



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING: DECEMBER

## CYCLING CLASS SCHEDULE

Cycling Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>WINTER 2017</b>							
Schedule begins Friday, Dec 1, 2017	5:45-6:45a Y-Cycle Janet	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet		
Child Watch Hours: Monday 9-12, 4-7:30p Tuesday 9-12, 4-7:30	7:00-8:00a Y-Cycle Tom	7:00-8:00a Y-Cycle Keith	7:00-8:00a Y-Cycle Tom	7:00-8:00a Y-Cycle Keith	7:00-8:00a Y-Cycle Tom	7:15-8:15a Y-Cycle John	
Wednesday 9-12, 4-7:30 Thursday 9-12, 4-7:30 Friday 9-12, 4-7:30	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Eileen	9:30-10:30 Y-Cycle Deb	9:30-10:30 Y-Cycle Janet	9:30-10:30am Y-Cycle Deb	9:15a-10:15a Y-Cycle Janet	
Saturday 9-12 noon Sunday - closed							