



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# HEALTHY LIVING: December

## CYCLING CLASS SCHEDULE

Cycling Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>WINTER 2018</b>	5:45-6:45a Y-Cycle Janet	5:45-6:45a Y-Cycle John	5:45-6:45a Y-Cycle Janet		5:45-6:45a Y-Cycle Janet		
Child Watch Hours:	7:00-8:00a	7:00-8:00a	7:00-8:00a	7:00-8:00a	7:00-8:00a	7:15-8:15a	
Monday 9-12, 4-7:30p	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle	Y-Cycle	
Tuesday 9-12, 4-7:30	Tom	Keith	Tom	Keith	Tom	John	
Wednesday 9-12, 4-7:30							
Thursday 9-12, 4-7:30	9:30-10:30a	9:30-10:30a	9:30-10:30a		9:30-10:30a	9:15a-10:15a	
Friday 9-12, 4-7:30	Y-Cycle	Y-Cycle	Y-Cycle		Y-Cycle	Y-Cycle	
Saturday 9-12 noon	Deb	Lisa	Deb		Lisa	Janet	
Sunday - closed				9:30-10:30a Y-Cycle Janet			