



Lyndon P. Lorusso YMCA
 2245 Iyannough Road
 West Barnstable, MA 02668

SMALL POOL SCHEDULE

December 1st – December 31st

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
8:00 AM	Aquathritis Barbara	Aqua Core & Strength Shannon	Aquathritis Barbara	Water Exercise Susan	Aquathritis Patti	Swim Lessons		
9:00 AM	CLOSED							
10:00 AM	OPEN SWIM	OPEN SWIM	OPEN SWIM	Swim Lessons	OPEN SWIM			
11:00 AM	Closed 11:00 am – 11:15 am							Open Swim Closed @ 12:30 pm
11:15 AM	Aquathritis Barbara 11:15am	Aqua Yoga Kay Outwin 11:15– 12:15	Aquathritis Barbara 11:15am	Aqua Yoga Kay Outwin 11:15–12:15	Aquathritis Sandra 11:15am			
12:15 PM	CLOSED to Members 12:15 pm – 3:00 pm							
1:00 PM						Open Swim		
3:00 PM					CLOSED	CLOSED		
4:00 PM	Swim Lessons		Swim Lessons		LPL After School Program			
5:30 PM		Swim Lessons		Swim Lessons	OPEN SWIM			
6:30 PM	Water Exercise Susan @6:45-7:30		Water Exercise Susan @6:45-7:30		CLOSED			

* Pool schedule is subject to change based on staff availability & programming needs

Updated 11/27/24