

HEALTHY LIVING: NOVEMBER

CYCLING CLASS SCHEDULE

Cycling Schedule FALL 2015	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Schedule begins Sunday, Nov 1, 2015	5:45-6:45a Y-Cycle Tom	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Tom	5:45-6:45a Y-Cycle John M			
Child Watch Hours: Monday 8-12, 4-7:30p Tuesday 9-12, 4-7:30 Wednesday 8-12,4-7:30 Thursday 9-12, 4-7:30 Friday 9-12, 4-7:30 Saturday 9-12noon Sunday - closed		7:00-8:00a Y-Cycle Keith		7:00-8:00a Y-Cycle Keith		7:30-8:30a Y-Cycle John M	
	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Eileen	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Deb	9:30-10:30am Y-Cycle Deb		
	5:30-6:30pm Y-Cycle Justin	4:30-5:30p Y-Cycle Christen** starts 11/17		5:30-6:30p Y-Cycle Justin			