



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING: April

## CYCLING CLASS SCHEDULE

Cycling Schedule SPRING 2019	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Schedule begins Monday, April 1, 2019	5:45-6:45a Y-Cycle Janet	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet		
Child Watch Hours: Monday 9-12, 4-7:30p Tuesday 9-12, 4-7:30 Wednesday 9-12, 4-7:30 Thursday 9-12, 4-7:30 Friday 9-12, 4-7:30 Saturday 9-12 noon Sunday - closed		7:00-8:00a Y-Cycle Keith		7:00-8:00a Y-Cycle Keith		7:15-8:15a Y-Cycle John	
	9:30-10:30a Y-Cycle Deb	9:30-10:30a Y-Cycle Lisa	9:30-10:30a Y-Cycle Deb	9:30-10:30a Y-Cycle Janet	8:15-9:15a Y-Cycle/Yoga Deb	9:15a-10:15a Y-Cycle Janet	
	6:00-7:00p Y-Cycle Lisa				9:30-10:30a Y-Cycle Lisa		

\*Tom's 7:00 AM Monday, Wednesday, Friday will resume in May!