



Lyndon P. Lorusso YMCA
 2245 Iyannough Road
 West Barnstable, MA 02668

SMALL POOL SCHEDULE

January 1st - January 31st

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 AM	Aquathritis Barbara	Aqua Core & Strength Shannon	Aquathritis Barbara	Water Exercise Susan	Aquathritis Patti	Swim Lessons	Open Swim Closed @ 12:30 pm
9:00 AM	CLOSED						
10:00 AM	OPEN SWIM	OPEN SWIM	OPEN SWIM	Swim Lessons	OPEN SWIM		
11:00 AM	Closed 11:00-11:15						
11:15 AM	Aquathritis Barbara	Aqua Yoga Kay Outwin	Aquathritis Barbara	Aqua Yoga Kay Outwin	Aquathritis Sandra	Open Swim Closed @3pm	
12:15 PM	CLOSED to Members 12:15 pm - 3:00 pm						
1:00 PM							
3:00 PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	CLOSED	CLOSED	
4:00 PM					LPL After School Program		
5:30 PM					OPEN SWIM		
6:30 PM	Water Exercise Susan @6:45-7:30		Water Exercise Susan @6:45-7:30		CLOSED		

* Pool schedule is subject to change based on staff availability & programming needs

Updated 1/2/25