



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING: JANUARY

CYCLING CLASS SCHEDULE

Cycling Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WINTER 2017							
Schedule begins Tuesday, Jan 2, 2018	5:45-6:45a Y-Cycle Janet	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet		
Child Watch Hours:							
Monday 9-12, 4-7:30p	7:00-8:00a Y-Cycle Tom	7:00-8:00a Y-Cycle Keith	7:00-8:00a Y-Cycle Tom	7:00-8:00a Y-Cycle Keith	7:00-8:00a Y-Cycle Tom	7:15-8:15a Y-Cycle John	
Tuesday 9-12, 4-7:30							
Wednesday 9-12, 4-7:30							
Thursday 9-12, 4-7:30							
Friday 9-12, 4-7:30	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Eileen	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Janet	9:30-10:30am Y-Cycle Deb	9:15a-10:15a Y-Cycle Janet	
Saturday 9-12 noon							
Sunday - closed							
		10:45-11:45 Gentle Cycle Lisa					
	5:30-6:30p Y-Cycle Patty		5:30-6:30p Y-Cycle Justin				