



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA CAPE COD

2023 Board of Directors



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2023 YMCA CAPE COD BOARD OF DIRECTORS

OFFICERS

Dave Botting– Chair

William “Brad” Crowell– First Vice Chair

**Allison Davis– Second Vice Chair
Secretary**

Steve Johannessen– Treasurer

Liz Rabideau– Ex Officio

**Dave Bennett
Justin Blair
Jason Bordun
Matt Burke
Mario Campos
Steve Clay
Marc Craig
Dennis Ducharme
Zachary Karmen**

**Janice Kinder
Ed Langley
Jack McCarthy
Anne Preisig
Barbara Robbins
Eric Raines
Craig Rockwood
Pamela Sande
Rebecca Thomas**

DAVE BENNETT

David Bennett has over 44 years of experience as a professional geologist and hydro-geologist in the fields of petroleum exploration (1978-1985) and environmental protection inclusive of site assessment, water supply development, resource protection and waste site cleanup (1985-2020). Since 1992, Dave has been a principal and owner of Cape Cod-based professional consulting firms providing engineering and environmental services prior to retiring in 2020. Dave earned his degree at Franklin & Marshall College in Pennsylvania and is a two time inductee in the F&M Athletic Hall of Fame as a member of the 1972 and 1974 undefeated football teams. Dave’s public service includes membership with the Dennis-Harwich Lions (President 1982-84), Brewster Chamber of Commerce (President 2012-2017) has been a YMCA Cape Cod Board Member since 2018 and serves as Chair of the Camp Lyndon advisory board.



JUSTIN BLAIR

Justin is the Managing Partner in Monomoy Real Estate and Construction which is a boutique real estate services firm comprised of complementary companies which specialize in brokerage, managed construction and property management services for end consumers as well as private lending and development services for the risk conscious investor. Justin is a graduate of the College of the Holy Cross and also serves on the Board of Directors of the Cape Cod Community College Educational Foundation. Justin joined the Y Board in 2014 and currently serves on the Executive Committee, the Lower Cape Task Force and Chairs the Golf Tournament.



JASON BORDUN

For more than 25 years, Jason Bordun has been a professional in the technology field including the past 18 years at The Cooperative Bank of Cape Cod. In his current role as Vice President of Information Systems, Bordun manages a critical team that implements and operates all technology systems for the Bank.

Bordun served honorably in the United States Marine Corps before graduating from Cape Cod Community College and the University of Massachusetts at Dartmouth. He currently volunteers with Barnstable Little League, as a board member & coach, and supports other local non-profits including Cape Abilities and Heroes in Transition. He and his wife Jocelyn live in Centerville.

DAVID BOTTING

Community Connections welcomed Dave in July of 2015 as Chief Financial Officer. He then began serving as President and CEO of the organization on July 1, 2017. Dave attended Springfield College then continued his education at Bentley University where he received his bachelor's degree in Accounting and continued on to Babson College for his MBA. He currently serves as Chair of the Board of Directors. He also serves on the Board of the Yarmouth Chamber of Commerce and is the Chair of the Town of Yarmouth Disabilities Commission. He was involved in the startup of the Yarmouth Food Pantry, is a Yarmouth Rotarian, and a veteran of the Coast Guard.



Here is what Dave says about why he volunteers with the YMCA... "I have always been impressed with the quality and variety of services and programs the Y offers to all who live on this beautiful sand bar we call Cape Cod."

MATT BURKE



Matt was appointed CEO of Cape Cod 5, in May 2022. He began his career in finance as a CPA and became CFO in 2014 and Co-President in 2019. Matt served in the Army and is a veteran of the Iraq War. He has a degree in Accounting from UMass Dartmouth and a M.S. in Accounting from UMass Boston. Matt graduated from and serves on the Advisory Board of the ABA Stonier Graduate School of Banking. Matt enjoys coaching his three sons, Ryan, John, & Dan sports teams.

The Y has been a part of my life for as long as I can remember. As a boy tagging along with my dad to the Brockton Y, then working at the Hanover Y, serving on the Board of the East Bridgewater Y and now on the Cape, what has been the same all the way through is the sense of community and the difference the Y makes in the lives of so many.

FOR YOUTH DEVELOPMENT

DID YOU KNOW, THE YMCA CAPE COD...

IS THE EARLY HEAD START / HEAD START PROVIDER FOR CAPE COD?

HAS EARLY EDUCATION CENTERS IN HARWICH, FALMOUTH, BARNSTABLE, AND BREWSTER?

PROVIDED SUMMER CAMP EXPERIENCES FOR OVER 900 YOUTH ACROSS CAPE COD IN 2022?



MARIO CAMPOS

Mario is the owner of Stanley Steemer of Cape Cod which services most of Plymouth County, the Islands and Barnstable County. He attended Dade County Community College and Florida International both in Miami. He has a strong work ethic and believes the key to success is to be accessible, care about what you do, and care for the people around

you. He has over 20 years of business management experience and is an active member of the community. Mario joined the Board in 2017 and is a Steering Committee member for the YMCA Achievers Program. He is also an Ambassador for the Sandwich Chamber of Commerce and supports many other local charities.

STEVE CLAY

Steve began his career in residential real estate in 2006. He has grown the Clay Realty Group by offering service to exceed customers' expectations. Steve's expertise as the Former President/CEO of YMCA of Greater Springfield and the Hockomock Area YMCA has been invaluable to our Cape Cod Board. Bringing a YMCA facility to the Upper Cape area has been Steve's main area of focus serving as the Falmouth Community Committee chair. He also served on the Camp Lyndon Committee, as well as the Executive Committee. Steve is a Past President of the Falmouth Rotary Club.



MARK CRAIG

Marc Craig, is the Director of Human Services for the Town of Foxborough, where he oversees the Council on Aging, Human Services, Veterans' Services and Recreation Departments. Over the last 20 years he has worked as the Director of several different departments in the Towns of Hanover, Marshfield, and most recently Randolph where he oversaw the construction of the Randolph Intergenerational Community Center. Marc is an avid boater and runner and has lived in Falmouth since 2014 with his wife Chelsea, who teaches in Sandwich, and his daughter Caleigh who participates in various programs offered by the YMCA. Marc will serve as Chair of the Upper Cape YMCA Branch Advisory Board. This Board will support programs and services in the Upper Cape area.



WILLIAM "BRAD" CROWELL



Brad earned a B.S. at the U.S. Merchant Marine Academy in Kings Point N.Y. and a master's degree in transportation and oceans systems management at the Massachusetts Institute of Technology in Cambridge MA. Brad has been active in many civic organizations; the Cape Cod Commission, Barnstable County Economic Development

Commission, Cape Cod Metropolitan Planning Organization, Cape Light Compact (board member), Cape Cod Regional Technical High School Committee, and the Dennis Water District (moderator). He is the co-founder of Tiptide Running Cape Cod, a USA Track and Field youth running program. Brad joined the YMCA Board in 2018, as the 1st Vice Chair he is a member of Executive Committee and leads the effort to bring a YMCA to the Lower Cape. Brad and his wife Kim are the proud parents of three children.



ALLISON MAKKAY DAVIS

Allison Makkay Davis brings over 20 years of experience in the communications and broadcasting industry to the YMCA. As the owner of Makkay Broadcasting group she operated a cluster of three radio stations (WPXC, WRZE and WCIB). She later served as Market Manager and Market President at Quantum Communications and iheartMedia

respectively. Allison serves as a Board Member of the Cape Cod Times Needy Fund. She joined the YMCA Board in 2017 and has jumped in with both feet chairing the Head Start Committee, and serving as the Second Vice Chair and Secretary. Allison holds a BA from Smith College and an MBA from Dartmouth College, the Tuck School of Business at Dartmouth.

DENNIS DUCHARME

Dennis Ducharme embarked on a journey to create the premier vacation ownership experience in the Northeast. More than 30 years later, InnSeason Resorts is the largest independent vacation ownership developer and operator in the Northeast and one of the largest in North America. Dennis has been serving on the Y Board since 2011 and is a past Board Chair. Currently Dennis Chairs the Falmouth Facility Development Committee working alongside a dedicated group of local development experts to bring a YMCA Facility to the Upper Cape. Dennis also chaired the annual campaign.



STEVE JOHANNESSEN

Steve Johannessen joined Cape Cod 5 in 2013 as Financial Project Manager and currently holds the role of Executive Vice President, Chief Financial Officer & Treasurer. Prior to joining Cape Cod 5, Steve served as Audit Manager at a national public accounting and advisory firm where he earned his Certified Public Accounting license. He holds a Master of Finance Degree from Sawyer Business School at Suffolk University and a Bachelor of Science degree in Accountancy from Providence College.



ZACHARY KARMEN

Zach joined our board in 2019 but brings many years of service from the Downtown Syracuse, NY YMCA. Zach graduated from the University of Buffalo and earned his law degree at Syracuse University. He was legal counsel for the Onondaga County Department of Social Services. Zach has been focused on fundraising efforts to bring a Y to the Upper Cape area. He lives in Falmouth and his grandchildren attend the YMCA Early Education Center at the North Falmouth Congregational Church. Zach is a member of the Head Start Committee, the Upper Cape Advisory Board, and the Upper Cape Governance Committee.





JANICE KINDER

Janice first joined the YMCA Board in 2011 and returned in 2019. She is a certified executive coach and organizational development professional specializing in leadership development and capacity building. Janice excels at aligning people, processes, and learning with mission, values, vision and goals. She is the President of Work Places

Can Work. She is a graduate of Williams James College (formerly Massachusetts School of Professional Psychology) with a master's level certification in executive coaching. Janice holds a bachelor's degree from Bridgewater State University and attended graduate school at the University of Rhode Island as well as the U Mass Dartmouth MBA program. She is specifically trained in Organizational and Relationship Systems Coaching (ORSC) as well as in Gestalt. Janice currently serves as the Chair of the Governance Committee as well as building and serving on the Upper Cape Advisory Board. She lives with her husband James Crockett in Marston's Mills.

Here is what Janice says about why she volunteers with the YMCA... I support the Y because I believe our collective strength as citizens of this planet are formed at the family and community level. The Y provides me with an opportunity, as a volunteer, to contribute in so many ways to what I value most: health, well-being, and social responsibility.



ED LANGLEY

"The secret of getting ahead is getting started."

Ed joined BNY Mellon Wealth Management in 2000 and as a Senior Director he is responsible for managing a team of 18 wealth management professionals. He has been a long-standing member of the YMCA Investment Committee and joined the Board in 2021. He also serves as a Board Member of the Dean Foundation for Little Children. He has a Bachelor of Science in Economics from UMass Dartmouth and an MS in Finance from Northeastern University. Ed and his wife Madeline are proud parents to Jessica and Peter.





JACK MCCARTHY

Jack McCarthy is President and CEO of Apple Tree Institute for Education Innovation and Apple Tree Early Learning Public Charter School in Washington, D.C. Apple Tree works to close achievement gaps by developing young children's cognitive, social, and emotional skills through individualized teaching. Jack has worked

as a social entrepreneur at the intersection of education research, policy, and practice since 1993, combining his experiences in business and politics with a reformer's sense of urgency about the importance of educating all children to high standards. Jack is a graduate of The American University in Washington, DC and has a certificate in strategic management and governance of charter schools from the Kennedy School of Government at Harvard University. Jack joined the YMCA Board in 2021 and serves on our Head Start Committee.



ANNE PREISIG



Anne is a graduate of Yale University and Harvard Law School and was an associate at a Boston Law firm before she decided to make a career change to a professional athlete. She was an Elite National Duathlon Champion, USA Track and Field Olympic Trial Provisional Qualifier, and Amateur National Triathlon Champion. Anne is now a personal coach and trainer and works with athletes of all ages. She joined the YMCA Board in 2019 and served on the YMCA's Falmouth Community Committee, has worked on the Crisis Communications and Real Time Strategic Plan task force and was the Chair of the 2019 Annual Campaign. Anne was the first Chair of the Upper Cape YMCA Advisory Committee. Her husband Jim, serves on the Upper Cape YMCA Facility Committee. She has a teenage daughter and a teenage son, both of whom are competitive swimmers and cellists. She is excited about the positive impact a new YMCA branch will have on the Upper Cape community.





LIZ RABIDEAU

In 1999, Liz moved to the Cape with her family and helped establish Rabideau Media Group as co-owner and associate publisher. When the company was sold, she directed her attention to nonprofits on Cape Cod. Liz's work with nonprofits has always been focused on building relationships to strengthen the message

and mission of these organizations. Previously Liz held Executive Director roles at the Cape Cod Maritime Museum and Cape Cod Center for Women. She is currently the Director of Community Relationships at Community Connections. Liz has been a Board Member for YMCA Cape Cod since 2004, and is a former Board Chair. Liz has a bachelor's degree in Sociology from the University of Michigan and a graduate certificate in Gender, Leadership and Public Policy from the University of Massachusetts, Boston.

FOR HEALTHY LIVING

DID YOU KNOW, THE YMCA CAPE COD...

OFFERS "LIVESTRONG AT THE Y" FREE TO CANCER SURVIVORS TO HELP THEM REGAIN HEALTH?

IS HELPING PREVENT THE SPREAD OF TYPE 2 DIABETES THROUGH THEIR DIABETES RESOURCE CENTER?

SERVED OVER 127,000 HEALTHY MEALS TO CHILDREN & THEIR FAMILIES ACROSS THE CAPE IN 2022?

BARBARA ROBBINS



Barbara Robbins has 40 years of experience in corporate social responsibility, community relations, corporate philanthropy and education initiatives. Her background also includes several years in human resource management focusing on university relations and recruitment, in several training areas, and educational partnerships at the public school and university levels. She worked for several years in corporate philanthropy at Honeywell, Inc. in New Jersey and then as a consultant at The Center for Corporate Citizenship at Boston College.

Barbara holds a Bachelor's degree from Bridgewater State College and a Master of Arts degree from Assumption College. Barbara is involved in many local community projects, particularly in the education arena.

She returns to the Board after formerly serving as a Board member of the YMCA Cape Cod for 6 years. Most recently she worked as the Volunteer Coordinator at Cape Cod Child Development. She currently serves as the co-coordinator for the 21st Century After School Program at Hyannis West Elementary School.



Did you know... corporate and personal donations allowed us to serve over **127,000** healthy meals to families in need across the Cape?



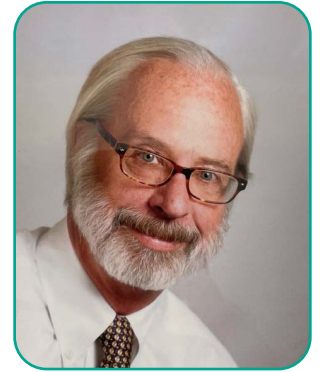
ERIC RAINES

Eric is a Senior Ombudsman Specialist with the Federal Deposit Insurance Corporation, working with risk management, compliance, and receivership disciplines. He is responsible for the generation and oversight of Office reporting, including serving as contacts for public inquiries and Bank Closing Representatives. He also serves as

liaison between the FDIC and the public regarding the banking industry. He is a graduate of the Questrom School of Business, Boston University and has over 40 years of experience with the banking industry. Eric serves on the YMCA Finance Committee.



CRAIG ROCKWOOD



Craig has been a member of the Massachusetts bar for approximately 40 years. The principal concentration of his office is in the area of trusts and estates, although he is also deeply experienced in business and corporate general counsel work. Craig served as the YMCA board chairman for several years and headed up the \$9 million capital campaign in 2007 to expand the Y building, called "Y Capitalize." The project doubled the size of the previous building. Craig rejoined the board in 2019 has been involved in annual giving campaigns. Craig is blessed to have been with his wife Kay for over 20 years. Craig and his wife Kay are blessed with 3 children and 4 grandchildren.

FOR SOCIAL RESPONSIBILITY

DID YOU KNOW, THE YMCA CAPE COD...

SERVES AS A COVID-19 VACCINATION SITE THROUGH A PARTNERSHIP WITH WHOLE HEALTH PHARMACY?

PROVIDED EMERGENCY CHILDCARE FOR OVER 1,000 CHILDREN OF ESSENTIAL WORKERS DURING THE PANDEMIC SHUT DOWN?

WILL NOT TURN ANYONE AWAY DUE TO INABILITY TO PAY FOR PROGRAMS AND SERVICES?



PAMELA SANDE

Pamela has a master's in management degree from Cambridge College and a bachelor's degree in Social Work from Boston University. She is the Managing Principal of Your HR at Work (formerly Pamela Sande and Associates, LLC) a firm she started in 2016. Pamela has over 25 years of human resources experience in

both consulting and corporate roles, including as an HR executive and as a specialist in designing total rewards programs that drive organizational performance. Before starting her own firm, Pamela was the VP of Total Rewards & Human Capital Systems for 10 years for a large human services company employing over 30,000 employees. Pamela is the Chair of the YMCA Human Resource Committee, the Vice Chair of the Head Start Committee and joined the Board in 2018. She has two children and is the proud Oma of six grandchildren who are the loves of her life.

Here is what Pam says about volunteering at the Y... I volunteer for the Y because I truly believe the Y contributes greatly to the Cape Cod community – childcare, camps, food program, Achievers and more. I have learned so much by being a member of the board and the HR Committee and it is great to be able to make a contribution to our community.

REBECCA THOMAS



Rebecca has been a civil litigation attorney for nearly 20 years with a primary focus in medical malpractice and personal injury. She received her BA from Ursinus College and her JD from Temple University Beasley School of Law in 2002. She is a founding partner of the female owned law firm of Thomas and Wickenheiser, LLC, which has offices across Massachusetts and New Hampshire. Rebecca volunteers for the Y because she deeply believes in the Y's mission and values and its commitment to the community. Rebecca currently serves on the Y's Human Resources Committee and was the Chair of the 2021 and 2020 Annual Campaign. Rebecca lives alone but is considered a second mom to her two beautiful nephews. One of Rebecca's favorite quotes is from Nelson Mandela: "There can be no greater gift than that of giving one's time and energy to help others without expecting anything in return."





YMCA CAPE COD

Our Mission is to serve the Cape Cod community by providing programs rooted in our core values of caring, honesty, respect, and responsibility that build a healthy spirit, mind, and body for all.

**100 Independence Drive, Suite 2, Hyannis, MA 02601
www.ymcacapecod.org**