



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

HEALTHY LIVING: February

CYCLING CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycling Schedule							
WINTER 2018	5:45-6:45a	5:45-6:45a	5:45-6:45a		5:45-6:45a		
	Y-Cycle	Y-Cycle	Y-Cycle		Y-Cycle		
Schedule begins	Janet	John	Janet		Janet		
Friday, February 1, 2019	7:00-8:00a	7:00-8:00a	7:00-8:00a	7:00-8:00a	7:00-8:00a	7:15-8:15a	
	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle	
Child Watch Hours:	Tom & Friends	Keith	Tom & Friends	Keith	Tom & Friends	John	
Monday 9-12, 4-7:30p							
Tuesday 9-12, 4-7:30	9:30-10:30a	9:30-10:30a	9:30-10:30a	9:30-10:30a	8:15-9:15a	9:15a-10:15a	
Wednesday 9-12,4-7:30	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle/Yoga	Y-Cycle	
Thursday 9-12, 4-7:30	Deb	Lisa	Deb	Janet	Deb	Janet	
Friday 9-12, 4-7:30							
Saturday 9-12 noon	6:00-7:00p				9:30-10:30a		
Sunday - closed	Y-Cycle				Y-Cycle		
	Lisa				Lisa		