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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA CAPE COD

## 2024 Board of Directors



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FOR SOCIAL RESPONSIBILITY**

## **2024 YMCA CAPE COD BOARD OF DIRECTORS**

### **OFFICERS**

**William Bradford Crowell- Chair**

**Allison Davis- First Vice Chair**

**Jason Bordun Second Vice Chair**

**Janice Kinder Secretary**

**Steve Johannessen- Treasurer**

**Dave Botting- Ex Officio**

**Dave Bennett  
Justin Blair  
Mario Campos  
Stephen Clay  
Marc Craig  
Dennis Ducharme  
Zachary Karmen  
Beth Mitchell**

**Anastasia Perrino  
Anne Preisig  
Eric Raines  
Barbara Robbins  
Craig Rockwood  
Erin Russell  
Rebecca Thomas**

### **DAVE BENNETT**

David Bennett has over 44 years of experience as a professional geologist and hydro-geologist in the fields of petroleum exploration (1978-1985) and environmental protection inclusive of site assessment, water supply development, resource protection and waste site cleanup (1985-2020). Since 1992, Dave has been a principal and owner of Cape Cod-based professional consulting firms providing engineering and environmental services prior to retiring in 2020. Dave earned his degree at Franklin & Marshall College in Pennsylvania and is a two time inductee in the F&M Athletic Hall of Fame as a member of the 1972 and 1974 undefeated football teams. Dave's public service includes membership with the Dennis-Harwich Lions (President 1982-84), Brewster Chamber of Commerce (President 2012-2017) has been a YMCA Cape Cod Board Member since 2018 and serves as Chair of the Camp Lyndon advisory board.



### **JUSTIN BLAIR**



Justin is the Managing Partner in Monomoy Real Estate and Construction which is a boutique real estate services firm comprised of complementary companies which specialize in brokerage, managed construction and property management services for end consumers as well as private lending and development services for the risk conscious investor. Justin is a graduate of the College of the Holy Cross and also serves on the Board of Directors of the Cape Cod Community College Educational Foundation. Justin joined the Y Board in 2014 and currently serves on the Executive Committee, the Lower Cape Task Force and Chairs the Golf Tournament.



## JASON BORDUN

For more than 25 years, Jason Bordun has been a professional in the technology field including the past 18 years at The Cooperative Bank of Cape Cod. In his current role as Vice President & Information Systems Manager, Bordun manages a critical team that implements and operates all technology systems for the Bank.

Bordun served honorably in the United States Marine Corps before graduating from Cape Cod Community College and the University of Massachusetts at Dartmouth. He currently volunteers with Barnstable Little League, as a board member & coach, and supports other local non-profits including Cape Abilities and Heroes in Transition. He and his wife Jocelyn live in Centerville.

## DAVID BOTTING

Community Connections welcomed Dave in July of 2015 as Chief Financial Officer. He then began serving as President and CEO of the organization on July 1, 2017. Dave attended Springfield College then continued his education at Bentley University where he received his bachelor's degree in Accounting and continued on to Babson College for his MBA. He served as Chair of the Board of Directors for 2022 & 2023. He also serves on the Board of the Yarmouth Chamber of Commerce and is the Chair of the Town of Yarmouth Disabilities Commission. He was involved in the startup of the Yarmouth Food Pantry, is a Yarmouth Rotarian, and a veteran of the Coast Guard.



Here is what Dave says about why he volunteers with the YMCA...

"I have always been impressed with the quality and variety of services and programs the Y offers to all who live on this beautiful sand bar we call Cape Cod."

## MARIO CAMPOS

Mario is the owner of Stanley Steemer of Cape Cod which services most of Plymouth County, the Islands and Barnstable County. He attended Dade County Community College and Florida International both in Miami. He has a strong work ethic and believes the key to success is to be accessible, care about what you do, and care for the people around you. He has over 20 years of business management experience and is an active member of the community. Mario joined the Board in 2017 and is a Steering Committee member for the Y Achievers Program. He is also an Ambassador for the Sandwich Chamber of Commerce and supports many other local charities.



## STEPHEN CLAY



Steve joined the Y Board in 2014 after retiring from a 37-year career as a YMCA professional. He started his career as the Youth and Camping Director with the Old Colony Y in Brockton, and then served as President/CEO of two corporate Y's: the Hockomock Area YMCA and the YMCA of Greater Springfield. Steve enjoyed a residential real estate "retirement" career on Cape Cod for 15 years before retiring in February 2023. Bringing a YMCA facility to the Upper Cape area has been Steve's main focus, serving as the Chair of the Falmouth Community Committee. He has served on the Y's Executive Committee, the Camp Lyndon Committee, and is the Past President of Rotary clubs in North Attleboro, Springfield and Falmouth. Steve and his wife Mary Beth live in Falmouth.



## MARK CRAIG

Marc Craig, is the Director of Human Services for the Town of Foxborough, where he oversees the Council on Aging, Human Services, Veterans' Services and Recreation Departments. Over the last 20 years he has worked as the Director of several different departments in the Towns of Hanover, Marshfield, and most recently Randolph

where he oversaw the construction of the Randolph Intergenerational Community Center. Marc is an avid boater and runner and has lived in Falmouth since 2014 with his wife Chelsea, who teaches in Sandwich, and his daughter Caleigh who participates in various programs offered by the Y. Marc will serve as Chair of the Upper Cape YMCA Branch Advisory Board, which will support programs and services in the Upper Cape area.

## WILLIAM BRADFORD CROWELL

Brad earned a B.S. at the U.S. Merchant Marine Academy in Kings Point N.Y. and a master's degree in transportation and oceans systems management at the Massachusetts Institute of Technology in Cambridge MA. Brad has been active in many civic organizations; the Cape Cod Commission, Barnstable County Economic Development Commission, Cape Cod Metropolitan Planning Organization, Cape Light Compact (board member), Cape Cod Regional Technical High School Committee, and the Dennis Water District (moderator). He is the co-founder of Tiptide Running Cape Cod, a USA Track and Field youth running program. Brad joined the YMCA Cape Cod Board in 2018, and currently serves as the Board Chair, is a member of Executive Committee and leads the effort to bring a YMCA to the Lower Cape. Brad and his wife Kim are the proud parents of three children.



## ALLISON MAKKAY DAVIS

Allison Makkay Davis brings over 20 years of experience in the communications and broadcasting industry to the YMCA. As the owner of Makkay Broadcasting group she operated a cluster of three radio stations (WPXC, WRZE and WCIB). She later served as Market Manager and Market President at Quantum Communications and iheartMedia respectively. Allison serves as a Board Member of the Cape Cod Times Needy Fund. She joined the YMCA Cape Cod Board in 2017 and currently serves as the 1<sup>st</sup> Vice Chair. She has jumped in with both feet chairing the Head Start Committee, and previously serving as the Second Vice Chair and Secretary. Allison holds a BA from Smith College and an MBA from Dartmouth College, the Tuck School of Business at Dartmouth.



## DENNIS DUCARME

Dennis Ducharme embarked on a journey to create the premier vacation ownership experience in the Northeast. More than 30 years later, InnSeason Resorts is the largest independent vacation ownership developer and operator in the Northeast and one of the largest in North America. Dennis has been serving on the Y Board since 2011 and is a past Board Chair. Currently Dennis Chairs the Falmouth Facility Development Committee working alongside a dedicated group of local development experts to bring a YMCA Facility to the Upper Cape. Dennis also chaired the annual campaign.



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**EMPOWERING YOUNG PEOPLE TO  
REACH THEIR FULL POTENTIAL**



## STEVE JOHANNESSEN

Steve Johannessen joined Cape Cod 5 in 2013 as a Financial Project Manager and currently holds the role of Executive Vice President, Chief Financial Officer & Treasurer. Prior to joining Cape Cod 5, Steve served as Audit Manager at a national public accounting and advisory firm where he earned his Certified Public Accounting license. He holds a Master of Finance Degree from Sawyer Business School at Suffolk University and a Bachelor of Science degree in Accountancy from Providence College. Steve joined the YMCA Cape Cod's Board of Directors in 2022, and currently serves as the Treasurer. He is also the Chair of the Finance Committee.

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## ZACHARY KARMEN

Zach joined our board in 2019 but brings many years of service from the Downtown Syracuse, NY YMCA. Zach graduated from the University of Buffalo and earned his law degree at Syracuse University. He was legal counsel for the Onondaga County Department of Social Services. Zach has been focused on fundraising efforts to bring a Y to the Upper Cape area. He lives in Falmouth and his grandchildren attend the YMCA Early Education Center at the North Falmouth Congregational Church. Zach is a member of the Head Start Committee, the Upper Cape Advisory Board, and the Upper Cape Governance Committee.



## JANICE KINDER

Janice first joined the YMCA Cape Cod Board in 2011 and returned in 2019. She is a certified executive coach and organizational development professional specializing in leadership development and capacity building. Janice excels at aligning people, processes, and learning with mission, values, vision and goals. She is the President of Work Places Can Work. She is a graduate of Williams James College (formerly Massachusetts School of Professional Psychology) with a master's level certification in executive coaching. Janice holds a bachelor's degree from Bridgewater State University and attended graduate school at the University of Rhode Island as well as the UMass Dartmouth MBA program. She is specifically trained in Organizational and Relationship Systems Coaching (ORSC) as well as in Gestalt. Janice currently serves as the Chair of the Governance Committee. She lives with her husband James Crockett in Marston's Mills.



Here is what Janice says about why she volunteers with the YMCA...  
"I support the Y because I believe our collective strength as citizens of this planet are formed at the family and community level. The Y provides me with an opportunity, as a volunteer, to contribute in so many ways to what I value most: health, well-being, and social responsibility."





## BETH MITCHELL

Beth joined Children’s Cove in 2018 as the Child Exploitation Case Manager / Forensic Interviewer and became Deputy Director in 2021. In her current role, she supervises a team of staff committed to supporting families that have experience abuse. She works with several investigative agencies to ensure a team- approach to abuse allegations.

Beth graduated from Southern New Hampshire University with her master’s degree in Community Mental Health Counseling and has worked in the human services field for over ten years. Beth’s experiences have included child protection work, individual therapy, and mental health crisis evaluation. In these roles, Beth has learned to think on her feet while being focused on best practices in managing cases of Child abuse.

## ANASTASIA PERRINO

Anastasia Welsh Perrino is the Barnstable County Register of Probate, and has been elected three times, first in 2008 and again in 2014 and 2020. Prior to being elected as Register of Probate for Barnstable County, she served as an Assistant Register/Assistant Judicial Case Manager at the Barnstable Probate and Family Court for five years. Before her work at the Court, she practiced law for fourteen years on the Cape. Anastasia received her undergraduate degree from Boston College and her law degree from Suffolk University Law School. She graduated from Dennis-Yarmouth Regional High School and has lived in Dennis for over thirty years with her husband. She joined the YMCA Cape Cod Board in 2024 and serves on the Head Start Committee.



## ANNE PREISIG

Anne is a graduate of Yale University and Harvard Law School and was an associate at a Boston Law firm before she decided to make a career change to a professional athlete. She was an Elite National Duathlon Champion, USA Track and Field Olympic Trial Provisional Qualifier, and Amateur National Triathlon Champion. Anne is now a personal coach and trainer and works with athletes of all ages. She joined the YMCA Board in 2019 and served on the YMCA’s Falmouth Community Committee, has worked on the Crisis Communications and Real Time Strategic Plan task force and was the Chair of the 2019 Annual Campaign. Anne was the first Chair of the Upper Cape YMCA Advisory Committee. Her husband Jim, serves on the Upper Cape YMCA Facility Committee. She has a teenage daughter and a teenage son, both of whom are competitive swimmers and cellists. She is excited about the positive impact a new YMCA branch will have on the Upper Cape community.



## ERIC RAINES



Eric is a Senior Ombudsman Specialist with the Federal Deposit Insurance Corporation, working with risk management, compliance, and receivership disciplines. He is responsible for the generation and oversight of Office reporting, including serving as contacts for public inquiries and Bank Closing Representatives. He also serves as liaison between the FDIC and the public regarding the banking industry. He is a graduate of the Questrom School of Business, Boston University and has over 40 years of experience with the banking industry. Eric serves on the YMCA Finance Committee.



## BARBARA ROBBINS

Barbara Robbins has 40 years of experience in corporate social responsibility, community relations, corporate philanthropy and education initiatives. Her background also includes several years in human resource management focusing on university relations and recruitment, in several training areas, and educational partnerships at the public

school and university levels. She worked for several years in corporate philanthropy at Honeywell, Inc. in New Jersey and then as a consultant at The Center for Corporate Citizenship at Boston College.

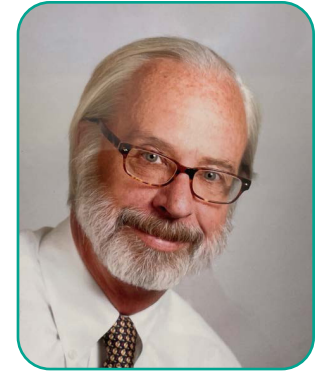
Barbara holds a Bachelor's degree from Bridgewater State College and a Master of Arts degree from Assumption College. Barbara is involved in many local community projects, particularly in the education arena.

She returns to the Board after formerly serving as a Board member of the YMCA Cape Cod for 6 years. Most recently she worked as the Volunteer Coordinator at Cape Cod Child Development. She currently serves as the co-coordinator for the 21st Century After School Program at Hyannis West Elementary School.



Did you know... corporate and personal donations allowed us to serve over **225,000** healthy meals to families in need across the Cape in 2023?

## CRAIG ROCKWOOD



Craig has been a member of the Massachusetts bar for approximately 40 years. The principal concentration of his office is in the area of trusts and estates, although he is also deeply experienced in business and corporate general counsel work. Craig served as the YMCA board chairman for several years and headed up the \$9 million capital campaign in 2007 to expand the Y building, called "Y Capitalize." The project doubled the size of the previous building. Craig rejoined the board in 2019 has been involved in annual giving campaigns. Craig is blessed to have been with his wife Kay for over 20 years. Craig and his wife Kay are blessed with 3 children and 4 grandchildren.

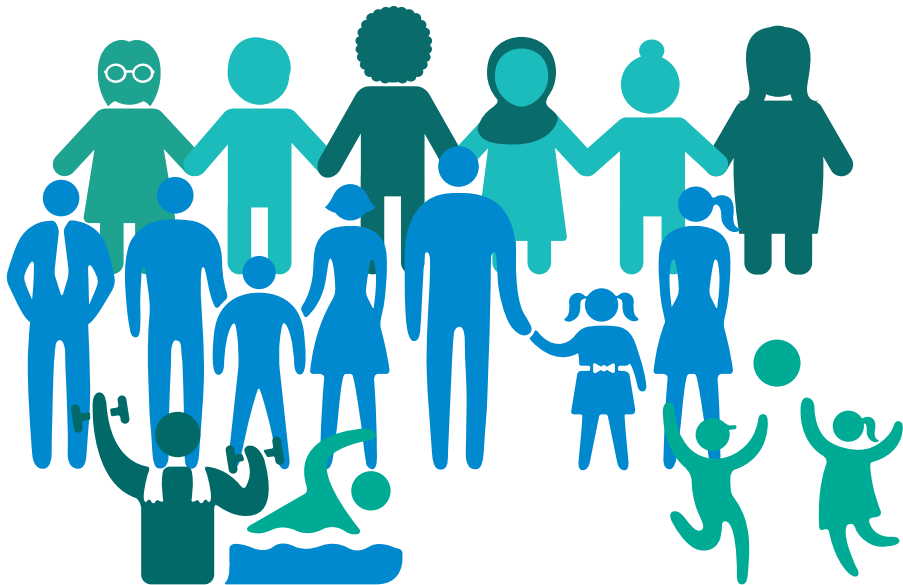


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PROVIDING SUPPORT AND INSPIRING  
ACTION IN OUR COMMUNITIES



## ERIN RUSSELL

Erin Russell is currently the Director of Behavioral Health and Care Management at Duffy Health Center. Since joining Duffy in 2022, she has worked to provide integrated behavioral health services and improve access to the behavioral health department. Erin has worked as a Master’s level social worker since 2012 with experience in trauma informed care, co-occurring diagnosis, leadership, clinical supervision, case management, group programming and individual counseling. Prior to her employment at Duffy, she was Senior Director of Clinical Services at Gosnold Behavioral Health. As a Senior Director, she oversaw four outpatient programs, a school based program and mental health emergency services. Erin earned a Bachelor of Science in Psychology from Bridgewater State University and a Master of Social Work from Boston University and is Licensed Independent Social Worker. Erin currently works with numerous other social services community agencies to enhance behavioral health and wellness for the Cape community and is a co-chair of the Mass Leagues Behavioral Health Directors meetings.



## REBECCA THOMAS



Rebecca has been a civil litigation attorney for nearly 20 years with a primary focus in medical malpractice and personal injury. She received her BA from Ursinus College and her JD from Temple University Beasley School of Law in 2002. She is a founding partner of the female owned law firm of Thomas and Wickenheiser, LLC, which has offices across Massachusetts and New Hampshire. Rebecca volunteers for the Y because she deeply believes in the Y’s mission and values and its commitment to the community. Rebecca currently serves on the Y’s Human Resources Committee and was the Chair of the 2021 and 2020 Annual Campaign. Rebecca lives alone but is considered a second mom to her two beautiful nephews. One of Rebecca’s favorite quotes is from Nelson Mandela: “There can be no greater gift than that of giving one’s time and energy to help others without expecting anything in return.”







**YMCA CAPE COD**

**Our Mission is to serve the Cape Cod community by providing programs rooted in our core values of caring, honesty, respect, and responsibility that build a healthy spirit, mind, and body for all.**

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[www.ymcacapecod.org](http://www.ymcacapecod.org)**