



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING: JULY

CYCLING CLASS SCHEDULE

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------|-------------|--------------|-------------|-------------|-------------|--------------|--------|
| Cycling Schedule | | | | | | | |
| SUMMER 2018 | 5:45-6:45a | 5:45-6:45a | 5:45-6:45a | | 5:45-6:45a | | |
| | Y-Cycle | Y-Cycle | Y-Cycle | | Y-Cycle | | |
| Schedule begins | Janet | John | Janet | | Janet | | |
| Sunday, July 1, 2018 | 7:00-8:00a | 7:00-8:00a | 7:00-8:00a | 7:00-8:00a | 7:00-8:00a | 7:15-8:15a | |
| | Y-Cycle | Y-Cycle | Y-Cycle | Y-Cycle | Y-Cycle | Y-Cycle | |
| Child Watch Hours: | Tom | Keith | Tom | Keith | Tom | John | |
| Monday 9-12, 4-7:30p | | | | | | | |
| Tuesday 9-12, 4-7:30 | 9:30-10:30a | 9:30-10:30a | 9:30-10:30a | | 9:30-10:30a | 9:15a-10:15a | |
| Wednesday 9-12,4-7:30 | Y-Cycle | Y-Cycle | Y-Cycle | | Y-Cycle | Y-Cycle | |
| Thursday 9-12, 4-7:30 | Deb | Lisa | Deb | | Deb | Janet | |
| Friday 9-12, 4-7:30 | | 10:45-11:45a | | 9:30-10:30a | | | |
| Saturday 9-12 noon | | Gentle Cycle | | Y-Cycle | | | |
| Sunday - closed | | Lisa | | Janet | | | |