SUMMER EATS

FREE MEALS FOR KiDS & TEENS

Sponsored by the YMCA Cape Cod

FIND MEALS AT THE FOLLOWING LOCATIONS

BEGINNING JUNE 25, 2018

Cromwell Court Apartments
Breakfast: Mon, Wed, Fri 8:15—9:00 AM
Lunch: Mon—Fri 12:15—1:30 PM
168 Barnstable Rd, Hyannis

Baby Center
Lunch: Mon—Thurs 11:30—12:30 PM
81 Willow St, Hyannis

Village Green Apartments
Lunch: Tues & Thurs 1:00—1:30 PM
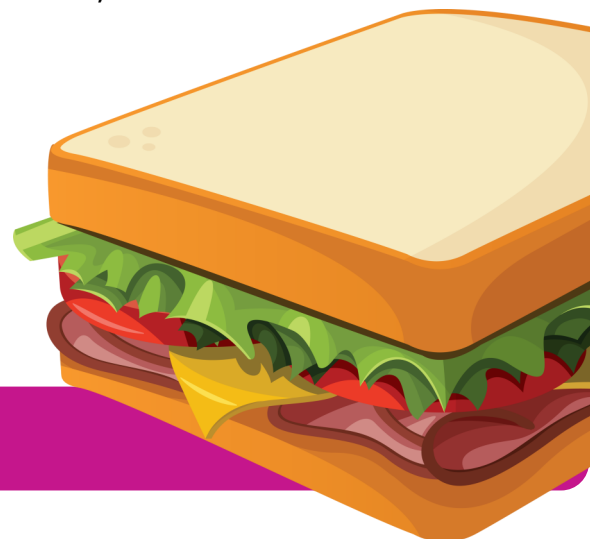767 Independence Dr, Hyannis

Cape Cod Family Resource Center
Lunch: Mon—Fri 12:00—1:30 PM
29 Bassett Ln, Hyannis

East Falmouth Library
Runs July 9th—August 22nd
Lunch: Mon—Wed 11:30—12:30 PM
310 E. Falmouth Hwy, East Falmouth

Sturgis Library
Lunch: Thurs 11:45—1:15 PM
3090 Main St, Barnstable

FOR MORE INFORMATION OR TO FIND LOCATIONS CLOSER TO YOU:

CALL 1 800-645-8333
TEXT "FOOD" or "COMIDA" to 877-877
DOWNLOAD the SUMMEREATS App
VISIT WWW.MEALS4KIDS.ORG

YMCA CAPE COD
2245 Iyannough Rd West Barnstable
508 362 6500 ext. 142
www.ymcacapecod.org

<p style="text-align:center">**USDA Non-Discrimination Statement**</p>

<p style="text-align:center">**Summer Food Service Program**</p>

Guidance for Usage:

The Summer Food Service Program (SFSP) is a federally funded program which requires the inclusion of the complete USDA non-discrimination statement, or inclusion of the short version of the nondiscrimination statement, on all program forms and informational materials. The purpose of the statement is to inform applicants, participants, and potentially eligible persons of the program availability, program rights and responsibilities, the policy of non-discrimination, and the procedure for filing a complaint.

The full non-discrimination statement must be used in its' entirety and in print size no smaller than the material's text font. The usage requirements in FNS Instruction 113-1 have not changed-only the verbiage. If the material is too small to permit the full statement to be included, the material will at a minimum include the statement, in print size no smaller than the material's text font, that *"This institution is an equal opportunity provider"*. Please note that the use of the shorter version is the exception, not the rule.

Use of printed existing forms (with the old statement) is permitted. New forms and publications must be printed with the updated statement. Websites, online applications, IT systems and social media should be updated immediately.

USDA Non-Discrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.