



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

SMALL POOL SCHEDULE

Winter 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Water Exercise	5:30-8:00a	5:30-8:00a	5:30-8:00a	5:30-8:00a	5:30-8:00a	7:00-8:00a	12:00-1:00p
	7:45p-8:45p	7:45-8:45p	7:45p-8:45p	7:45-8:45p	7:45-8:45p	1:30-3:30p	12:00-2:45p
Open Rec Swim	1:30-4:00p	1:30-4:00p	12:30-2:45p	1:00-4:00p	12:30-3:30p	1:30-3:30p	12:00-2:45p
	6:15-7:00p	6:00-7:45p	6:15-7:00p		5:45-7:45p	4:30-6:15p	3:30-4:45p
Birthday Parties						12:30-1:30p	
						3:30-4:30p	
Cape Cod HealthCare		12:30p-1:30p		11:45-12:45p			
Children's Crossing		10:00-10:45a			9:45-11:00a		
Swim Lessons	9:00-11:30a	8:30-11:30a	9:00-11:30a	9:00-11:30a	9:00-11:15a	8-12:30p	
			2:45-3:15p				
	4:00-6:15p	4:00-6:00p	4:00-5:45p	4:00-7:45p	3:30-5:45p		
Water Fitness	8:00-8:45a		8:00-8:45a		8:15-9:00a		
	Aquathritis		Aquathritis		Aquathritis		
	11:30-12:15	11:30-12:15	11:30-12:15				
	Aquathritis	Aquathritis	Aquathritis				
	7:00-7:45p		7:00-7:45p				
	Aquacize		Aquacize				

Monday-Friday Pool Closes at 8:45p

Saturday Pool Closes at 6:15p

Sunday Pool Closes at 4:45p

Small Pool Etiquette

*Please note that at any time open rec and open water exercise may be sharing the pool

*Please take a cleansing shower before entering

*Parent must proactively supervise children

*Non swimmers must be in floatation with a parent/guardian within hands reach at all times