

HEALTHY LIVING: OCTOBER

CYCLING CLASS SCHEDULE

Cycling Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
FALL 2016							
Schedule begins Saturday, October 1, 2016	5:45-6:45a Y-Cycle Tom	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Tom	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet		
Child Watch Hours: Monday 9-12, 4-7:30p		7:00-8:00a Y-Cycle Keith		7:00-8:00a Y-Cycle Keith		7:15-8:15a Y-Cycle John	
Tuesday 9-12, 4-7:30	9:30-10:30	9:30-10:30	9:30-10:30	9:30-10:30	9:30-10:30am	8:30a-9:30a	
Wednesday 9-12, 4-7:30	Y-Cycle Deb	Y-Cycle Eileen	Y-Cycle Deb	Y-Cycle Jen	Y-Cycle Deb/Jen	Y-Cycle Janet	
Thursday 9-12, 4-7:30							
Friday 9-12, 4-7:30							
Saturday 9-12 noon		5:30-6:30 Y-Cycle Janet		5:30-6:30p Y-Cycle Justin			
Sunday - closed							