



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2014 CAMP LYNDON



ADVENTURE AWAITS THIS SUMMER



ADVENTURE AWAITS

I've had the pleasure and the honor of working with thousands of kids and families within our Cape Cod community for the past ten years and I am inviting your family to join us this summer for another amazing adventure!

Youth Development at the Y means showing kids, teens and young adults role models and behaviors designed to inspire healthy choices and lasting positive relationships. Both YMCA Cape Cod summer camp communities are led by a team of kind, trustworthy individuals committed to creating a safe place for children to practice social skills and character values. Using a healthy environment and the safest positive reinforcement techniques, your children will be well on their way to adventurous learning. We look forward to meeting your family and introducing you to ours as we grow our community together.



Steven Wolfe
Senior Program Director
Youth Development



Pictured: Steven Wolfe and his son Ayden at Camp Lyndon.

DISCOVER MORE

With a commitment to nurturing the potential of children and teens, promoting healthy living, and fostering a sense of social responsibility, the YMCA Cape Cod's Camp Lyndon ensures that every individual has access to the essentials needed to learn, grow and thrive.

The YMCA Cape Cod operates two day camps on Cape Cod; Camp Lyndon in Sandwich and West Barnstable Day Camp located at the Y. Both camps provide a safe, thriving environment for young people to explore personal interests, build self esteem, develop interpersonal skills, discover the creativity and health benefits of the outdoors, and make lasting friendships and memories.

CAMP LYNDON

Summer camp is about adventure and discovery. At Camp Lyndon, kids have the opportunity to explore nature, find new talents, try new activities and gain independence. And, of course, it's lots of fun too!

Camp Lyndon provides quality traditional day camping experiences that help children to grow in spirit, mind and body while teaching the core values of caring, honesty, respect and responsibility.

Join in the fun and become part of the YMCA Cape Cod family this summer!

Download registration forms online at:
ymcacapecod.org/programs/camp/

OUR MISSION

To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all.

WHO WE ARE

The Y is the nation's leading non-profit committed to strengthening communities through youth development, healthy living and social responsibility.

OUR CAUSE

Strengthening the foundations of community.

2014 CAMP SESSION DATES

WEEK 1	JUNE 23 RD - 27 TH
WEEK 2	JUNE 30 TH - JULY 3 RD NO CAMP JULY 4 TH
WEEK 3	JULY 7 TH - 11 TH
WEEK 4	JULY 14 TH - 18 TH
WEEK 5	JULY 21 ST - 25 TH
WEEK 6	JULY 28 TH - AUG 1 ST
WEEK 7	AUG 4 TH - 8 TH
WEEK 8	AUG 11 TH - 15 TH
WEEK 9	AUG 18 TH - 22 ND
WEEK 10	AUG 25 TH - 29 TH

MEET YOUR CAMP DIRECTOR/CAMP Q&A AT YMCA CAPE COD WEST BARNSTABLE

Thursday, May 15th 5:30 - 6:30 pm
Thursday, May 22nd 5:30 - 6:30 pm

CAMP TOURS

Saturday, April 26th 10:00 - 11:00 am
Saturday, May 24th 10:00 - 11:00 am
Saturday, June 14th 10:00 - 11:00 am

Stay connected by LIKING our Face Book page:
www.facebook.com/pages/YMCA-Cape-Cod/

AREAS OF FOCUS

Youth Development - Nurturing the potential of every child and teen.

Healthy Living - Improving the nation's health and well-being.

Social Responsibility - Giving back and providing support to our neighbors.



MAKING A DIFFERENCE

“In the world of a foster child very little is certain; however, my son’s experience at YMCA Camp Lyndon provided an exceptional gift: the gift of caring and professional mentors that have taught him to trust again which has provided a world of good. I think the continuity and care and dedication of your counselors taught him to never give up. They taught relationship building and respect. These are the formative years for kids and it is so important.”

Charlene Poliquin on Dan Waite and Mike Kristy

(YMCA Camp Lyndon Unit Director and Counselor respectively; Youth Sports Referees)

MEET OUR CAMPERS



AIDEN WOLFE

11 Years Old
8 Summers at Camp Lyndon

"Camp Lyndon is my favorite place in the whole world. I wait all year for summer time so I can see my friends and counselors from other schools."

JASMYN CRAFT

12 Years Old
7 Summers at Camp Lyndon

"I look forward to becoming a counselor someday! Last year I became involved in the annual support campaign & donated money that I earned so I could help a kid go to camp & have fun! Camp is so important because you learn about nature, swimming, boating, horses, music, art & friendship! I can't wait for this summer!"



MOLLY O'BRIEN

10 Years Old
6 Summers at Camp Lyndon

"I love the counselors the best! They are so much fun. They are like big kids. My favorite things to do at camp are swimming, sailing & the ropes course. This summer I am going to do the zip line!"

YOUTH DEVELOPMENT PROGRAMS

PROGRAMS RUN MONDAY – FRIDAY FROM 9AM – 4PM, UNLESS OTHERWISE NOTED, EXTENDED CARE AVAILABLE

KIDDIE CAMP

3 – 5 YEARS

CAMPER TO COUNSELOR RATIO 5:1

Great opportunity for first time campers! Half-day summer camp programming, three days a week. Campers enjoy some of our most popular program areas while making new friends. Must be toilet trained. Bussing is not available for this camp.

Tuesday, Wednesday, Thursday 10:00 am – 1:00 pm

WAY IN THE WOODS

4 – 5 YEARS

CAMPER TO COUNSELOR RATIO 5:1

The Way in the Woods program offers preschoolers their own full day, outdoor summer camp experience. YMCA staff work at a 1:5 ratio exploring the great outdoors and learning through experience.

EXPLORERS – UNIT 1

6 – 7 YEARS

CAMPER TO COUNSELOR RATIO AGE 6 5:1, AGE 7 10:1

Through daily experiences and activities, the Explorer Program encourages campers to accept and demonstrate caring, honesty, respect and responsibility in everything they do. These experiences will include songs, skits, arts and crafts, instructional and recreational swims, archery and nature skills, just to name a few.

PIONEERS – UNIT 2

8 – 9 YEARS

CAMPER TO COUNSELOR RATIO 10:1

Our Pioneers take our camp program a step further by spending more time in a wider range of camp activities. Campers are encouraged to set new physical and learning goals and to explore new abilities and qualities in themselves. Camp Overnights are also offered as part of the Pioneer experience.

VOYAGERS – UNIT 3

10 – 11 YEARS

CAMPER TO COUNSELOR RATIO 10:1

Voyagers develop a sense of community, teamwork and ownership through individual and team challenges. Through these efforts we hope to provide a solid footing for the pre-teen years ahead. We give Voyagers the opportunity to select special-interest activities and encourage them to learn and demonstrate specific program-related skills.

CHALLENGE CAMP – CC

12 – 13 YEARS

CAMPER TO COUNSELOR RATIO 10:1

Challenge Camp offers both adventure and unique opportunities during the camp day. Campers develop leadership skills and learn how to work within a group of diverse views and abilities. We challenge our campers through our ropes course and adventure-based programs. These activities blend traditional day camping with additional opportunities for individual and group development and growth.

LEADERS IN TRAINING – L.I.T.

14 YEARS

CAMPER TO COUNSELOR RATIO 10:1

The Leaders In Training program is designed to keep the early teenage camper engaged as they continue their summer camp experience and prepare for the prospect of employment. Our enthusiastic and energetic staff delivers an exciting daily schedule that differs from that of our younger campers. This choice-based, teen friendly schedule blends your older campers' favorite adventure activities with a strong focus on community care and on-site service projects.

COUNSELORS IN TRAINING – C.I.T.

CIT I = 15 YEARS

CIT II = 16 YEARS

CAMPER TO COUNSELOR RATIO 10:1

The Counselors In Training program consists of a group of dedicated campers who have decided to continue their journey toward becoming an official member of the YMCA Cape Cod summer camp staff team. CIT's commit themselves to an 10-week camp session that includes a one-week leadership workshop led by supervisory professionals. CIT's continue the apprentice program by shadowing actual Camp Lyndon group leaders as they learn on the job how to successfully manage a highly energetic group of children during the day camp schedule.



MORNING CEREMONIES

CAMP OFFERINGS

DAILY AND WEEKLY ACTIVITIES

PROGRAM OFFERINGS BY UNIT

Way in the Woods/Explorers (Unit 1) – Arts & Crafts, Boating, Music & Movement, Drama, Nature
Pioneers (Unit 2) – Ropes Course Arts & Crafts, Boating, Music & Movement, Drama, Nature, Archery
Voyagers (Unit 3), Challenge Camp, CIT/LIT – Ropes Course, Arts & Crafts, Boating, Music & Movement, Drama, Nature, Archery

ROPES COURSE

Clearly one of our most popular activity areas at camp! Our phenomenal challenge course, seven high angle elements including a zip line and two climbing walls, is inspected and licensed annually. A professional adventure education company trains and certifies our spectacular staff team to be sure your child is given the safest care and instruction before they jump into their new adventure.

SWIMMING

The Y is famous for teaching kids how to swim. Camp Lyndon is no exception. Our lifeguards and water safety instructors are guided by the support and expertise of the YMCA Cape Cod aquatics director to ensure your children have a meaningful and fun swim lesson at least three days a week during their precious time at Camp Lyndon. Lessons are delivered according to age and current skill level.

BOATING

Camp Lyndon is famous for attracting accomplished sailors from local high school sailing teams on Cape Cod to lead our boating program season after season. Campers have an opportunity to learn canoeing, kayaking and sailing skills under the best care and instruction in the industry.

ARCHERY

This traditional target sport hones many fine and gross motor skills for kids of all ages. While on the archery range, campers will be guided by caring instructors with age and skill appropriate equipment. This program fosters great communication and concentration skill building opportunities.

NATURE

Our nature exploration program gives campers a chance to experience all the outdoor nooks and crannies that make camp such a special place. A strong, age-appropriate, curriculum focus is placed on local Cape Cod ecology, flora and fauna.

DRAMA, MUSIC AND MOVEMENT

Here at Camp Lyndon we take time to experience the key components to the foundations of our culture by experiencing the fine arts through music appreciation, access to musical instrument instruction, dance/choreography, and of course... camp skits! This homage is one of the most important elements of our camp culture.

OTHER ACTIVITIES

Enjoy our craft center, or one of our many ball courts or sports fields for hours of fun and entertainment. We also pride ourselves on special events here at Camp Lyndon. Each week, our amazing staff plan exciting themed adventures and we want you to participate! We pride ourselves on the diversity of our people and activities, so if you know a new game or song... please share it!

FAMILY FUN NIGHTS

Come join other camp families and camp staff for a BBQ dinner, boating, archery, swimming, and camp songs. S'mores, anyone? Offered Thursday nights, 6:00PM-7:30PM, on Weeks 1, 3, 5, 7, 9 FREE of charge.

CAMPER OVERNIGHTS

Offered to campers age 8 and up, kids get the chance to spend the night at camp in our renovated cabins. Extended program times and dinner and breakfast the next day are supplied. Make sure to keep an eye out for sign-up forms! Offered Thursday nights on Weeks 2, 4, 6, 8, and 10, this extra night of fun comes at an additional charge and signed consent forms are needed.



NATURE



SWIMMING



BOATING

SAMPLE DAILY SCHEDULE

Actual times may vary depending on age.

8:45 – 9:00	Busses Arrive/ Drop-Off
9:00 – 9:30	Move to Amphitheater for Morning Ceremonies
9:30 – 9:45	Morning Ceremonies
9:45– 10:45	Swimming
10:45–11:45	Group Time
11:45–12:30	Lunch
12:30–1:30	Program
1:30–2:30	Choice Blocks
2:30–3:30	Sports
3:30–4:00	Clean Up, Board Busses, Go Home

Morning Ceremonies: Join the whole camp for songs, announcements, welcomes, and daily news and updates. Special Event days usually start at this time.

Swimming: All campers are swim tested the first day of the session and offered lessons for the first half of the block and “free swim time” afterwards. Camp staff perform buddy checks every 20 minutes.

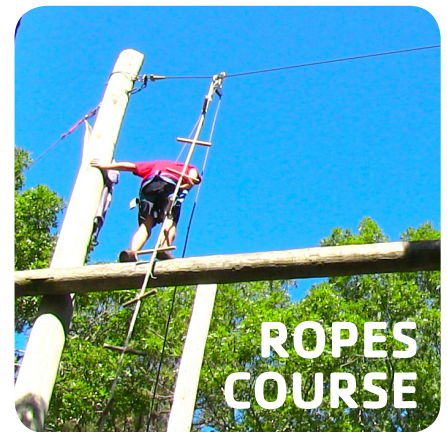
Group Time: This counselor led time can be used to play games, experience outdoor cooking, do crafts, go on hikes, prepare for Special Event Days, go frog catching, and much more. This is a great time for campers to make friends and bond with counselors.

Lunch: Camp Lyndon offers a lunch program for you to enjoy, if interested. Campers sit with counselors at picnic tables and take a short break from the busy day at their unit areas.

Program: Camp Lyndon offers eight program areas: Archery, Boating, Arts & Crafts, Drama, Music & Movement, Nature, and Ropes. Program offerings vary depending age. Make sure to look at unit’s program offerings!

Choice Blocks: Campers can spend some extra time with friends at a favorite game or activity. Raft building, archery target engineering, kickball, and song writing are just a few of things our campers can sign up for either day or week-long projects.

Sports: Fun and friendship at the core of all games and sports. While the traditional sports like basketball and soccer are played, there are many fun camp-styled games to play. Tennis-baseball or a game of “Rabbits and Squirrels” anyone?





IMPROVING YOUR CAMP EXPERIENCE

Revised swimming schedule to allow every camper the opportunity to participate in a 20 minute swim lesson three times a week along with being swim tested the first day of every session. Campers enjoying camp for more than one session can track their progress in the water.

New Arts initiative at Camp Lyndon with focus on a brand new program area: Drama. Our new Drama Gazebo will allow campers to act and create in front of their peers.

New Team building specialization at Ropes Challenge Course. More than just climbing, campers will be able to bond with their peers and counselors in lasting and memorable ways by working together to solve puzzles and team-based challenges.

Week-Long-Choice (WLC) Voyagers and Challenge Campers will have the opportunity to sign up for Week Long Choice Blocks in which long term projects like fort and raft building, play writing, and mapping projects can be completed.

CAMP TERMINOLOGY

Counselor – The role model leading a camper group of five to ten campers depending on age. Great at leading games and projects; a very versatile and driven community role model who can help with everything from finding the nearest bathroom to helping someone make a friend.

Unit – The age group your camper is assigned. Grouped into two year age divisions, Units come together at Morning Ceremonies, Lunch, and Dismissal.

Unit Director – The individual in charge of assisting counselors and helping with camper's problems throughout the day. An excellent leader of both staff and campers alike.

Unit Area – The "home base" for each Unit; unit areas are spread throughout Camp Lyndon and offer a place for campers to store their backpacks, groups to convene for activities, and lunch to be had.

Swim Group – A swim test to determine your child's swim level is administered every Monday. Your camper will join other campers of like ability.



Molly, 13

Y Member Since 2007

A part of the YMCA Community since she was 9 years old, Molly has taken part in numerous activities here. But it's the Y's summer camp and horseback riding programs that have had the greatest affect on her. "She was painfully shy when she started," her mother explains, "But the interaction with the Y staff has definitely helped her grow."

"Being accepted into a group has really helped her."

Programs such as Summer Camp, Youth Sports, and After School Enrichment have given Molly a chance to learn new skills and make new friends. At Camp she formed bonds with her counselors and learned better social skills. The Y's basketball team helped her confidence grow by leaps and bounds.

HORSEBACK RIDING

Offered at an additional cost. Questions? Call 774-251-5208.



MEET CATHY HILL

Cathy Hill is a lifelong rider with a large repertoire of equestrian interests and skills. Her holistic approach to riding and training is based on her deep intuitive understanding of the multi-faceted relationship between the mind and body of both horse and rider and her unique ability to communicate that understanding to her students.

Cathy is a highly respected professional who thrives on the challenges of working and repairing problem horses that others have long since given up on. Cathy also operates CJ's Ranch, a full service equestrian facility. Cathy has teaching experience from dressage to western pleasure. Cathy also provides amazing leadership for the Barnstable Barn Burners, her pride and joy performance drill team which performs across New England.

Camp Lyndon is very excited to be working with Cathy Hill for a third season. With her help and expertise, the YMCA Cape Cod has been able to provide safe, nurturing and exciting horse programs for our summer campers.

HORSEBACK RIDING CAMP:

Camp Lyndon and Cathy Hill (CJ's Ranch) are excited to offer children ages 8-16 a safe and friendly place to experience their love for horses. We pride ourselves on having quiet, gentle, safe ponies and horses for all comfort and experience levels. We are extremely safety oriented. All students learn basic horsemanship and solid fundamental riding skills as they progress at their own rate. Horsemanship builds self-esteem, confidence, friendship and trust. Our goal is to introduce children to the powerful experience of connection and bonding with these incredible animals and to help them become accomplished equestrians.

Horsemanship and riding skills include:

- Leading horses/ponies
- How to put on a saddle & bridle
- Mounting
- Steering, stopping, balanced and centered riding
- Bathing your horse/pony
- Feeding
- Overall cleaning and care of your horse/pony

AFTERNOON PROGRAM

Ages 8-16 years
Monday - Friday
Weeks 5-9
1:00 pm - 3:00 pm

Members \$125 per week
Non-Members \$225 per week

The horse program is an addendum to the regular camp day - horse program participants will be brought out of their regular rotations and up to the barn for riding/care lessons.



TRANSPORTATION



Cape traffic can be unpredictable, please understand weekend and event traffic can delay busses up to 15 minutes.

OWL AM PM

DENNIS, YARMOUTH, HYANNIS

1. Lost Dog Restaurant, Dennis	7:45am	5:09pm
2. Dennis Memorial Library, Dennis	7:51am	5:03pm
3. Old Bass River and Setucket Rd, Dennis	7:54am	5:00pm
4. Old Bass River & Access Rd/Bob Crowell Rd, Dennis	7:57am	5:03pm
5. Dennis Town Hall & Bass River Rd, Dennis	8:02am	4:58pm
6. Station Ave. & Regional Ave (tennis Courts), Yarmouth	8:08am	4:53pm
7. Lawrence McArthur Elementary, Yarmouth	8:12am	4:49pm
8. Route 28 and Seaview Ave, Yarmouth	8:16am	4:45pm
9. Route 28 and Lewis Rd, Yarmouth	8:20am	4:41pm
10. AM Old Mill Hill Club and Rte 28, Yarmouth	8:25am	
PM DiParma Restaurant, Yarmouth		4:36pm
11. Barnstable Intermediate School, Hyannis	8:35am	4:26pm

SKUNK

HYANNIS, CENTERVILLE, OSTERVILLE, MARSTONS MILLS

1. BJ's Parking Lot, Attucks Lane, Hyannis	8:05am	4:58pm
2. Cape Cod Mall at Sears Auto	8:11am	4:53pm
3. Winter Street and Chestnut Street, Hyannis	8:16am	4:47pm
4. Sea Street and South Street, Hyannis	8:21am	4:42pm
5. Sea Street and Gosnold Street, Hyannis	8:24am	4:39pm
6. Marstons Ave and Scudder Ave, Hyannis	8:27am	4:36pm
7. Craigville Beach Rd and W. Hyannisport P.O.	8:30am	4:33pm
8. Methodist Church, Pond Street, Osterville	8:40am	4:23pm
9. Indian Lakes Entrance & Route 149, Marstons Mills	8:46am	4:18pm
10. Race Lane and Old Mill Road, Marstons Mills	8:54am	4:10pm

TURTLE

FALMOUTH, MASHPEE, COTUIT

1. W.Falmouth (Chapoquoit) Firehouse, Corner of Rte 28A and Black Smith Shop Rd	7:48am	5:10pm
2. Mullen Hall School, Dillinham Ave, Falmouth	7:58am	5:00pm
3. Spring Bars Rd and Worcester Court, Falmouth	8:03am	4:55pm
4. Teaticket Elementary at Maravista, Falmouth	8:06am	4:52pm
5. Route 28 and John Parker Road, Falmouth	8:10am	4:48pm
6. AM Route 28 at Dunkin Donuts, Falmouth	8:13am	
PM Route 28 at Three Way Liquors, Falmouth		4:45pm
7. Route 28 and Seacoast Shores, Falmouth	8:17am	4:41pm
8. CC Children's Museum, Great Neck Rd South, Mashpee	8:27am	4:31pm
9. Box Lunch, Mashpee Rotary	8:38am	4:20pm
10. Santuit Newtown Rd and Route 28, Cotuit	8:46am	4:13pm
11. Santuit Newtown Rd and Wakeby Rd, Cotuit	8:50am	4:08pm
12. Santuit Newtown Rd and Asa Meigs Rd, Cotuit	8:54am	4:05pm

GOAT

BOURNE, FALMOUTH, MASHPEE, SANDWICH

	AM	PM
1. Swift Activity Center, Sagamore Beach	7:40pm	5:21pm
2. Sandwich Rd and Adams St. Ball Park		
By Gas station, Sagamore	7:50am	5:11pm
3. Trowbridge Road at Tedeschi's, Bourne	7:57am	5:04pm
4. Grand Union parking lot, Clay Pond Rd., Bourne	8:03am	4:58pm
5. Aubuchon's at Barlow's Land Rd., Bourne	8:07am	4:54pm
6. County Road and Scraggy Neck Road	8:17am	4:44pm
7. The Beach House, Rte 28A and Rte 151, Falmouth	8:22am	4:39pm
8. Rte 151 & Sandwich Rd, Falmouth	8:29am	4:32pm
9. Dino's Pizza, Mashpee	8:33am	4:28pm
10. Mashpee Town Hall, Mashpee	8:38am	4:23pm
11. Forestdale School, Sandwich	8:55am	4:10pm

GARFIELD

HYANNIS, CENTERVILLE, MARSTONS MILLS

1. YMCA Cape Cod, Route 132, Barnstable	8:15am	4:52pm
2. Horace Mann Charter School, Hyannis	8:25am	4:43pm
3. Star Market Parking Lot, West Main St, Hyannis	8:30am	4:38pm
4. Strawberry Hill Rd and Pine Street	8:34am	4:34pm
5. Four Seas Ice Cream, Centerville	8:37am	4:30pm
6. AM Centerville Plaza, Tedeschi's	8:44am	
PM Route 28 Convenience Store		4:23pm
7. Old Stage Road and Thoreau Drive	8:48am	4:20pm
8. Race Lane and Walnut Street	8:51am	4:18pm
9. Race Lane and Willimantic Drive	8:53am	4:15pm

RABBIT

YARMOUTH, BARNSTABLE, SANDWICH

1. Route 6A at Union Street, Yarmouthport	8:00am	5:00pm
2. Route 6A at Cummaquid P.O.	8:08am	4:52pm
3. Route 6A at Barnstable P.O.	8:12am	4:48pm
4. Route 149 and Route 6A	8:21am	4:39pm
5. Route 6A and Sandy Neck Road	8:25am	4:35pm
6. AM Route 6A and Plough Neck Rd	8:28am	
PM Route 6A at Christies Market		4:32pm
7. Henry T Wing School (Tennis Courts)	8:35am	4:25pm
8. Cotuit Road at Canterbury Plaza	8:40am	4:20pm
9. Farmersville Road and Boardley Road	8:50am	4:10pm

SHARK

CHATHAM, HARWICH, DENNIS, BREWSTER

1. Exit 10 Commuter Lot, Harwich	7:40am	5:24pm
2. Eddy Elementary School, Brewster	7:48am	5:18pm
3. Long Pond Drive and Route 137, Harwich	7:56am	5:12pm
4. Queen Anne Rd and Rte 137 – by Methodist Church	8:00am	5:08pm
5. Ocean State Job Lot at George Ryder Rd, Chatham	8:04am	5:04pm
6. Route 28 at South Chatham P.O., Chatham	8:07am	4:56pm
7. Route 28 at South Harwich P.O., Harwich	8:12am	4:50pm
8. Route 39 and Oak Street, Harwich	8:16am	4:45pm
9. Barbos Furniture – Depot and Route 28, Dennis	8:25am	4:40pm
10. Ezra Baker Elementary School, Dennis	8:30am	4:35pm

REGISTRATION

REGISTRATION INSTRUCTIONS

1. Before completing the registration form, please discuss the choices available with your child. This will ensure that your child has a positive camping experience.
2. Pull out pages 12 through 16.
3. Fill out camp registration forms completely.
4. Make sure your child's age corresponds to the required age of each camp. Please use your child's age as of June 1st.
5. Take your completed registration forms with your payment to the front desk at the YMCA Cape Cod West Barnstable facility, or mail to YMCA Cape Cod, 2245 Iyannough Road, West Barnstable, MA 02668. Remember, these forms must be accompanied with a deposit of \$25.00 per week. If you misplace a form or you need extra copies, additional forms may be downloaded at www.ymcacapecod.org. Please note, any incomplete registrations without required deposits will not be processed.
6. Registration Fee, Deposit, Payment, Cancellation and Refund Policies please refer to page 18.

Your child will not be allowed to attend camp or board a camp bus until all the necessary forms and information have been turned in to our business office and weekly tuition is paid in full. All paperwork and payments are due by 5 pm the Wednesday prior to attending camp.

Weekly balances must be paid in full prior to the start of the camp week.

For registration changes and financial questions please call (508) 362-6500 x 125 or 208.

For Camp policy and program questions please call Camp Lyndon (508)-428-9251 X 208.

REGISTRATION FORM

Camper's First Name _____ Last Name _____

M/F _____ Birth Date _____ Do you have a YMCA Cape Cod Membership? Yes ___ No ___

Permanent Mailing Address _____ City _____ State _____ Zip _____

Day Phone # _____ Evening Phone _____

Summer Mailing Address _____ City _____ State _____ Zip _____

Day Phone # _____ Evening Phone _____

Parent/Guardian's Name _____ Work Phone _____

Home Phone _____ Cell Phone _____

EMAIL ADDRESS

Camper's Last Name: _____

Date of Birth: _____

Camper's First Name: _____

Phone: _____

All fees listed are per week unless noted		Week 1	Week 2 No Camp July 4th	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	TOTAL
AGES	FEEES M=Member N=Non-Member	6/23 - 6/27	6/30 - 7/4	7/7 - 7/11	7/14 - 7/18	7/21 - 7/25	7/28 - 8/1	8/4 - 8/8	8/11 - 8/15	8/18 - 8/22	8/25 - 8/29	TOTAL
Age 3-6 Half Day	M \$125 N \$187	1	2	3	4	5	6	7	8	9	10	
Age 3-6 Full Day	M \$250 N \$375	1	2	3	4	5	6	7	8	9	10	
Age 7-14	M \$210 N \$310	1	2	3	4	5	6	7	8	9	10	
Age 15-16	M \$1560 N \$1860	1	2	3	4	5	6	7	8	9	10	
EXTENDED CARE, Must be a Camp Lyndon Camper to Attend	FEEES											TOTAL
AM - 7:30 - 9:00	\$30	1	2	3	4	5	6	7	8	9	10	
PM - 4:00 - 5:30	\$30	1	2	3	4	5	6	7	8	9	10	
AM & PM CARE	\$50	1	2	3	4	5	6	7	8	9	10	
LUNCH PROGRAM	FEEES	<input type="checkbox"/> Check here to have Free/Reduced Lunch information sent to your home										TOTAL
Lunch Program	\$16.75	1	2	3	4	5	6	7	8	9	10	
BUS TRANSPORTATION (Page 9)												
Bus Name:		1	2	3	4	5	6	7	8	9	10	
Stop Number:												
Child is 11 years old and has permission to walk home alone from bus stop. Parent Signature _____		yes	yes	yes		yes	yes	yes	yes	yes	yes	
REGISTRATION FEE	\$25											\$25
MULTI CHILD DISCOUNT	Each additional child will receive a \$12.50 discount per week off total tuition, excluding Kiddie Camp											-
EMPLOYEE DISCOUNT (see employee handbook)												
PAYMENT INFORMATION												TOTAL AMOUNT DUE:

Balance Due at time of Registration (\$25 registration fee +\$25 per week attending required): \$ _____

Upon receiving the required payment above, the Y will send out an invoice with the total amount due. Please mail documentation of Third Party Payments to be received by the YMCA Cape Cod.

Weekly tuition fees must be paid in full by the Thursday prior to the week of your camper's scheduled attendance.

Check here for weekly bank draft payment, information will be mailed to your home.

Charge \$ _____ to the following credit card: _____ MasterCard _____ Visa

Card Number: _____ Exp: _____

Make checks payable to: _____ Print Name of Cardholder: _____

YMCA Cape Cod _____ Signature of Cardholder: _____

REGISTRATION

MEDICAL HISTORY

MUST BE FILLED OUT EACH YEAR

Child's Name _____ Date of Birth _____

Child's Physician _____ Physician's Phone Number _____

Address of Physician _____

Name of Dentist _____ Dentist's Phone Number _____

Name of Orthodontist _____ Orthodontist's Phone Number _____

Do you carry medical/hospital insurance? Yes ___ No ___ Insurance Carrier _____

Chronic or recurring illness/medical condition _____

Dietary restrictions _____

Allergies _____

Current Medications _____

PHYSICAL FORM TO BE ATTACHED

I _____ understand that I must request a current (within the last two years) copy of my child's physical from his/her physician and submit that form for this registration to be complete.

Parent/Guardian's Initials: _____

IMMUNIZATION FORM TO BE ATTACHED

I _____ understand that I must request a copy of my child's immunization record from his/her physician and submit that form for this registration to be complete.

Parent/Guardian's Initials: _____

Behavior concerns we should be aware of:

REGISTRATION

EMERGENCY INFORMATION FORM

Your child will not be released to any person other than those indicated with a check on the sheet below. If your child is signed-out, a photo I.D. will be required by the person picking him/her up. Your child can only be signed out by the people listed below.

Please indicate with a check those persons to whom your child may be released in case of illness/injury or dismissal. In case of an emergency/illness, we will call the following contacts in the order listed unless otherwise noted.

EMERGENCY CONTACTS

Parent/Guardian..... Day Phone Number

Relationship..... Other Phone Number

Address (if different than child's)

Parent/Guardian..... Day Phone Number

Relationship..... Other Phone Number.....

Address (if different than child's)

Emergency Contact..... Day Phone Number

Relationship..... Other Phone Number.....

Emergency Contact..... Day Phone Number

Relationship..... Other Phone Number.....

Emergency Contact..... Day Phone Number

Relationship..... Other Phone Number.....

IF YES TO EITHER QUESTION BELOW, A COPY OF ORDER IS NEEDED FOR THE CHILD'S FILE. PLEASE ATTACH TO REGISTRATION INFORMATION.

Is there a court order in regard to the child's custody?

Is there a current restraining order in regard to who may have contact with this child?

Signature of parent/guardian.....

Relationship to child..... Date.....

REGISTRATION

WAIVER & AUTHORIZATION FORM

WAIVERS: Please carefully read the following 6 waivers/authorization.

1) CAMP LYNDON ONLY - TRANSPORTATION WAIVER:

I _____ will have a responsible adult pick up my child at the Camp or Bus Stop as specified on page 9 at the designated time. I understand that it is my responsibility to read the transportation procedure and bus stop release policy for the YMCA Cape Cod Camp Lyndon which can be found in the YMCA Cape Cod Summer Camp Handbook available online at www.ymcacapecod.org. I also have read and understand the FAQs and cancellation policies found on page 16 this brochure.

Parent/Guardian's Initials: _____

2) CAMP LYNDON ONLY - BUS STOP RELEASE WAIVER:

Parents and guardians of campers 11 years and older only: I give my son/daughter _____ permission to be released at his/her assigned bus stop if a designated adult is not present.

Parent/Guardian's Initials: _____

3) PHOTO/MEDIA WAIVER:

I, _____ the parent/guardian shown on this form, wish my child to be enrolled in camping programs with the YMCA Cape Cod at one of its sites. I hereby give permission for photographs and other media materials to be used for promotional display purposes and local media and news coverage.

Parent/Guardian's Initials: _____

4) CAPE COD YMCA, INC. RELEASE AND DISCLOSURE WAIVER:

I am aware in signing this document for my child's participation in various or certain programs and activities offered by Cape Cod YMCA, Inc., that certain elements of such programs or activities can be physically or emotionally demanding. The Cape Cod YMCA staff will use reasonable efforts to minimize my child's exposure to known risks, but I recognize that not all dangers and hazards can be foreseen. Further, I am aware that certain inherent risks exist in some programs and activities that are beyond the control of the Cape Cod YMCA. I acknowledge the absolute responsibility of my child to follow safety rules, standards, guidelines and procedures established for each activity and program. Failure to follow such rules and regulations may result in my child's dismissal from the program. I will encourage my child to ask for clarification or assistance if he/she doesn't understand any safety instructions.

I knowingly release and hold Cape Cod YMCA, Inc., and its employees, agents, volunteers, officers and directors, harmless from and against all liability for loss or injury to my child resulting from his/her participation in any activity or program. I agree to indemnify Cape Cod YMCA, Inc., and its employees, volunteers, agents, officers and directors, for all costs and expense which it or they may incur due to claims or demands alleging such an injury, including settlement payments, court judgments, and legal defense fees. I agree that Cape Cod YMCA shall have final authority regarding the defense and settlement of claims or suits brought against it or any of its employees, agents, volunteers, officers or directors, claiming any such injury.

Parent/Guardian's Initials: _____

5) AUTHORIZATION TO ADMINISTER MEDICATION FORM REQUIREMENT:

I _____ understand that the Authorization To Administer Medication Form must be completed prior to camp. Contact the Camp Lyndon nurse or WB YMCA Day Camp Director with any questions. This form will be available prior to and on the first day of each session of camp. Medications MUST be brought to camp by a parent/guardian. Medications MUST be in the original container with a correct and current prescription label (pharmacy will provide a separate container upon request).

Parent/Guardian's Initials: _____

6) AUTHORIZATION TO PROVIDE CARE

In the event of illness or accident to my child while attending YMCA Summer Camp, I hereby authorize the Director, Nurse of the Camp or the medical personnel selected by the Camp Director/Assistant Camp Director to administer and/or secure prompt medical treatment for my child. Unless otherwise noted, I authorize the Camp Nurse or Camp Director/Assistant Camp Director to administer Tylenol (acetaminophen) or Motrin/Advil (ibuprofen) for pain or fever. I also give permission to release any records necessary for insurance purposes and to provide or arrange related transportation for my child to the nearest medical facility as necessary. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the Camp Director/Assistant Camp Director to secure and administer treatment, including hospitalization for my child. I also state this health history is correct to the best of my knowledge, and the person herein described has permission to engage in all camp activities except as noted.

Please note exceptions: _____

Parent/Guardian's Initials: _____

7) EARLY PICK UP

If early pick up is deemed necessary due to illness or discipline issues; by our Directors and a call has been made to you the parent or your emergency contact it is our policy that pick up take place within the hour.

Parent/Guardian's Initials: _____

Your signature signifies that you have read and agree to the above information.

Parent/Guardian's Signature: _____ Date: _____ Camper's Name: _____



Byron, 8

Y Member Since 2009

It's not easy raising a family with six children. For Rita, Byron's mother, it became a lot more difficult when her husband James lost his job. "I didn't think the kids were ready for the sacrifices," Rita says.

"I really wanted to do something good for them."

Rita learned the Y was providing camp scholarships to families of deployed military personnel and families experiencing financial hardships. These scholarships enabled Byron and his siblings to attend Camp Lyndon, where they made new friends, learned outdoor survival skills and gained confidence and independence. Just as important, this family found something to smile about during a very difficult time.

IMPORTANT FAQs FOR PARENTS AND GUARDIANS

How does Camp Lyndon select and train its staff?

Counselors come from a wide array of backgrounds that include college students, exemplary high school students, and graduates of the C.I.T. program. Staff are only offered employment after passing reference and background checks. Counselors and instructors then undergo a minimum three day orientation covering issues from child abuse and neglect trainings, to programming and counseling techniques, to safety and basic first aid.

What is the staff to camper ratio?

For ages 6 years and under, the ratio is 1 staff per 5 campers. For ages 7 years and older, the ratio is 1 staff to 10 campers.

What medical information does the camp need?

A copy of the health history form is attached in this brochure. Under Massachusetts State Law, each camper must have a recent physical and immunization form, signed by a licensed physician, on file prior to attending camp. We require each camper to have a physical dated within 2 years prior to admission. Current physical and immunization records from your child's school are acceptable. Completed health forms must be in our files before your child may be registered for camp.

Do you offer financial assistance?

Thanks to generous donations from YMCA families, staff, camp alumni and friends, funds are available to those who may not be able to afford a camp experience for their child. Confidential campership applications are available on request and must be submitted by June 1, 2012. For more information please contact, (508) 362-6500 x 208.

What happens if my child gets sick at camp?

The care of mildly ill campers, administration of medications, and emergency care is overseen by a registered nurse who is on-site daily. A pediatric physician is available during camp hours to provide consultation or emergency care. Based on the emergency contact provided, a parent or guardian will be contacted if the child needs to leave camp because of sickness. If early pick up is deemed necessary due to illness or discipline issues; by our Directors and a call has been made to you the parent or your emergency contact it is our policy that pick up take place within the hour.

What should my child bring to camp?

Every day, campers should bring a bathing suit (girls 12 years and older need to wear a one piece suit), towel, a non-perishable bag lunch, sunscreen, bug spray, and a water bottle from home. **Campers should not bring: toys from home, cell phones, sandals, flip-flops or open-toe shoes, video games, iPods, or other music players.** Camp Lyndon and/or its' staff are not responsible for lost or stolen items.

How is the camp licensed?

Camp Lyndon is licensed by the Department of Public Health and follows all state camp regulations. Our ropes course is inspected on an annual basis.

How does Camp Lyndon handle children with special needs?

Camp Lyndon welcomes all kids of all abilities but requires parents to secure a 1:1 for their child if needed. 1:1's must undergo YMCA Cape Cod background check and training on local camp procedures. Please call (508) 362-6500 x.208 for more information.

What happens if it rains or when it is extremely hot and humid?

In the case of thunder, lightning, and torrential downpours, all campers are brought inside. In the case of light rain or extreme heat, we try to continue all activities outdoors utilizing pavilion and tent areas, however, ropes course, archery and other activities may be closed and campers moved to alternate activities/locations. We do request that you prepare your camper with clothes/gear for all weather. Camp leadership staff will make decisions during inclement weather to ensure safety for all campers.

DEPOSITS, PAYMENT, CANCELLATION, REFUNDS

Deposits: All deposits are non-refundable, but will be credited toward the cost of camp.

Due date for balance of payment: For each week, full payment is required no later than 5pm the Wednesday before the session begins. If the total amount due is not paid by 5pm the Wednesday before camp begins, your child will not be allowed to attend the program, and your deposit will be forfeited. Subsequently your slot at camp cannot be guaranteed, and your child may only attend if she/he is re-registered and all payments due are paid in full. For families with EEC/Child Care Network vouchers, a deposit for the last week of camp equal to your weekly parent fee is required. Each week of camp, your weekly parent fee must be paid no later than the Wednesday before camp begins, or you will receive a termination notice for your child on Friday. Your initial deposit will be applied to the last week of camp for which you have registered your child. Please contact (508) 362-6500 x113 for details.

Payments: We encourage you to make your payments on-line. Checks or money orders may also be mailed to the YMCA Cape Cod, 2245 Iyannough Road, West Barnstable, MA 02668. Payments can also be made at the front desk of our West Barnstable facility or in Sullivan Hall at Camp Lyndon. Payments should not be given to your child to take to camp, and we cannot accept responsibility for lost payments.

Cancellations and Refunds: Cancellations must be made in writing or by e-mail sent to cancellation@ymcacapecod.org. If a written or e-mailed cancellation is received at least two weeks prior to the beginning of a session, then a full refund (less deposit) will be issued. Cancellations made in writing less than two weeks prior to the beginning of a week are subject to a late cancellation fee of \$75, and the deposit will be forfeited as well. Exception: If a detailed note from a physician stating that your child cannot attend camp for medical reasons is submitted with your written cancellation, you will be charged a \$25 processing fee but will not forfeit your deposit, and you will receive a refund for any prepayment from the date your cancellation is received. No refunds will be made due to failure to attend, incomplete attendance, holidays or inclement weather.

YMCA CAPE COD

2245 Iyannough Road
West Barnstable, MA 02668
P: (508) 362-6500
F: (508) 362-5379

www.ymcacapecod.org

