



**FIND YOUR POTENTIAL.
FIND YOUR Y.**

For a better us.®

**THE BEST SUMMER
EVER
STARTS AT THE
YMCA CAPE COD**

Dear YMCA Camp Family,

Whether this is your first summer here, or you have been with us for years, we want to welcome you to the YMCA Cape Cod Summer Camps! Our staff are hard at work putting together a fun, safe program filled with new experiences.

Summer is always a memorable time for children. As your child takes a break from school, they are looking forward to spending time with their friends and being outside. Day camp is the perfect opportunity to do both—as well as learn life skills, try new activities, and be part of a community where they can be themselves. Varying daily activities, such as archery, crafts, dance, sports, and swimming, help assure a great camp experience for everyone. With the encouragement and guidance of our trained staff, children will boost confidence, self-esteem, and social skills, all while having fun in a safe environment!

Welcome to the YMCA Cape Cod Camp Family!

Sincerely,
YMCA Cape Cod Camp Directors

**YMCA CAMP
BARNSTABLE** pg.13

**YMCA CAMP
FALMOUTH** pg.14

**YMCA CAMP
HARWICH** pg.12

**YMCA CAMP
LYNDON** pg.8

**YMCA CAMP
FIREFLY** pg.15

This camp must comply with the regulations of the Massachusetts
Department of Public Health and be licensed by the local board of health.

SIGN UP TODAY AT
YMCACAPECOD.ORG/CAMPS



CAMP UNITS

**AGES
5-6**

WAY IN THE WOODS

Daily experiences and activities help campers add caring, honesty, respect, and responsibility in everything they do!

ALL CAMPERS MUST HAVE COMPLETED KINDERGARTEN

Members: \$350 / Week | Non-Members: \$425 / Week

**AGES
7-8**

UNIT 1 - EXPLORERS

Explore the YMCA's core values of honesty, caring, respect, and responsibility. Each week campers will set and achieve new goals, develop confidence, and make friends along the way!

Members: \$300 / Week | Non-Members: \$375 / Week

**AGES
9-10**

UNIT 2 - PIONEERS

Campers will step outside the box and expand their comfort zones through activities that foster creativity, imagination, build community, and create positive, life long, memories!

Members: \$300 / Week | Non-Members: \$375 / Week

**AGES
11-12**

UNIT 3 - VOYAGERS

Campers develop a sense of community through team building, personal and team challenges, and can select special interest activities, enhancing their day at camp!

Members: \$300 / Week | Non-Members: \$375 / Week

**AGES
13-14**

CHALLENGE CAMP

Campers will have the opportunity to 'disconnect' and appreciate the outdoors while learning what it takes to become role models at camp, school, and in their communities.

Members: \$300 / Week | Non-Members: \$375 / Week

FINANCIAL ASSISTANCE AVAILABLE
FINANCIALASSISTANCE@YMCACAPECOD.ORG

CAMP PHILOSOPHY

YMCA camps offer a taste of everything! Our camps offer a new experience each week with focuses on STEM, cultural appreciation and the Arts!

Today day camp is more vital than ever. To deliver on the Y's commitment to nurture the potential of every child and teen, day camp programs now intentionally foster achievement relationships and belonging. All of which are essential dimensions of well-being.

ACHIEVEMENT | Discovering skills. Campers experience achievement when they tried different activities learn what they like and discover what they are good at.

RELATIONSHIPS | Building friendships. Campers have the opportunity to form healthy relationships with other children, caring adults, and role models, which helps them feel good about themselves and learn to get along with others.

BELONGING | Finding a place to belong. Campers connect through significant camp traditions and rituals that create a sense of belonging so they feel included, accepted, and part of a community.

CAMP HOURS

EXTENDED AM CARE 7:30AM – 9:00AM

CAMP DAY 9:00AM – 4:00PM

EXTENDED PM CARE 4:00PM – 5:30PM

AM CARE: \$31 / WEEK | PM CARE: \$31 / WEEK

AM & PM CARE \$52 / WEEK

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2023 WEEKLY CAMP CAMP THEMES

	YMCA CAMP LYNDON	YMCA CAMP BARNSTABLE	YMCA CAMP HARWICH	YMCA CAMP FALMOUTH	
SUPER HEROES	✓	✓	✓	No Camp this week :(Week 1 June 26-30
CARTOONS	✓	✓	✓	✓	Week 2 July 3-7
OLYMPICS	✓	✓	✓	✓	Week 3 July 10-14
DISNEY	✓	✓	✓	✓	Week 4 July 17-21
SPIRIT	✓	✓	✓	✓	Week 5 July 24-28
HARRY POTTER	✓	✓	✓	✓	Week 6 July 31-Aug 4
POKÉMON	✓	✓	✓	✓	Week 7 Aug 7-11
PREHISTORIC	✓	✓	SUMMER DOESN'T HAVE TO END! There's still time to try another one of our camps!		Week 8 Aug 14-18
HOLIDAYS	✓	✓			Week 9 Aug 21-25
UNDER THE SEA	✓				Week 10 Aug 28-Sept 1



NAME: Tom Brognano

ROLE: Sr. Prg. Dir. of Camp & After Sch

FIRST SUMMER AT CAMP: 2005

FAVORITE CAMP ACTIVITY: Ropes Course!

ADVICE FOR FIRST TIME CAMPERS:
Don't be afraid to try something new!

EMAIL ADDRESS: tbrogano@ymcacapecod.org



NAME: SJ McNair

ROLE: Camp Lyndon Director

FIRST SUMMER AT CAMP: 2014

FAVORITE CAMP ACTIVITY: WORLD CUP!

ADVICE FOR FIRST TIME CAMPERS: You should
always remember to be yourself!

EMAIL ADDRESS: smcnair@ymcacapecod.org

MEET THE DIRECTORS!

SIGN UP TODAY AT
[YMCACAPECOD.ORG/CAMPS](https://ymcacapecod.org/camps)

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YMCA CAMP LYNDON

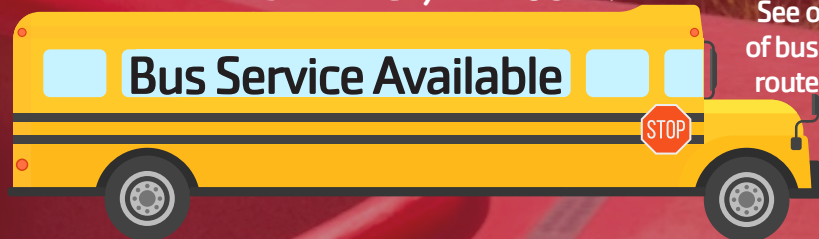
There's nothing like a summer at Camp Lyndon! From swimming in the pond, to climbing the ropes course, there's something for everyone! Every day is broken into activity blocks where campers experience new ways to expand their comfort zones. Activities include: the challenge course (high and low ropes course), archery, sports, swimming, boating, & creative arts. See you there!

Available
Weeks
1-10!



TAKE ADVANTAGE OF FREE BUS SERVICE TO CAMP LYNDON!

SERVING: BARNSTABLE, BOURNE, CENTERVILLE, COTUIT, DENNIS, FALMOUTH, HYANNIS, MARSTONS MILLS, MASHPEE, OSTERVILLE, SANDWICH, YARMOUTH.



See our full list
of bus stops and
routes on-line!

TAKE A RIDE ON THE CAMP BUS!

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TRY A CAMP LYNDON SPECIALTY BLOCK!

SAILING

Come sail away! This program is designed to teach the basics of sailing. No experience necessary! Students will learn on Sunfish and Phantom boats.

Ages 7-8	Weeks 2,6	+\$100
Ages 9-10	Weeks 3,7	+\$100
Ages 11-12	Weeks 4,8	+\$100
Ages 13-14	Weeks 4,8	+\$100

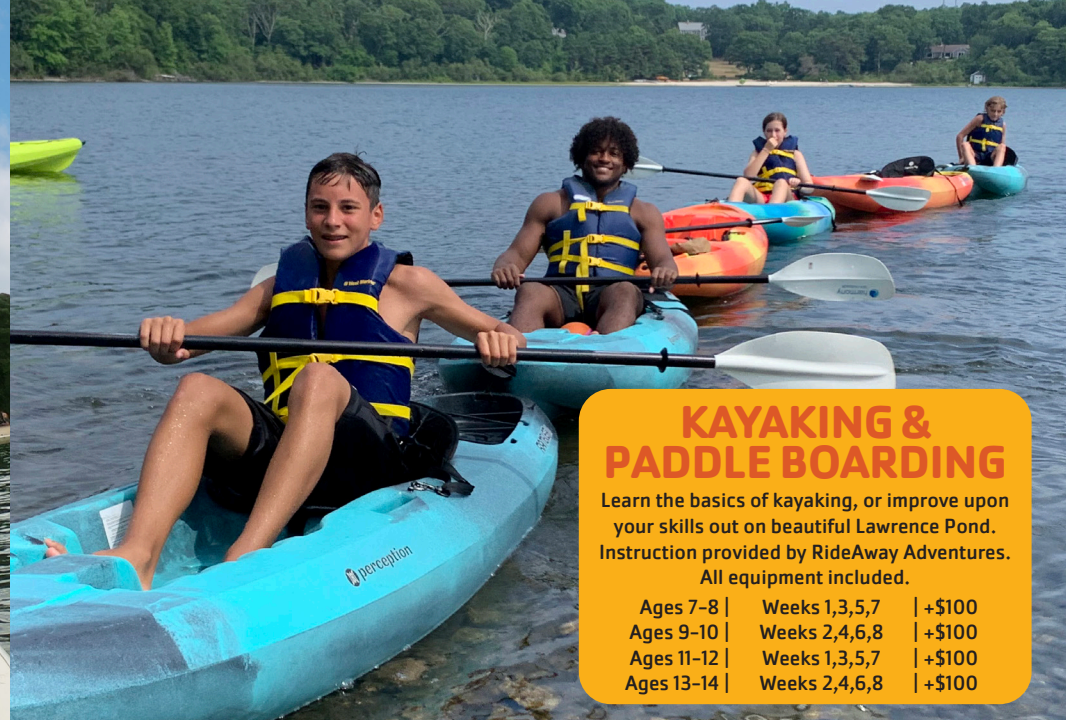


KAYAKING & PADDLE BOARDING

Learn the basics of kayaking, or improve upon your skills out on beautiful Lawrence Pond. Instruction provided by RideAway Adventures.

All equipment included.

Ages 7-8	Weeks 1,3,5,7	+\$100
Ages 9-10	Weeks 2,4,6,8	+\$100
Ages 11-12	Weeks 1,3,5,7	+\$100
Ages 13-14	Weeks 2,4,6,8	+\$100



READY TO ADD A NEW ADVENTURE TO YOUR CAMP EXPERIENCE? Specialty blocks give campers fun and interactive experiences in a chosen area. These programs are designed for campers who are looking for a more in-depth focus on a certain area, whether they are looking to try an activity for the first time or build upon a current passion. Specialty Blocks are led by specialized staff and area experts. Campers participate in traditional camp activities and programs each day, and spend one activity block in their specialty block activities.

HORSEBACK RIDING*

Ages 5-6	Weeks 1-10	+\$135
Ages 7-8	Weeks 1-10	+\$100
Ages 9-10	Weeks 2,4,6,8,10	+\$100
Ages 11-14	Weeks 1,3,5,7,9	+\$100

With horses and trainers for all skill levels, this is a perfect opportunity for first timers or equestrians to advance their skills. We teach both hunt and stock seats.

*Horseback Riding Program will be 1 hour each day.



COOKING

Learn the basics of cooking and improve your skills in the kitchen! All equipment included. No experience necessary.

Ages 7-8	Weeks 2,6	+\$100
Ages 9-10	Weeks 3,7	+\$100
Ages 11-12	Weeks 4,8	+\$100
Ages 13-14	Weeks 4,8	+\$100



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YMCA CAMP HARWICH

AVAILABLE WEEKS 1-7

The fun starts at Camp Harwich this summer! This recreation-style camp includes field trips, sports, and creative arts! Each week will have different activities based on that week's theme.

FIELD TRIPS!

Past Camp Harwich Field Trips have included trips to beautiful Cape Cod beaches, the Buttonwood Park Zoo, the Cape Cod Inflatables Park, & the Whydah Pirate Museum!

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YMCACAPECOD.ORG/CAMPS

AVAILABLE WEEKS 1-9

Dive into Camp Barnstable this summer! This recreation-style camp includes sports, creative arts, and swimming in the Y's swimming pool! Each week will have different activities based on that week's theme.

FIELD TRIPS!

Past Camp Harwich Field Trips have included trips to beautiful Cape Cod beaches, the Buttonwood Park Zoo, the Cape Cod Inflatables Park, & the Whydah Pirate Museum!

YMCA CAMP BARNSTABLE

FINANCIAL ASSISTANCE AVAILABLE

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YMCA CAMP FALMOUTH

AVAILABLE WEEKS 2-7

The fun starts at Camp Falmouth this summer! This recreation-style camp includes field trips, sports, and creative arts! Each week will have different activities based on that week's theme.



FIELD TRIPS!

Past Camp Falmouth Field Trips have included trips to beautiful Cape Cod beaches, the Buttonwood Park Zoo, the Cape Cod Inflatables Park, & the Whydah Pirate Museum!



Look at all the fun we had last year!

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YMCACAPECOD.ORG/CAMPS



AVAILABLE WEEKS 6 & 7

SAFE, WELCOMING, INCLUSIVE

A welcoming camp environment for youth ages 11-16 who self identify as LGBTQIA+, Camp Firefly operates within Camp Lyndon. It offers a mix of traditional summer camp activities with programs and activities geared towards LGBTQIA+ Youth. Opportunities include meeting and learning from local LGBTQIA+ adults, discussing common issues, and just having a safe place for campers to be themselves.



 **YMCA CAMP
FIREFLY**

FINANCIAL ASSISTANCE AVAILABLE
FINANCIALASSISTANCE@YMCACAPECOD.ORG

READY TO REGISTER?

DIGITAL REGISTRATION
DOESN'T NEED TO BE
CONFUSING!

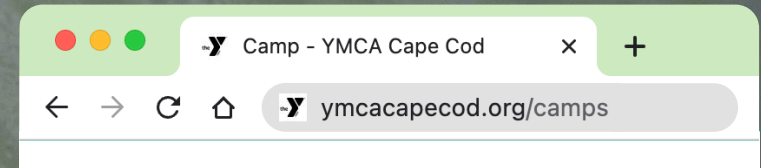
Ready to jump in?
Here's how to sign up!

ALL CAMP REGISTRATION
HAS MOVED ONLINE

VISIT

[YMCACAPECOD.ORG/CAMPS](https://ymcacapecod.org/camps)

TO START YOUR REGISTRATION



Follow these steps for an easy and simple
registration process.

Did your family sign up for camp with us last summer?

YES

NO

RETURNING
FAMILIES

[click this](#)

NEW CAMP
FAMILIES

[click this](#)

WAIT, HOW DO I REGISTER?

SIGN UP TODAY AT
[YMCACAPECOD.ORG/CAMPS](https://ymcacapecod.org/camps)

FINANCIAL ASSISTANCE AVAILABLE
FINANCIALASSISTANCE@YMCACAPECOD.ORG

CAMP LUNCH

YOU'LL NEED A LOT OF ENERGY FOR CAMP!

Make sure you have a good lunch!

Camp lunch is available through the YMCA Cape Cod's Food Service for \$20 and can be added to any week when registering.



Camp is for EVERYONE.

Financial Aid is available for qualifying families.

To learn more, email financialassistance@ymcacapecod.org

FINANCIAL ASSISTANCE

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FINANCIALASSISTANCE@YMCACAPECOD.ORG**

YMCA CAMP LYNDON

» 117 STOWE RD. SANDWICH MA 02563

YMCA CAMP BARNSTABLE

» 2245 IYANNOUGH RD. W. BARNSTABLE MA 02668

YMCA CAMP FALMOUTH

» 113 LAKEVIEW AVE. FALMOUTH MA 02540

YMCA CAMP HARWICH

» 263 SOUTH ST. HARWICH, MA 02645

YMCA CAMP FIREFLY

» 117 STOWE RD. SANDWICH MA 02563

YMCA Cape Cod

100 Independence Dr. Suite #2

Hyannis MA 02601

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