



Lyndon P. Lorusso YMCA  
2245 Iyannough Road  
West Barnstable, MA 02668

## January 2 – March 3

### SMALL POOL SCHEDULE

SMALL POOL SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8AM	Aquathritis Barbara	Aqua Core & Strength Shannon	Aquathritis Barbara	Water Exercise Susan	Aquathritis Patti	Swim Lessons 8am-1pm	Open Swim Closed @ 12:30 pm
9AM	CLOSED						
10AM	OPEN SWIM	CLOSED	OPEN SWIM	CCX Swim Lessons	OPEN SWIM		
10:30 AM	Aquathritis Barbara @11:15	OPEN SWIM	Aquathritis Barbara @11:15	CLOSED	Aquathritis Sandra @11:15		
11AM							
12:15PM	CLOSED 12:15-3pm						Open Swim Closed @3pm
1-3PM							
3PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	CLOSED	CLOSED	
4PM					WB After School Program		
5:30 PM					OPEN SWIM		
6:30- 7:30PM	Water Exercise Susan @6:45-7:30		Water Exercise Susan @6:45-7:30		CLOSED		

\* Pool schedule is subject to change based on staff availability & programming needs

Updated 12-27-23