

# HEALTHY LIVING: OCTOBER

## CYCLING CLASS SCHEDULE

Cycling Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>FALL 2015</b>							
Schedule begins Thursday, Oct 1, 2015	5:45-6:45a Y-Cycle Tom	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Tom	5:45-6:45a Y-Cycle John M	6:00-7:00a Y-Cycle Christen		
Child Watch Hours: Monday 8-12, 4-7:30p Tuesday 9-12, 4-7:30						7:30-8:30a Y-Cycle John M	
Wednesday 8-12, 4-7:30 Thursday 9-12, 4-7:30 Friday 9-12, 4-7:30 Saturday 9-12noon Sunday - closed	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Charlene	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Charlene	9:30-10:30am Y-Cycle Deb		
	5:30-6:30pm Y-Cycle Justin						