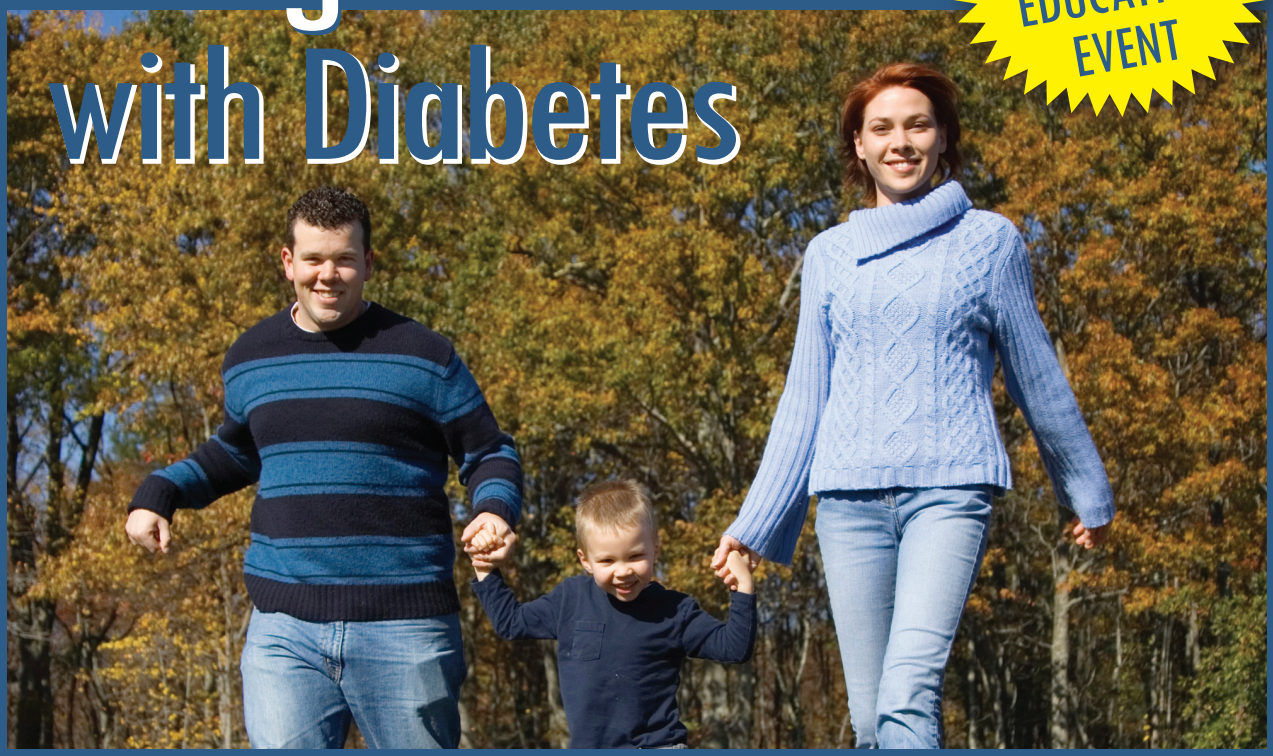
Living Well with Diabetes

FREE HEALTH EDUCATION EVENT



Bring your entire family for an afternoon of fun.

* Exercise dance classes * Health screenings *

* Games * Health & nutrition workshops * Raffle prizes *

* Dinner-to-go for all who complete the Diabetes Challenge *

Thursday, November 14, 2013
4:30 p.m. to 7:30 p.m.
YMCA Cape Cod – 2245 Route 132, West Barnstable

RSVP to **617-533-2242** or **marketing@hhsi.us**
Walk-ins welcome

#LWWD13

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the YMCA

Massachusetts League of Community Health Centers