150  
 Ages 9-10 | Weeks 2,4,6,8 | +\$150  
 Ages 11-14 | Weeks 1,3,5,7,9 | +\$150

With horses and trainers for all skill levels, this is a perfect opportunity for first timers or equestrians to advance their skills. We teach both hunt and stock seats.

\*Horseback Riding Program will be 1 hour each day.



## KAYAKING & PADDLE BOARDING

Learn the basics of kayaking, or improve upon your skills out on beautiful Lawrence Pond. Instruction provided by RideAway Adventures. All equipment included.

Ages 7-8 | Weeks 1,3,5,7 | +\$150  
 Ages 9-10 | Weeks 1,2,4,6,8 | +\$150  
 Ages 11-12 | Weeks 3,5,7 | +\$150  
 Ages 11-14 | Weeks 2,4,6,8 | +\$150



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# YMCA CAMP HARWICH

## AVAILABLE WEEKS 1-8

The fun starts at Camp Harwich this summer! This recreation-style camp includes field trips, sports, and creative arts! Each week will have different activities based on that week's theme.



**CHECK OUT THESE GREAT FIELD TRIPS!!**



## AVAILABLE WEEKS 1-10

Dive into Camp Barnstable this summer! This recreation-style camp includes sports, creative arts, and swimming in the Y's swimming pool! Each week will have different activities based on that week's theme.



**CHECK OUT THESE GREAT FIELD TRIPS!!**



# YMCA CAMP BARNSTABLE

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# YMCA CAMP FALMOUTH

## AVAILABLE WEEKS 1-7

The fun starts at Camp Falmouth this summer! This recreation-style camp includes field trips, sports, and creative arts! Each week will have different activities based on that week's theme.



**CHECK OUT THESE GREAT FIELD TRIPS!!**

SIGN UP TODAY AT  
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# CAMP FIELD TRIPS!



Our recreation-style summer camps are all about adventure beyond the playground. Each week, campers head out on exciting field trips that turn summer into something unforgettable! Whether it's splashing at WaterWizz, exploring beautiful Cape Cod beaches, meeting animals at the Buttonwood Park Zoo, or spending the day outdoors at Camp Lyndon, there is something for everyone. Each of these weekly excursions gives campers the chance to explore new places, try new experiences, and make lasting memories with friends, all while keeping every week fresh, active, and fun.



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# YMCA CAMP T-SHIRTS!

Looking to take the excitement of summer camp back to school with you in the fall? Then make sure to grab one of our new camp t-shirts while you enroll for camp this summer!

T-Shirts can be purchased online when registering a child for summer camp. They are listed as an "Enrollment Extra" and can be found in the same area where you select AM/PM extended day care.

## CAMP LYNDON TEE



AVAILABLE IN  
YOUTH SIZES: XS-XL  
ADULT SIZES: S-5XL

\$15

## CAPE WIDE CAMP TEE



AVAILABLE IN  
YOUTH SIZES: XS-XL  
ADULT SIZES: S-5XL

\$15

## TYE-DYE ALL CAPE CAMP TEE



AVAILABLE IN  
YOUTH SIZES: S-XL  
ADULT SIZES: S-3XL

\$25



SIGN UP TODAY AT

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# READY TO REGISTER?

DIGITAL REGISTRATION DOESN'T NEED TO BE CONFUSING!

Follow these steps for an easy and simple registration process.

**DID YOUR FAMILY SIGN UP FOR CAMP WITH US LAST SUMMER?**

YES

NO

click this

click this

RETURNING FAMILIES

NEW CAMP FAMILIES



FINANCIAL ASSISTANCE AVAILABLE

[FINANCIALASSISTANCE@YMCACAPECOD.ORG](mailto:FINANCIALASSISTANCE@YMCACAPECOD.ORG)

# FREE CAMP BUS SERVICE

DID YOU KNOW THE Y OFFERS FREE BUS SERVICE TO CAMP LYNDON?

The nearest stop might be closer than you think!

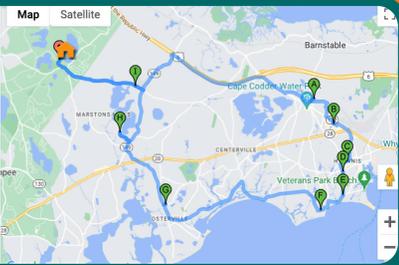
You can see more detail, and the specific address of each stop when registering.



## SKUNK BUS

### Towns served:

- Hyannis
- Centerville
- Osterville
- Marstons Mills



## SHARK BUS

### Towns served:

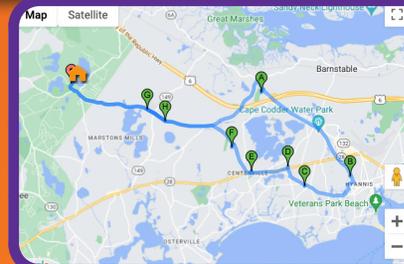
- Chatham
- Harwich
- Dennis
- Brewster



## GARFIELD BUS

### Towns served:

- Hyannis
- Centerville
- Marstons Mills



## TURTLE BUS

### Towns served:

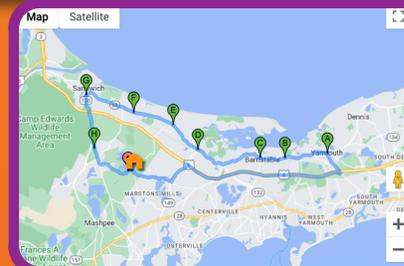
- Falmouth
- Mashpee
- Cotuit



## RABBIT BUS

### Towns served:

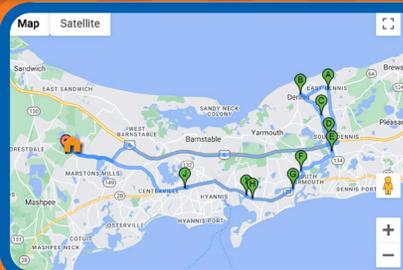
- Yarmouth
- Barnstable
- Sandwich



## OWL BUS

### Towns served:

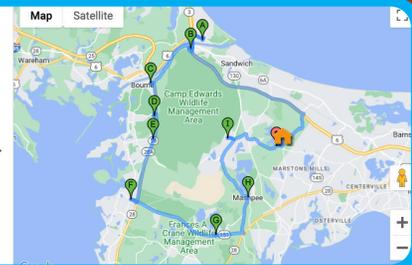
- Dennis
- Yarmouth
- Hyannis



## GOAT BUS

### Towns served:

- Bourne
- Falmouth
- Mashpee
- Sandwich



**BUS SERVICE IS NOT AVAILABLE WEEK 10.**

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## **YMCA CAMP LYNDON**

» 117 STOWE RD. SANDWICH MA 02563

## **YMCA CAMP BARNSTABLE**

» 2245 IYANNOUGH RD. W. BARNSTABLE MA 02668

## **YMCA CAMP FALMOUTH**

» 323 JONES RD. FALMOUTH MA 02540

## **YMCA CAMP HARWICH**

» 263 SOUTH ST. HARWICH, MA 02645

### **YMCA Cape Cod**

100 Independence Dr. Suite #2

Hyannis MA 02601

508 362 6500 [ymcacapecod.org](http://ymcacapecod.org)