



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Small Pool (11/23/2020 - 12/19/2020)

Open Swim							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00a	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7:00 8:00a	CLOSED	Open	Open	Open	Open	Open	7:30am
8:00a-9:00a	Open	Class	Class	Class	Class	Class	Class
9:15a-11:30p	Open	Class	Class	Class	Open @ 10	Class	Class
11:30a-12:15p	Open	Class	Open	Class	Open	Class	Class
12:30a-1:15p	12:45 PM	Open	Open	Open	Open	Open	Class
1:30p- 4:00p	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
4:00p-7:30p	CLOSED	Class	Class	Class	Class	Open	CLOSED
7:30p-8:15p	CLOSED	Open	Open	Open	Class	Open	CLOSED

Sunday Pool Closes at 12:45p Mon - Fri Pool Closes at 1:15p & 8:15p Saturday Pool Closes at 1:15p

NEW SMALL Pool Etiquette:

Please take a cleansing shower before entering pool deck

Masks will be worn at all times in the building. **EXCEPT** upon entering the water

There will be a limit of 4 groups of swimmers at a Time

There is a maximum number of people in the pool area: 16 including staff.

There will be a limit of 60 minutes in the pool during normal hours,

There will be a limit of 30 min during peak hours.

The Locker rooms will be for showering before entering the pool only

All swimmers will bring everything they come with onto the pool deck, and leave items next to their designated spot on the pool deck.

Swimmers under the age of 18 must take a swim test

	8:00-8:45a Small Pool Aquathritis	8:00-8:45a Small Pool Aquathritis	8:00-8:45a Small Pool Aquathritis	8:00-8:45a Small Pool Aquathritis	8:00-8:45a Small Pool Aquathritis	
	10:30-11:15 Small Pool Aquathritis	9:00-9:45a Small Pool Aquathritis	10:30-11:15 Small Pool Aquathritis	9:00-9:45a Small Pool Aquathritis	11:30-12:15 Small Pool Aquathritis	
	11:30-12:15 Small Pool Aquathritis		11:30-12:15 Small Pool Aquathritis			
			6:45-7:30 Small Pool Water Exercise			

*** All pool times are subject to change with out notice**

YMCA CAPE COD

2245 IYANNOUGH ROAD, W. BARNSTABLE MA 02668

508-362-6500 YMCACAPECOD.ORG