



**Be. Belong. Become.**

# YMCA CAPE COD

2022 Annual Report



## OUR MISSION:

To serve the Cape Cod community by providing programs rooted in our core values of caring, honesty, respect, and responsibility that build a healthy spirit, mind, and body for all.

## Dear Friends,

The YMCA Cape Cod's purpose is to respond to the specific needs of our community. As our community needs evolve, so does our organization. We are constantly deepening our relationship with partners in the community and expanding our programs to meet new challenges. In this Annual Report, we are excited to share our growth with you, and celebrate the Community Partners helping us make Cape Cod a place where everyone can **Be, Belong, & Become**.

This year, the YMCA Cape Cod recognizes the following Community Partners for their contributions to our focus areas of Youth Development, Healthy Living, and Social Responsibility.

### Youth Development

Children's Cove provides trainings and resources to our early education and summer camp teams, provides specialized care and response to incidents of abuse, and spreads awareness across the Cape & Islands so that everyone can help create a community where children are free of abuse, have a voice that is heard, and can enjoy healthy, safe, and empowered lives.

### Healthy Living

Edible Landscapes brings their mission of helping people grow food and connect with nature to the YMCA through gardens at Camp Lyndon and our Lyndon P Lorusso branch. From tending our gardens, to inspiring our children, to providing food for families, Edible Landscapes helped nearly 800 children in 2022 through YMCA gardens.

### Social Responsibility

At the YMCA, we never turn anyone away due to an inability to pay, thanks to the generous support of community partners like Falmouth Human Services. For the past three years, they provided scholarships for early education, out-of-school time, and summer camp programs that help Falmouth children and families thrive.

Community connections and engagement are at the heart of the YMCA. In addition to our community partner awardees, we want to acknowledge the hundreds of members, volunteers, donors, partners, and staff across the Cape that make our mission possible.

With gratitude,



*Stacie Peugh*

Stacie Peugh  
President & CEO  
YMCA Cape Cod



*Dave Botting*

Dave Botting  
Chief Volunteer Officer (Chair)  
YMCA Cape Cod

Welcome	3
Impact by the Numbers	4
We're Closer Than You Think	5
For a Better Us	6
Youth Development	8
Healthy Living	10
Social Responsibility	12
Lyndon Turns 50!	14
Upper Cape Sneak Peek	15
2022 Finances	16
2022 Donors, Sponsors, and Friends	18
Upper Cape Capital Campaign	22
Our People	26





Awarded in financial assistance for wellness programs, summer camp, and early education



Healthy meals distributed to families across Cape Cod



Enrolled in early education, school age programs, and summer camp



Children took swim lessons

## HELPING OUR COMMUNITY THRIVE



People attended our Fall Family Festival at Camp Lyndon



People attended Healthy Kids Day at the Lyndon P. Lorusso YMCA



People had Breakfast with Santa at Camp Lyndon



Active seniors stayed healthy through wellness programs, group exercise classes, and socialization

# '22 IMPACT BY THE NUMBERS



Teens from under-resourced communities participated in Y Achievers

# WE'RE CLOSER THAN YOU THINK

When people think of the YMCA Cape Cod, most only think about our main branch, the Lyndon P. Lorusso YMCA on Route 132 in West Barnstable, but we're much more than a building!

Across the country, each YMCA creates a unique combination of programs and services that respond to the needs of their community.



Lyndon P. Lorusso YMCA



YMCA Cape Cod Administration Offices

## Early Education Centers

Lyndon P. Lorusso Early Education Center	West Barnstable
Stony Brook Elementary Early Education Center	Brewster
North Falmouth Congregational Church Early Education Center	North Falmouth
Falmouth Hospital Campus Early Education Center	Falmouth
Cotuit Early Education Center	Cotuit
Harwich Elementary Early Education Center	Harwich
Hyannis Village Marketplace Early Education Center	Hyannis-Opening 2023

## School-Age Child Care

Lyndon P. Lorusso Early Education Center	West Barnstable
North Falmouth Elementary School	North Falmouth
East Falmouth Elementary School	East Falmouth
Mullen Hall Elementary School	Falmouth
Teaticket Elementary School	Teaticket
Harwich Elementary School	Harwich

## Summer Camps

YMCA Camp Lyndon	Sandwich
YMCA Camp Barnstable	West Barnstable
YMCA Camp WHOI/MBL	Woods Hole
YMCA Camp Falmouth	Falmouth
YMCA Camp Harwich	Harwich



# For a better us.®

The YMCA Cape Cod is committed to strengthening community by connecting all people to their potential, purpose, and each other. We have nearly 4,000 members, our programs and services respond to the unique needs of our community, and we succeed in changing lives thanks to support and input from dedicated staff, volunteers, donors, and program participants.

Each year, the YMCA raises more than \$2.8 Million to fund nutritious meal delivery, affordable childcare, summer camp, and wellness programs that we offer regardless of an individual's ability to pay. From childcare to chronic disease management, from youth sports to teen achievement programs, the YMCA Cape Cod is open to all and creates programs, services, and spaces where everyone can **Be, Belong & Become.**

## Youth Development:

Empowering young people to reach their full potential

Our Y Achievers Program provided high school students with career speakers, life skill activities, financial literacy programs, and college tours.



Our early education, after school, and summer camp programs were recognized as the Best of the Cape!



## Healthy Living:

Improving individual and community well-being



We provide affordable access to a pool and water fitness.



Team YMCA participated in the Falmouth Road Race, raising over \$15,000 to support Healthy Living Programs across the Cape.



Our Livestrong at the Y Cancer Survivor 12-week support and wellness program returned to meeting in person.



We distribute healthy meals to our childcare program sites, like affordable housing developments, churches, and community centers.



## Social Responsibility:

Providing support and inspiring action in our communities

Our annual golf tournament raised over \$115,000 to ensure YMCA programs are affordable and accessible to ALL.



Corporate and personal donations allowed us to serve over **127,000** healthy meals to families in need across the Cape.



Our Y is the regional administrator for the federal Head Start and Early Head Start program.

# YOUTH DEVELOPMENT

Empowering young people to reach their full potential

The YMCA is the region's largest provider of early education, including Head Start and Early Head Start programming. Our youth offerings include swim classes, sports, after school programming, teen college and career mentoring, and community service projects.



## EARLY EDUCATION

Nearly 200 families rely on the YMCA Cape Cod for year-round quality, affordable, fun, and educational care for their children under five. Young children gain familiarity with numbers, reading, and the arts, and develop gross motor and social skills.



## OUT OF SCHOOL TIME

Our affordable out of school-time programming enables another 200 families to achieve greater financial independence. Parents work a full-time job and know their children are safe, having fun, and getting the support they need to succeed in school.



## Y ACHIEVERS PROGRAM

Our Y Achievers Program mentored 25 high-school students from under resourced communities by providing career speakers, life skill activities, college tours and community service projects. This multi-year program is part of a national YMCA commitment to helping our youth succeed.



## BEST OF THE CAPE!

In 2022, we were awarded the "Best of the Cape" for our early education and summer camp programs!

We're honored to be recognized by our community, and look forward to continuing our work in 2023!



# 2022 COMMUNITY PARTNER YOUTH DEVELOPMENT

The YMCA is committed to providing safe places where all children can grow and learn, through a variety of other programs. That's why we require all staff to participate in child abuse awareness and prevention training. And, that's why we work with Children's Cove as our local partner to help assess potential unsafe situations and to provide on-going training or intervention. Children's Cove is the only agency of its kind in the region. They help educate professionals who work with children. Their staff help facilitate the collaboration of social and legal agencies to protect children. And, they spread awareness to help empower children to report right away. For their tremendous impact on our community, the YMCA is proud to award Children's Cove with the 2022 Community Partner in Youth Development Award.



Children's Cove teaches our staff how to identify potential abuse and how to look for rule breakers. The Y's partnership with Children's Cove makes a safer place for children and families here on Cape Cod.

— Denise Graham-Reardon,  
Executive Director Children & Families,  
YMCA Cape Cod



Early Education Staff Training  
May - 2022



## 2022 COMMUNITY PARTNER HEALTHY LIVING

There are so many benefits to gardening for people of all ages, but especially children. We know that children are more willing to try new foods and eat healthy foods if they have participated in growing it. Time outside and tending for plants builds a sense of wellness and confidence. That's why we partner with Edible Landscapes.

At our Camp Lyndon location, Edible Landscapes created a garden 631 campers tended, including 45 in our cooking specialty camp, who spent a lot of time in the garden. They ran the gardening program for Barnstable After School and Summer Camp this past year, engaging nearly 100 kids. We had 50 children under the age of 5 in our early education classrooms spending time in the garden as well. Thanks to Edible Landscapes sharing their time and talent, we see joy in children's faces when they try a vegetable for the first time they helped grow, pick, and prepare. Together, we've created a positive experience to fuel an interest in healthy living. We are pleased to recognize Edible Landscapes of Cape Cod as our Community Partner in the Healthy Living focus area this year.



Often the kids will say they want to help their mom start a garden. Or, they'll bring home seeds or plants to show their parents or siblings. That's the stuff we love. Getting to spread that joy of gardening.

— Marina Matos, Co-Owner, Edible Landscapes

# HEALTHY LIVING

## IMPROVING INDIVIDUAL AND COMMUNITY WELL BEING

The YMCA's wide variety of programs are centered on encouraging good health and preventing chronic disease. Programs like Pedaling for Parkinson's, LiveStrong Cancer Survivors, and accessible group classes provide important social connection points and individual wellness benefits of exercise. We also provide a diabetes resource center and access to nutritionists who advise participants on healthy eating. We integrate nutrition education into all youth programs with resources that children can share with their families.



### AQUATIC FITNESS

Across the Cape, residents rely on the YMCA to provide affordable access to a pool for swim lessons, lap swimming, aquatic exercise, swim team practice, family fun and therapy.



### INDIVIDUAL AND GROUP EXERCISE

Our busy fitness center includes equipment for strength and aerobic training as well as space for individual functional fitness routines. We offer group exercise classes such as yoga, Zumba, Pilates, and karate for youth.



### 127,000 WHOLESOME MEALS

The YMCA prepares healthy meals for more than 1,400 children enrolled in our programs. We deliver meals to community sites that are open to anyone in need of nutritious food.



## PEDALING FOR PARKINSON'S

"I have been in the Pedaling for Parkinson's classes for nine years under the watchful eyes of Bob Haff and staff. Over the years, I have seen improvement in my balance, strength in my legs, and most importantly, I feel that I have some control over the symptoms of the disease."

— Richard Prader, Y Member

# SOCIAL RESPONSIBILITY

Providing support and inspiring action in our communities

We are a community connector and resource. Donors enable us to provide affordable childcare including scholarships for families in need. Healthy Kids Day provides healthy foods and outdoor fun for 250+ people. We provide food pantries at early education sites, and deliver more than a hundred holiday meal baskets. More than 150 people have breakfast with Santa and receive donated toys at Camp Lyndon. None of these community activities, or services would be possible without the generous support from the community and grants we received for the past several years from Falmouth Human Services.



## SCHOLARSHIPS

More than 50% of the children enrolled in these programs come from low-income families, and many receive vouchers or scholarships. Children receive our award-winning care regardless of the family's ability to pay. In 2022, we provided more than \$435,000 in scholarships for children's programs.



## FOOD PROGRAM

The YMCA provides meals to families in need year-round at several community sites in low-income housing developments and community centers. As a designated manager of our region's Summer Eats program, we deliver to many more locations to reach families whose children receive free meals from school during the academic year.



## WELLNESS PARTNERSHIPS

The Y creates a welcoming place for all people to pursue their fitness goals. We partner with many organizations, such as LIFE, to encourage people with diverse abilities to participate in our programs and classes. We offer membership scholarships for those who otherwise could not afford to participate.



# 2022 COMMUNITY PARTNER SOCIAL RESPONSIBILITY

The YMCA is committed to providing high-quality, affordable early education and care. In this economy, it is extremely challenging. We could never do it without the generous philanthropic support from Falmouth Human Services. For the past three years, Falmouth Human Services has granted funds to help us offer scholarships to Falmouth families who need care. Like the YMCA, Falmouth Human Services understands that quality early childhood education is essential for setting children up for a lifetime of success. Making childcare affordable for working families is essential to economic mobility and helping our communities thrive. Nearly 250 children are enrolled in the YMCA's early education or school age childcare programs in Falmouth. Falmouth Human Services' annual grant helps support scholarships for more than 70 children under 5 and more than 20 school age children each year.

The great thing about Falmouth Human Services is we care about the total well-being of our community from housing, to childcare, to health, and we don't have to do everything ourselves. For us it's about partnering with the right people to get the job done.

– Suzie Hauptmann, Director, Falmouth Human Services



## PLANNED & LEGACY GIVING

Every community needs a **Y**,  
but to ensure the Y can be a place where everyone  
is free to **Be** themselves,  
feel they **Belong**, and work to  
**Become** the best version of themselves,  
it takes a **community**.

To learn more about planned and legacy giving, and ensure that each generation of Cape Cod children are able to Be, Belong, and Become, please contact PJ Richardson, at [pj@ymcacapecod.org](mailto:pj@ymcacapecod.org) or 774-994-7656

We are thrilled to reflect on the success of Camp Lyndon's 50th Anniversary Celebration. Over 200 guests joined us as we marked this momentous milestone in our organization's history. Thanks to the incredible support and generosity of our attendees, we were able to raise an impressive \$300,000 for capital improvements to the camp and scholarships to support our work providing a safe and nurturing environment for youth in our community.

We also hosted several other events to honor Lyndon's 50-year legacy. Our History Hall Exhibit offered a fascinating look back at our humble beginnings and the evolution of our summer camp program over the decades. The Legacy Brunch brought together new and longtime supporters to share memories and stories of the impact Camp Lyndon has had on the lives of countless children and families over the years. Family Fun Day provided a chance for the greater community to come together for a day of games, activities, and reconnecting with old friends.



# HONORING OUR PAST



## Camp Lyndon 50<sup>th</sup> Anniversary Committee

- |  |  |   |   |
|--|--|---|---|
| <b>Dave Bennett</b> – Committee Chair<br>Andrew Coleman<br>Craig T. Rockwood, Esq. | <b>Eddie Jay Jr.</b><br>Jeremy Shea<br>Joanie Sutherland<br>Katie Wagenblass | <b>Kevin Pepe</b><br>Liz Rabideau<br>Marty DeMartino<br>Patty Mitrokostas | <b>Peter Dubay</b><br>PJ Richardson<br>Tom Brognano |
|--|--|---|---|

## Honorary Committee

- |   |  |  |                 |
|---|--|--|-----------------|
| Lyndon P. Lorusso Charitable Trust<br>*Bill Archibald<br>Doug Bohannon<br>The Cole Family<br>*Norman & *Sally Cross | Indian Princesses & Guides Nation<br>Greg & Robin Gouveia<br>Don Johnson<br>Sam & Judith Lorusso<br>Neil Pratt | Donald C. McGraw Foundation<br>Sheldon Segerman<br>*Jack & Janet Sullivan<br>Jack Sullivan<br>*Fred & Mary Beth Thatcher | *= Posthumously |
|---|--|--|-----------------|

Last year, we launched the quiet phase of our \$35M capital campaign to build a new YMCA Branch in Falmouth. We have secured land on Brick Kiln Rd. and developed schematic drawings and site plans for permitting. This vision will provide a safe, modern, and welcoming space for all to enjoy, with a wide range of programs and services to benefit the local community.

Multiple volunteers are bringing this vision in to focus and securing the charitable support needed.



For a full list of donors who have made a contribution to the Upper Cape Capital Campaign see page 22

# INVESTING IN OUR FUTURE



# 2022 Financials

## Comparative Statement of Activities

### Revenue and Support

	2022 Actual (unaudited)	2021 Actual (audited)
Operating Revenue	\$5,978,977	\$5,463,764
Charitable/Government Support	\$9,626,990	\$6,312,817
<b>Total Revenue and Support</b>	<b>\$15,605,967</b>	<b>\$11,776,581</b>

### Expenses

Total Salary & Benefits	\$6,214,689	\$6,038,907
Total Operating Expenses	\$4,615,279	\$3,679,369
<b>Total Operating Expenses</b>	<b>\$10,829,968</b>	<b>\$9,718,276</b>

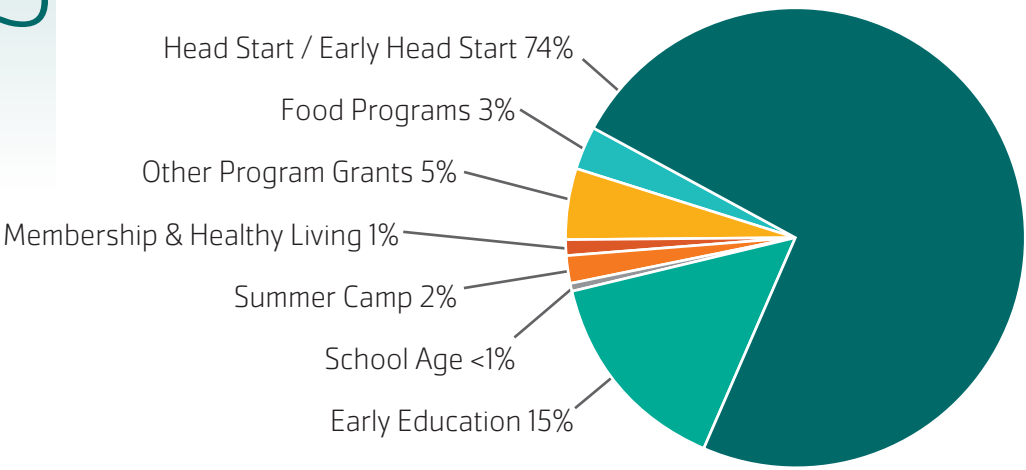
<b>Increase in Net Assets</b> (prior to depreciation)	<b>\$4,775,999</b>	<b>\$2,058,305</b>
<b>Depreciation and Amortization</b>	<b>\$394,240</b>	<b>\$443,908</b>
<b>Increase (decrease) in Net Assets</b>	<b>\$4,381,759</b>	<b>\$1,614,397</b>

## Comparative Balance Sheet

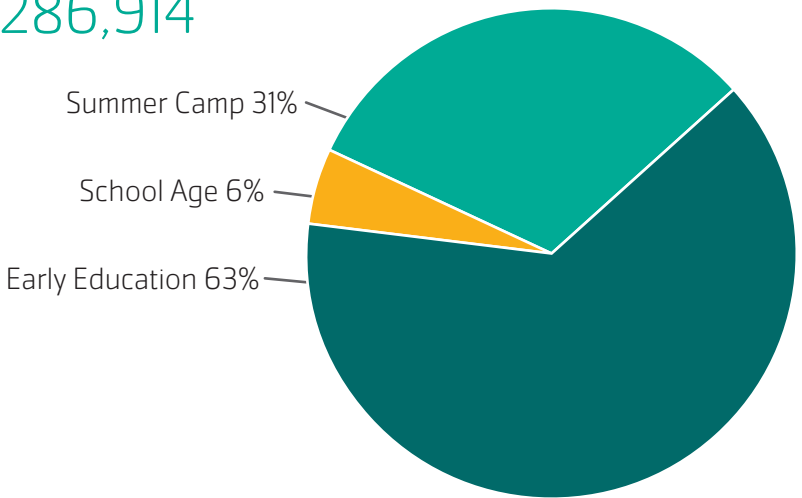
	2022 Actual (unaudited)	2021 Actual (audited)
Total Assets	\$18,743,936	\$9,249,162
Total Liabilities	\$8,656,891	\$3,549,244
Unrestricted Net Assets	\$5,286,305	\$4,761,577
Temporarily Restricted Net Assets	\$4,800,740	\$938,341
<b>Total Net Assets</b>	<b>\$10,087,045</b>	<b>\$5,699,918</b>

2022 Total  
Financial Aid  
\$2,830,983

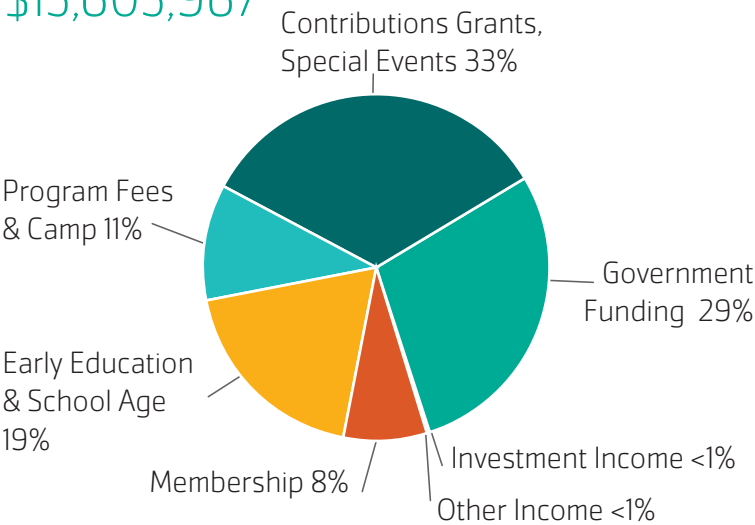
Direct Financial Aid 2022  
\$2,544,069



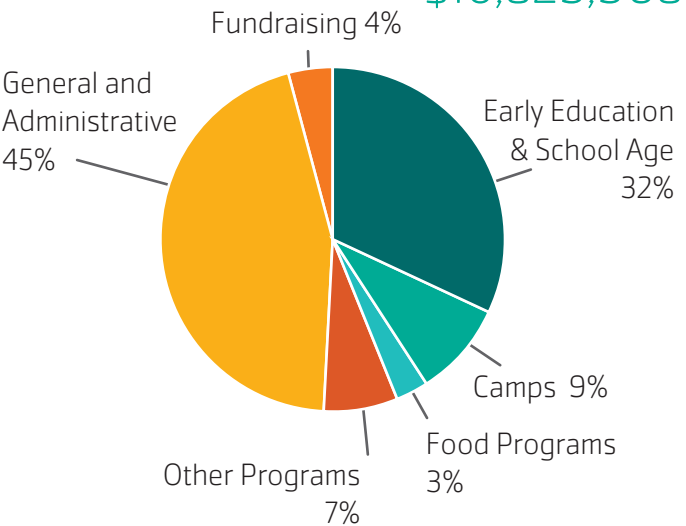
Indirect Financial Aid 2022  
\$286,914



Revenue 2022  
\$15,605,967



Expenses 2022  
\$10,829,968



A large percentage of community donations go to provide scholarships for Early Ed & School Aged care for families who could otherwise not afford it. One recipient, Amy\*, a first grader who, with her mother, faced housing instability so dire that at times they were sleeping in their car. Knowing her child had a safe place to play and be a kid enabled Abigail\* to focus on financial stability. Abigail recently gave our staff a letter saying, "Thank you for being understanding and supportive...You are great with the kids, kind, and awesome. I'm not sure what I would do without you guys".

\*names changed for privacy reasons

# 2022 SPONSORS & DONORS

## Founder \$50,000+

George I. Alden Trust  
Alliance of Massachusetts YMCAs Inc.  
Town of Barnstable  
Cape Cod Healthcare  
Donald C. McGraw Foundation

Commonwealth of Massachusetts  
Dept. of Early Education & Care  
Dept. of Elementary & Secondary Education  
Gregory & Robin Gouveia  
Donald C. McGraw Foundation

## President's Club \$25,000+

The Albertsons Companies  
Foundation

Fred J. Brotherton Charitable  
Foundation

YMCA of the USA

## Fellow 10,000+

Barnstable Public Schools  
Greg & Jeannie Botsivales  
Cape Cod Foundation  
Massachusetts Dept of Industrial Accidents  
The Cooperative Bank of Cape Cod

LL Bean  
Martha's Vineyard Bank Charitable Foundation  
Roessner Family Foundation  
Santander Bank

## Leader \$5,000+

BankFive Foundation Fund  
Cape Cod 5  
Cape Cod 5 Foundation  
Matthew & Katie Cole  
Commercial Realty Advisors

DA Michael O'Keefe  
Diesel Direct  
The Joyce Companies  
Joyce Landscaping  
James & Alice Liljestrand  
Lawrence-Lynch Corp Foundation

River Walk Resort  
Rockland Trust  
Joanne & Steve Treistman  
Twin Acres Ice Cream Shoppe  
Williams Building Company

## Champion \$2,500

Always Green of Cape Cod  
Avangrid  
Susan Bouchard  
Blue Cross Blue Shield of MA  
Thomas Carvalho  
Dellbrook JKS

Eastern Bank  
EJ Jaxtimer Builders  
Marilyn Galligan  
Hy-Line Cruises  
KAM Appliances  
Edward Langley

Monomoy Real Estate & Construction  
Pretty Picky Properties  
Michael Princi  
Rideaway Adventures  
Rogers Gray Insurance  
Rotary Club of Hyannis

## Chairman's Roundtable \$1,000+

Freeland K. & Janet G. Abbott  
AdaptHealth  
Balise Motor Sales  
BankFive  
Beacon Gardens at Osterville  
David Bennett  
Jason Bordun  
David & Mary Botting  
Donald Bracken  
Brand Accomplished  
Matthew Burke  
Mario & Carol Campos  
Candace & Peter Ruffeth Fund  
Cape Associates Builders, Inc.  
Carson Family Foundation  
Clarkston Consulting  
Stephen & Mary Beth Clay  
The Steve & Mary Beth Clay Family  
in honor of Greg & Robin Gouveia  
Jeanne Cole  
Compass Moving  
Rodney Corson  
William Crowell  
John Curtis  
Allison Davis  
Peter Dubay in memory of  
Meghan Sullivan McCormack  
Dennis Ducharme & Heidi McDonald

Executive Landscaping  
Falmouth PMW, LLC  
Glenn Colby  
FW Webb Company  
Good Habits Financial  
Pat & Denise Graham-Reardon  
Grassroots Irrigation  
Green Seal Environmental, LLC  
Hilco Valuation Services, LLC  
Hog Island Beer Company  
Donald Johnson  
Justin & Mande Blair  
Zachary Karmen  
Keller Williams  
Katherine Martino  
Marty DeMartino & Eddie Jay, Jr  
Amy Massey  
Jack McCarthy  
Paul Miskovsky  
Bryan Noe  
Oceanside LLC  
LeeAnn O'Dea  
Out on a Limb Landscaping  
Denis Parvin in memory of  
Meghan Sullivan McCormack  
Richard Penn  
Stacie Peugh  
Pleasantwood Homes

Missy & Colin Politi  
Liz (Elizabeth) Rabideau  
Nancy & Cary Rea  
Ready Rooter Inc.  
PJ & Naomi Richardson  
Rebecca Richardson  
Craig & Kay Rockwood  
Rotary Club of Osterville  
Ryan Family Amusements  
Pamela Sande  
Second Osterville LLC  
Gary Sheehan  
Shoreland Realty  
Kathy & Ron Silvia  
Stanley Steemer  
Stephan P. McMahon & Company, Inc.  
Kerry Sullivan in memory of  
Meghan Sullivan McCormack  
Laura Tanguilig  
TD Bank  
Rebecca Thomas  
Tracy Volkswagen  
Vanasse Hangen Brustlin, Inc.  
West Parish of Barnstable  
Betsy Whitters  
Samuel & Nancy Yee  
Naomi Zigmund



Camp Firefly at Camp Lyndon is such an important program that enables LGBTQ identifying young people to have the quintessential summer camp experience with hundreds of other children while also being supported and making connections within their camper group. We've seen shy children come out of their shell and really blossom at Camp Firefly.

– Amy Kerr, Camp Firefly Coordinator

Friend \$500+

Anonymous  
Aerocape Aviation  
The Barbara Angus Fund of  
the Cape Cod Foundation  
The Baltimore Family Fund  
Bayside Mattress Factory  
Big Tree Video  
Bilezikian Family Foundation  
Kathryn Biscoe  
Tom & Emily Brognano  
Andrew Burnett  
Cape & Islands District Attorney’s Office  
Cape Cod Holiday Estates  
Condominium Trust  
Todd Carson  
Chatham Bars Inn  
Commercial Realty Advisors

Kimberly DeSisto  
Dowling & O’Neil Insurance  
Rose Ann Francis  
Rob Galibois  
Joseph Graham  
HR at Work LLC  
Stephen Johannessen  
Janice Kinder  
Lawrence–Lynch Corporation  
Patricia Lotane  
Jonathan McGugan  
Larry Bennett & Lauren McWilliams in  
memory of Meghan Sullivan McCormack  
Jay & Wendy Merchant  
Eileen & Dana Miskell  
Michelle Noe  
On Time Supply

Robert B. Our Co.  
Barry & Deirde Paster in memory of  
Vinny Holland  
Kurt Raber  
RCL Management Team in memory of  
James E. Murphy  
Reel Grit Sportfishing  
Tim Sawyer  
Mary Ann & Brian Storms  
SV Design  
Beth & Bert Talerman in memory of  
James E. Murphy  
Catherine Turner  
Scott Vandersall  
Jennifer Watkins  
Whole Health Pharmacy  
Myra Willis

Lenny & Warren Collins  
Sarah Colvin  
Conway College Aid, LLC  
Lloyd Cook  
John Cooper in memory of  
Betty Cooper  
Patricia Corey  
Barbara Cotton  
Michael Curi  
Eric Dahlke  
Henry & Carolyn Dewolf in memory of  
Vinny Holland  
Leonard DiLorenzo  
Amy Doherty in memory of  
James E. Murphy  
Michael Donovan & the Donovan  
Family  
David Doolittle  
Peter & Carol Dubay  
The Harold & Mary Ellis Family in  
memory of James E. Murphy  
Nancy Field  
Timothy Flaherty  
Carla Goodwin  
Dennis & Kathleen Gorelick in memory of  
James E. Murphy  
Barbara Graham  
Stuart Graham  
Joe Gramm  
Susan Harrison  
Andrew Haskell  
Pamela Havey  
Jane Hawkinson in memory of  
James E. Murphy  
Jamie Hoffman & the Hoffman Family  
Steven Hubbard

Supporters 100+ CONTINUED

Hyannis Whale Watch Cruise  
Nancy Jones in memory of James E. Murphy  
Janice Jones  
Thomas M. Keane  
Georgiana Keefe  
Keep It Clean  
Deb & Rich Kenney  
Emily Kosoff  
Joanne Kubiak  
Brian Lewis  
Matilda Ligon  
Richard Loring  
Raj Mahabir  
Amanda McCarty  
Paul & Katherine McDonough  
Scott McNair  
Sharman McNally  
John McWilliam  
Margaret Mehmel & Charles Mehmel  
Eddie Mikus  
William Moore  
Shawna Moos  
Sharlene Moran in memory of  
Meghan Sullivan McCormack  
Nauset Disposal  
Eric Noe  
Jeffrey Noe  
Lisa Oakley  
Heather Olenik  
Jan & Bob Paninski  
Jennifer Paterson in memory of  
James E. Murphy  
Michael Patterson  
E. Stuart Peoples  
Maryann Piccirilli  
Robert Pierce in memory of William J. Pierce

The Prajzner Family in memory of  
James E. Murphy  
Robert Prall in memory of  
James E. Murphy  
Raquel Queiroz  
Lori Raber  
Roxanne Reardon  
Robies Heating & Cooling  
Roche Bros. Supoermarkets  
Sharon Rooney  
Pat Selemom in honor of  
A. Lovell Elliott  
Anthony & Paula Serani  
Timothy Silva  
Chris Simmler  
Raven Smith  
Mark & Gail Snyder  
StayGreen Irrigation  
Steamship Authority  
John Stephenson  
John Sullivan  
Joan Sutherland  
Anne Swanson  
Grace Tanguilig  
Sarah Taylor  
Zana Varner  
Katherine Vennerbeck  
Amelia Visceglio  
Jan Wade  
Lynne Waterman  
Michael Whitty & the Whitty Family  
Kimberly & Bruce Williams in memory of  
James E. Murphy  
Andrea Wolf  
Taylor Yazzie–Lambert  
Patti Zilewicz

Helping Hands \$250+

Melissa Alden Law  
Anonymous  
Donald & Dee Aukamp  
Kristen Baroni  
Patricia Besse  
Jason & Jocelyn Bordun  
Sandra Breitborde  
Daniel Button  
Robert Button  
Cape Cod 5 in memory of James E. Murphy  
Cape Codder Resort  
Andrew & Elizabeth Clancy–Coleman  
Craig & Maria Cornwall  
Paul Coronella  
Nancy Correia  
Jeff Cotto

Tad Dahlke  
Becky Dowd  
Jim & Beth Helgerson  
Daniel Higgins  
Rebecca Hill  
James Hobbs  
Carl Hokanson  
Edward Jay Jr.  
The Karibbean Lounge  
Jack Keefe in honor of Georgie Keefe  
Amanda Kravitz  
John Littlefield  
Linda Mayo  
Jessica McDonough  
Janet Paninski  
Keith & Julie Peterson

Anne & Jim Preisig  
Eric Raines  
Sam’s Family Restaurant  
Janice Sauro in memory of  
Meghan Sullivan McCormack  
Marjorie Solbo  
Jeffrey Spilman  
Benedict Stadelmaier  
Debra Swanson  
Victor Viola  
Janet Wade  
Stephen Waite  
Wayne White  
Bill Wishart  
Marie Younger–Blackburn

Dennis & Kathleen Gorelick in memory of  
James E. Murphy  
Barbara Graham  
Stuart Graham  
Joe Gramm  
Susan Harrison  
Andrew Haskell  
Pamela Havey  
Jane Hawkinson in memory of  
James E. Murphy  
Jamie Hoffman & the Hoffman Family  
Steven Hubbard

Sharlene Moran in memory of  
Meghan Sullivan McCormack  
Nauset Disposal  
Eric Noe  
Jeffrey Noe  
Lisa Oakley  
Heather Olenik  
Jan & Bob Paninski  
Jennifer Paterson in memory of  
James E. Murphy  
Michael Patterson  
E. Stuart Peoples  
Maryann Piccirilli  
Robert Pierce in memory of William J. Pierce

Michael Whitty & the Whitty Family  
Kimberly & Bruce Williams in memory of  
James E. Murphy  
Andrea Wolf  
Taylor Yazzie–Lambert  
Patti Zilewicz

Supporters 100+

Aluminum Products of Cape Cod  
Danielle Anderson  
Lois Andre  
Anonymous  
Gretchen Anthony in memory of  
Vincent B. Holland  
Dave Baker  
Ball & Boyd Public Adjusters Inc.  
Bennett Environmental Associates, Inc.

Jennifer Berger  
Dawn Betterley  
Henry Blenke  
Paula Blumenthal  
Devan Bolinder  
Bob Bortolotti  
Valerie Brown  
Sandra Brun  
Patricia A. Burke

William Carey  
Bill Carr  
Inez Chagnon  
Nilda Chajon–Navas  
Ceceilia Chin  
Heidi Clark  
Stuart Clark  
CMS Landscape  
Coastal Engineering

+146  
DONORS UNDER \$100  
Thank you to ALL of our donors whose contributions  
allow families all across Cape Cod to Be, Belong, and  
Become at the YMCA Cape Cod



# UPPER CAPE CAPITAL CAMPAIGN

Building a Y doesn't happen overnight; it takes lots of work by dedicated volunteers to help share our mission and impact. We are lucky to have such dedicated, community oriented, people sharing the positive impact we're having not only in Falmouth, but across the Cape!

The purpose of the Capital Campaign Leadership Cabinet is to provide leadership, guidance, and support for the campaign by setting the fundraising goal, developing a strategic plan, identifying and soliciting major donors, and providing direction to other volunteers and staff members involved in the campaign. Kicking off our campaign in 2022 was a big step, but with this shared sense of purpose, cabinet members got right to work, brainstorming ideas, reaching out to potential donors, and providing guidance and support to others involved in the campaign. Thank you for your leadership, guidance, and vision!

## CAPITAL CAMPAIGN LEADERSHIP CABINET

Bob* & Jeanne Antonucci Dave & Mary Botting Steve & Mary Beth Clay Dan Conley Dennis Ducharme & Heidi McDonald	Jim & Susan Ferrera Nicole Gabai Paul Gaffney Karen Gardner & Tom Souza Roy Heffernan Joe Hebert	Alissa Hike Harris Mark & Carla Hutker Mary Kaminski Karl Matlin & Holly Harte Eileen* & Dana Miskell Joe Onstott	Nancy & Cary Rea Dan Solien & Kris Horiuchi Dr. Tom Sbarra Mary Ann & Brian Storms Christian Valle *Campaign Co-Chairs
--	---	--	---

## CAPITAL CAMPAIGN DONORS FROM BEGINNING TO MARCH 2023

Mark & Cindy Albers Judy Allen Paul Angland Anonymous Eric & Lisa Asendorf Donald & Dee Aukamp Bad Martha Falmouth Brewery Ellen Bailey Pilar Bairaktaris Dr. Curtis Bakal Lary & Susan Ball Rebecca Baltes Bank of America Employee Giving Campaign Tyler Barron Peter Barry Camille Beale Michael Beaudet Cynthia Becker Linda Beetlestone Geraldine & John Benedict Lea Benson Heather Benway Michael Blanton Paula Blumenthal Betsy Bobo Andrew Borgese Gloria Borgese	Susan Borst Jim & Debbie Bowen James Bowen Richard Boyden Joan Boyer Janet Bridges-Clancy Christina Brodie Liz Brown M. Kathryn Brown Renie Bruun Gayle Bryant Micahel Bryant Maureen Burke Susan Burke Janet Burris-Wessling Luanne Butler Ursula Caiola in honor of The Curi Family Geraldine Camilli Mario Campos Aaron Canter in honor of Vincent Alfieri Salvatore Carbonetto C. Cary & Nancy Rea Rodney Catanach William Cavanaugh Chapman Funerals & Cremations Fidelity Charitable	Sara Chase Jack Clancy Marybeth Clark The Steve & Mary Beth Clay Family Cape Cod Church Cape Cod Five Foundation/ Five Cents Savings Bank Cape Cod Foundation Sarah Colacicco Leonard Collins Maggie Collins Community Health Center of Cape Cod Voikos Construction Annie Cool Barnstable County Deputy Sheriff's Association Mary Crowley Dr. Michael Curi in honor of Joseph Curi MD Molly Curran Rona Davis Michael & Syrel Dawson Michael Dawson Paul & Debra Demeo Jessica Desisto Kim Desisto Paul Dimond Louise A. Dionne Jonathan DiPaolo
---	---	---

Cleveland H. Dodge Foundation, Inc. Paul & Carrie Donahue Diane Droste Lisa Drouin Dennis Ducharme Thomas Duncan Mary Edgar Karen Epstein in honor of Zachary Karmen The Falmouth Fund of The Cape Cod Foundation Falmouth Jewish Congregation Falmouth Road Race Ellen Ferguson Sally Ferreira Karen & David Firestone JoAnn Fishbein Eileen Fitzgibbons Scott Fitzmaurice Sarah Flynn Austin Foundation George Frederick Jewett Foundation East Margaret Frieswyk Jordan Frye Elizabeth Fuller Nicole Gabai Patricia Gadbsy Ruth & Harold Gainer David Garber Karen L. Gardner Kelly Garrigan Carol Garvey Bethany Geatrakas Mike Giancola Kathryn Giardi Kim & Eric Giler JoAnn Goetz Joel Gore Robert & Marianne Gould Kalina Grabb Patricia & David Grace Gradient Stuart Graham William Grant Esq. Ryan Greene Sue Godfrey Gregory Caron Gregory Kayleah Griffen Dr. Melinda Hall & Dr. Lawrence Pratt
---

Dale Hamilton-Powers Carrie Hammond Pamela Harting-Barrat Lilan Hauser Deborah Hayden Sean Hayes Joe Hebert Roy & Clare Heffernan Christie Hegermiller Nancy Heller Alissa Hike Harris Olivann Hobbie Kris Horiuchi & Daniel Solien Alan Horowitz in honor of Dr. Tom Sbarra & Dan Solien
---

Anne Kent Patricia Keoughan Janice Kinder Susan Kinsella Cathy Kligler Judy Kostka John Krug Barbara Kupfer Barbara Kurz Karen Lacasse Sylvia Langford James & Marilyn Large Lauren Large The LaRocca Family Debra Laster
---



Jennifer Markello in memory of  
Kenneth J Fox  
Tedi Marsh  
Mashpee Women's Club  
John & Janice Massaua  
Basia McAnaw  
Kate McCabe  
Amanda McCarty  
Helena McDonough  
Katherine McDonough  
Todd McHenry  
Theresa McKee  
Sally McRaven  
John & Joan McWilliam  
Nanine Meiklejohn  
Sondra Mercandetti  
Kirstin Meyer-Kaiser  
Martha Miller  
Greg Mills  
Eileen & Dana Miskell  
Scottie Mobley  
Emily Mommsen  
Aran Mooney  
Joe & Karen Moore  
Kathleen Moriarty  
Gary & Lynn Morse  
Kathy Mortenson  
Emily Mullane  
Kindra Muntz  
Kyle C. Murphy  
Katherine Jane Murphy

Brianna Murphy  
Murray & MacDonald  
Insurance Co. Inc  
Northwestern Mutual  
Desi Nedeva  
Jill Neubauer  
Misty Niemeyer  
Bryan & Elaine Noe  
Bryan Noe in memory of  
Elaine Noe  
Brenda Nolan  
Maureen Nolan  
Linda Norris  
The Northwestern Mutual  
Foundation  
Northwestern  
Gregory Nye  
Jean Obrien  
The O'Herron Family  
Jonathan & Anne Burleigh, C.Alec &  
Sarah, Jonathan Jr. & Maria  
Rudolph & Nanette  
Oldenbourg  
Val & Jeff Oppenheim  
Elizabeth Owens  
Owens Giving Fund  
Maria Pachiadaki

Janet Paninski  
Saul Pannell & Sally Currier  
Carolyn Partan  
Elsa Partan in honor of  
Anne & Jim Preisig  
George Pelletier in memory of  
Alma Pelletier  
Robert L. Perry  
Robert L. Perry in memory of  
Louis & Therese Perry  
Matthew Person  
Robert Pettitt & Delia Oppo  
Stacie Peugh  
Belvidere Plains Association Inc.  
Oceanside Pools  
Anne & Jim Preisig  
James Preisig  
Anne & Edward Pride  
Stephanie Prior  
Jenny Putnam  
Linda Rakowski  
Shannon Rauch  
Weichert Realtors  
The Mooney Reed Charitable  
Foundation  
Richard & Rita Rehberg  
Paul Rifkin

The Robertson Foundation  
Jennifer Rogg  
Victoria Rothbaum  
Elizabeth Saito  
Salt Architecture Inc.  
Diane Salter  
John Scanlan  
Geraldyn Schad  
Johanna Schlegel  
Katherine Schwartz  
Joseph Senna  
Chris Simmler  
Deb Simon  
Esther Simon Charitable Trust  
Elizabeth Simonds Colt  
Judith Singer  
John Skidmore  
Wendy Slate  
Mary Jane Smith  
Giulia Smith  
Kate Smith  
Karen Soenen  
Marc Solomon  
Jean Buda Stern & Lewis R. Stern  
Edward M. Stern & Ann

Swanson Stern  
Ann Stern  
Pamela Steudler in recognition of  
Jamie Connell  
Stacy Stokes  
Mary Ann & Brian Storms  
Joseph Stout  
Strike Zone  
Atlantic Subaru  
Hillary Sullivan  
Hilary Sweet  
Tamara Takoudes  
Denise Terry  
Marcia & Geoffrey Thompson  
James Tietje  
Dolores & Anthony Tocci  
Robert Todd  
Oysters Too  
Falmouth Toyota  
Linda Traykovski  
Joanne & Steve Treistman in memory of  
Elaine Noe  
Ann Treistman  
Ethan Treistman in honor of  
Joanne Treistman  
Skidmore Treistman Family  
Lee & Lou Turner  
Christine Uljua

Olivia Valadao  
Casa Vallarta  
Claire Valle  
Tim Verslycke & Patricia Pinto Da Silva  
Deb Vieira  
Martha's Vineyard Savings Bank  
Judee Walman  
Stephen Walsh  
Scott Wankel  
Craig Warner  
Susan Warren  
Meryl Watson  
Ellen Weiss  
Walter Weld  
Susan Weliky  
Philip & Kathy Wessling  
Kate Wessling & Scott McDonald  
Pamela Wessling  
West Falmouth Aluminum & Glass  
Alexis White  
Sheri White  
Linda & John Whitehead  
Eric Whiteley  
Betsy Whitters  
Jessica Whritenour

Isabelle Williams  
Veronika Wills  
Bill Wishart  
Colleen Wood  
Woods Hole Woman's Club Inc.  
Amber York  
Naomi & Michael Zigmond  
Joshua Zimmerberg & Teresa Jones  
Andrew Zimmerman & Susan Connors  
Seth Zippel

UPPER CAPE Y  
FACILITIES DEVELOPMENT  
COMMITTEE

Dennis Ducharme –Chair  
Karen Gardner  
Mike Giancola  
Alissa Hike Harris  
Mark Hutker  
Joel Kubick  
Dave Peterson  
Jim Preisig  
Anne Pride  
John Scanlan  
Dan Solien  
Mark Solomon



2023 – BOARD OF DIRECTORS

**Chair**  
**David Botting**  
Community Connections Inc.

**1st Vice Chair**  
**William “Brad” Crowell**  
Community Member

**2nd Vice Chair & Secretary**  
**Allison Davis**  
Comcast

**Treasurer**  
**Steve Johannessen**  
Cape Cod Five Cents Savings Bank

**Ex Officio**  
**Liz Rabideau**  
Community Connections Inc.

**Members**  
**Dave Bennett**  
Community Member

**Justin Blair**  
Monomoy Group

**Jason Bordun**  
Cooperative Bank of Cape Cod

**Matt Burke**  
Cape Cod Five Cents Savings Bank

**Mario Campos**  
Stanley Steemer

**Stephen Clay**  
Clay Realty Group

**Marc Craig**  
Town of Foxborough Human Services

**Dennis Ducharme**  
Inn Season Resorts

**Zachary Karmen**  
Community Member

**Janice Kinder**  
Workplaces Can Work

**Ed Langley**  
BNY Melon Financial Corp.

**John McCarthy**  
Appletree Institute for Education

**Anne Preisig**  
Anne Preisig Personal Training

**Barbara Robbins**  
21st Century Community Learning Center

**Eric Raines**  
Federal Deposit Insurance Corp.

**Craig Rockwood**  
Law Office of Craig Rockwood

**Pamela Sande**  
Your HR at Work

**Rebecca Thomas**  
Thomas & Wickenheiser LLC

SENIOR LEADERSHIP TEAM

**Jen Bozek**  
Operations Director

**Andrew Coleman**  
Marketing & Communications Director

**Mark Flanagan**  
Vice President of Properties

**Rose Ann Francis**  
Senior Administrative Coordinator

**Denise Graham-Reardon**  
Executive Director Children & Family Services

**Shawna Moos**  
Vice President of Development

**Stacie Peugh**  
President & CEO

**Missy Politi**  
Chief Financial Officer

**PJ Richardson**  
Chief Financial Development Officer

PAST BOARD CHAIRS

**Wendell P. Chamberlain**  
1966-1968

**Robert Donahue**  
1969-1970

**Donald P. Tulloch**  
1971-1973

**Charles L. Odams**  
1974-1975

**Thomas DePaola**  
1976-1978

**John R. MacLelland**  
1979-1981

**Daniel Swartz**  
1982-1983

**Richard O. Schrader**  
1984-1985

**John Kayajan Campaign Chair**  
1985-1991

**Jon A. Glydon**  
1986-1987

**John T. Turner**  
1988-1989

**Thomas N. George**  
1990-1991

**John Holland**  
1992-2001

**Craig T. Rockwood, Esq.**  
2002-2006

**Steve Lowell**  
2008-2009

**Doug A. Bohannon**  
2010-2011, 2014-2015

**Eliza Cox**  
2012-2013

**Dennis Ducharme**  
2016-2017

**Mark Skala**  
2018

**Laurel Hartman**  
2018-2019

**Liz Rabideau**  
2020-2021

AMBASSADORS COUNCIL

INCLUDES PAST BOARD CHAIRS (ON PAGE 26)

**Joel Crowell**  
**Marty DeMartino**  
**Peter Dubay**  
**Rick Fenuccio**  
**Meredith & Tony Glydon**  
**Brian Griffin**  
**Sue Kingston**

**Rana Murphy**  
**Neil Nicoll**  
**Wendy Northcross**  
**Lisa Oliver**  
**Kristin O’Malley**  
**Kevin Pepe**

**Michael Princi**  
**Michael Robinson**  
**Sheldon Segerman**  
**Joanie Sutherland**

**Vic Viola**  
**Ann Williams \***  
\*Posthumously



## **FOR COMMUNITY**

Welcome to the YMCA Cape Cod! We're an inclusive organization of all kinds of people with a shared commitment to nurture the potential of youth, promote healthy living, and foster social responsibility.

## **OUR CAUSE & COMMUNITY PRESENCE**

At the Y, strengthening community is our cause. We work side-by-side with our neighbors throughout Barnstable County to help kids and families thrive – and apply their positive behaviors and goals at home, school, the workplace, and beyond.

## **OUR MISSION**

To serve the Cape Cod community by providing programs rooted in our core values of caring, honesty, respect, and responsibility that build a healthy spirit, mind, and body for all.

## **OUR CORE VALUES**

Honesty, Caring, Respect, Responsibility

## **EQUITY FOCUSED**

The Y actively promotes a culture free from bias and injustice. We are dedicated to removing institutional and systemic barriers that result in oppression and racism. We will be accountable to marginalized communities for creating equitable and sustainable environments where social justice is woven into every facet of our programs, and by caring for our communities in a culturally versatile and respectful manner.

## **EVERYONE IS WELCOME**

The Y is a membership organization open to all people. We welcome women, men, non-binary people, girls, and boys of all ages, races, ethnicities, religions, abilities, sexual orientations and financial circumstances. Our programs and branches embrace diversity, reflecting the people and needs of our communities.

**YMCA CAPE COD**

100 INDEPENDENCE DRIVE SUITE #2

HYANNIS, MA 02601