



FOR YOUTH DEVELOPMENT™  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

## Small Warm Pool (4/17/17-4/23/2017)

### Open Swim

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:45-4:45p	5:30-11:30a	5:30-8:45a	5:30-7:45a	5:30-8:45a	5:30-7:45a	7:00-12:15
	1:30-3:45p	1:45-3:45p	12:30-3:45p	12:45-1:40p	12:30-2:45p	2:00-3:15p
	5:30-8:45p	6:00-8:45p	7:45-8:45p	2:30-3:45p	6:00-8:45p	5:00-6:15p
				6:30-8:45p		

### Free (with membership) Aqua Group Exercise Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:00-9:00a Aquathritis (must sign up for class)	
					11:30-12:30p Aquathritis (must sign up for class)	

Monday-Friday Pool Closes at 8:45p  
 Saturday Pool Closes at 6:15p  
 Sunday Pool Closes at 4:45p

- \*Please take a cleansing shower before entering
- \*Parent must proactively supervise children
- \*Non swimmers must be in floatation with a parent within hands reach at all times
- \* All children under 8 must have a parent in pool with them

508-362-6500 [YMCACAPECOD.ORG](http://YMCACAPECOD.ORG)

