



Bourne Enterprise

October 14, 2022

Community Health Center Partners With YMCA

YMCA Cape Cod will include in its coming Upper Cape YMCA building project being planned on Brick Kiln Road in Falmouth, space for Community Health Center to provide people access to programs and services that focus on health, prevention and wellness, and reducing the incidence of chronic illness.

The two organizations have worked together to provide care for children with asthma, seniors at risk for falling, individuals with diabetes and adults struggling with hypertension.

New program opportunities

at CHC's location in this YMCA facility will include primary care services; programs for children and teens focused on healthy eating, drug and alcohol abuse prevention; diabetes and nutrition education; health screenings for stroke risk, cancer, blood glucose, heart health and vision; presentations by CHC care teams about healthy living and eating, substance use, breast cancer awareness and emotional and psychological health; and support groups addressing diabetes, multiple sclerosis, living after loss and weight management.